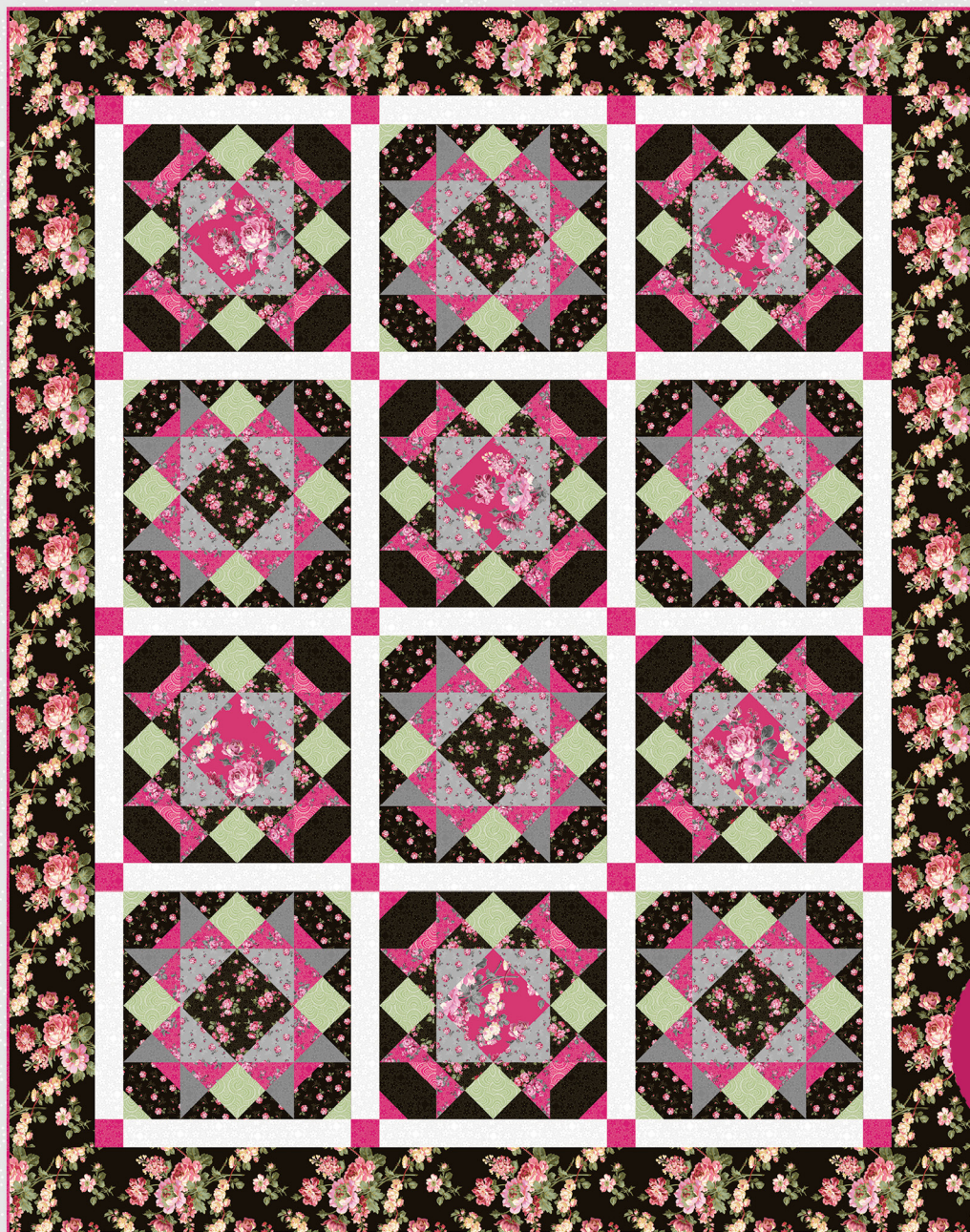


free pattern













# Promise Me



Quilt  
SAMPLE  
AVAILABLE!  
#PROMISMD

- BY HEIDI PRIDEMORE
- FINISHED SIZE: 68" X 86"
- PATTERN AVAILABLE IN JULY/AUGUST 2022  
AT [WWW.BENARTEX.COM](http://WWW.BENARTEX.COM)

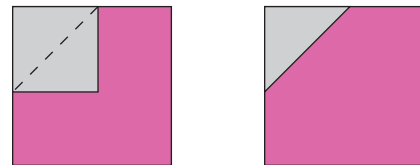
*promise me*  
by Pat Sloan

SAMPLE	KEY/SKU	QTY	CUT	CUT PIECES VIA WOF
	<b>A</b> Grandiflora 13556P-26 Rose	5/8 yd	(2) 8-1/2" x WOF strips. Sub-cut (6) 8-1/2" squares.	
	<b>B</b> Teacups 13558P-11 Gray	7/8 yd	(6) 4-1/2" x WOF strips. Sub-cut (48) 4-1/2" squares.	
	<b>C</b> Mom's Favorite 13557M-12 Charcoal	7/8 yd	(2) 8-1/2" x WOF strips. Sub-cut (6) 8-1/2" squares. (2) 5-1/4" x WOF strips. Sub-cut (12) 5-1/4" squares. Cut the squares across both diagonals to make (48) 5-1/4" triangles.	
	<b>D</b> Mom's Favorite 13557P-26 Rose	1/2 yd	(3) 5-1/4" x WOF strips. Sub-cut (24) 5-1/4" squares. Cut the squares across both diagonals to make (96) 5-1/4" triangles.	
	<b>E</b> Pathways 13559P-26 Rose	1/4 yd	(2) 2-1/2" x WOF strips. Sub-cut (24) 2-1/2" squares.	
	<b>F</b> Reflecting Pool 13560M-12 Charcoal	3/4 yd	(2) 5-1/4" x WOF strips. Sub-cut (12) 5-1/4" squares. Cut the squares across both diagonals to make (48) 5-1/4" triangles. (3) 4-1/2" x WOF strips. Sub-cut (24) 4-1/2" squares.	
	<b>G</b> Pathways 13559P-43 Mint	2/3 yd	(3) 5-1/4" x WOF strips. Sub-cut (24) 5-1/4" squares. Cut the squares across both diagonals to make (96) 5-1/4" triangles. (2) 2-1/2" x WOF strips. Sub-cut (24) 2-1/2" squares.	
	<b>H</b> Reflecting Pool 13560P-26 Rose	1 yd	(5) 2-1/2" x WOF strips. Sub-cut (68) 2-1/2" squares. (8) 2-1/2" x WOF strips; BINDING.	
	<b>I</b> Teacups 13558M-12 Charcoal	3/4 yd	(2) 5-1/4" x WOF strips. Sub-cut (12) 5-1/4" squares. Cut the squares across both diagonals to make (48) 5-1/4" triangles. (3) 4-1/2" x WOF strips. Sub-cut (24) 4-1/2" squares.	
	<b>J</b> Reflecting Pool 13560P-11 Gray	3/8 yd	(2) 5-1/4" x WOF strips. Sub-cut (12) 5-1/4" squares. Cut the squares across both diagonals to make (48) 5-1/4" triangles.	
	<b>K</b> Reflecting Pool 13560M-14 Silver	1-1/4 yds	(16) 2-1/2" x WOF strips. Sub-cut (31) 2-1/2" x 16-1/2" strips.	
	<b>L</b> Grandiflora 13556M-12 Charcoal	1-1/2 yds	(8) 6-1/2" x WOF strips.*	

BLOCK ASSEMBLY *PROJECT USES PRECISE 1/4" SEAMS. TEST YOUR SEAM ALLOWANCE BY CUTTING (2) 2-1/2" X 5" RECTANGLES. STITCH THEM TOGETHER ALONG THE 5" LENGTH. AT THE MIDPOINT, MEASURE ACROSS THE UNIT. IT SHOULD BE EXACTLY 4-1/2" WIDE. IF NOT, ADJUST YOUR SEAM ALLOWANCE AND REPEAT.*

**Note: Pay attention to the unit orientations when assembling the various components.**

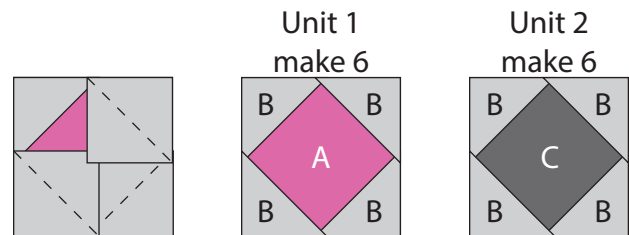
1. Place (1) **B** 4-1/2" square on the top left corner of (1) **A** 8-1/2" square, right sides together. Sew across the diagonal of the smaller square from the upper right corner to the lower left corner. Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle 1/4" away from the sewn seam.



2. Follow the diagram below for the seam direction to add a **B** 4-1/2" square to each of the remaining corners of the **A** 8-1/2" square to make (1) **Unit 1** square.

3. Repeat **Steps 1-2** to make (6) **Unit 1** squares total.

4. Repeat **Steps 1-2** and refer to the diagram below to make (6) **Unit 2** squares.



5. Place (1) **H** 2-1/2" square on the top left corner of (1) **F** 4-1/2" square, right sides together. Sew across the diagonal of the smaller square from the upper right corner to the lower left corner. Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle 1/4" away from the sewn seam.

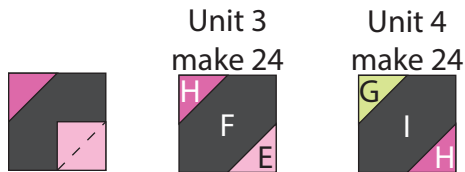


\* SEW STRIPS VIA SHORT ENDS THEN GO TO BORDER ASSEMBLY  
WOF/LOF=WIDTH/LENGTH OF FABRIC

6. Follow the diagram below for the seam direction to add a **E** 2-1/2" square to the lower right corner of the **F** 4-1/2" square to make (1) **Unit 1** square.

7. Repeat **Steps 5-6** to make (24) **Unit 3** squares total.

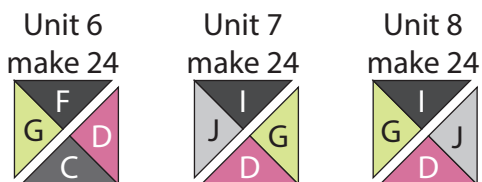
8. Repeat **Steps 5-6** and refer to the diagram for fabric identification, placement and seam direction to make (24) **Unit 4** squares.



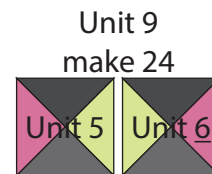
9. Sew (1) **D** 5-1/4" triangle and (1) **F** 5-1/4" triangle together along short sides to make (1) **DF** triangle. Sew (1) **C** 5-1/4" triangle and (1) **G** 5-1/4" triangle together along short sides to make (1) **CG** triangle. Sew the **DF** and **CG** triangles together along their long sides to make (1) 4-1/2" **Unit 5** square. Repeat to make (24) **Unit 5** squares total.



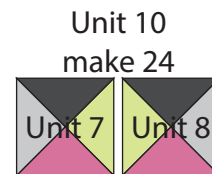
10. Repeat **Step 9** and refer to the diagrams below to make (24) **Unit 6** squares, (24) **Unit 7** squares and (24) **Unit 8** squares.



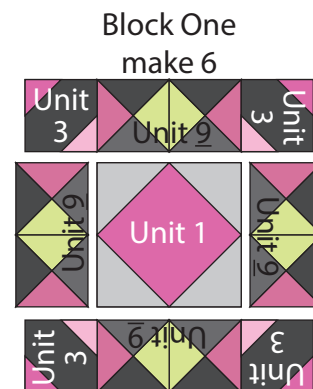
11. Sew (1) **Unit 5** square to the left side of (1) **Unit 6** square to make (1) **Unit 9** strip. Repeat to make (24) **Unit 9** strips total.



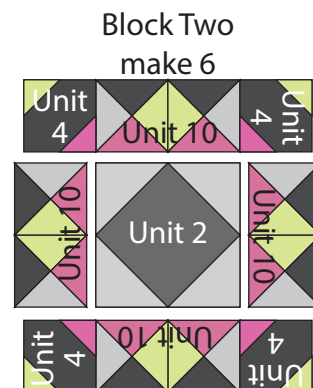
12. Sew (1) **Unit 7** square to the left side of (1) **Unit 8** square to make (1) **Unit 10** strip. Repeat to make (24) **Unit 10** strips total.



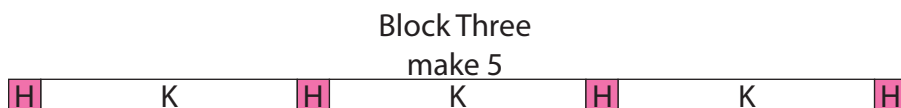
13. Sew (1) **Unit 3** square to each end of (1) **Unit 9** strip to make the top row. Repeat to make the bottom row. Sew (1) **Unit 9** strip to each side of (1) **Unit 1** square to make the middle row. Sew together the (3) rows lengthwise to make (1) 16-1/2" **Block One** square. Repeat to make (6) **Block One** squares total.



14. Sew (1) **Unit 4** square to each end of (1) **Unit 10** strip to make the top row. Repeat to make the bottom row. Sew (1) **Unit 10** strip to each side of (1) **Unit 2** square to make the middle row. Sew together the (3) rows lengthwise to make (1) 16-1/2" **Block Two** square. Repeat to make (6) **Block Two** squares total.



15. Sew together (4) **H** 2-1/2" squares and (3) **K** 2-1/2" x 16-1/2" strips, end to end and alternating them from left to right, to make (1) **Block Three** strip. Repeat to make (5) **Block Three** strips total.

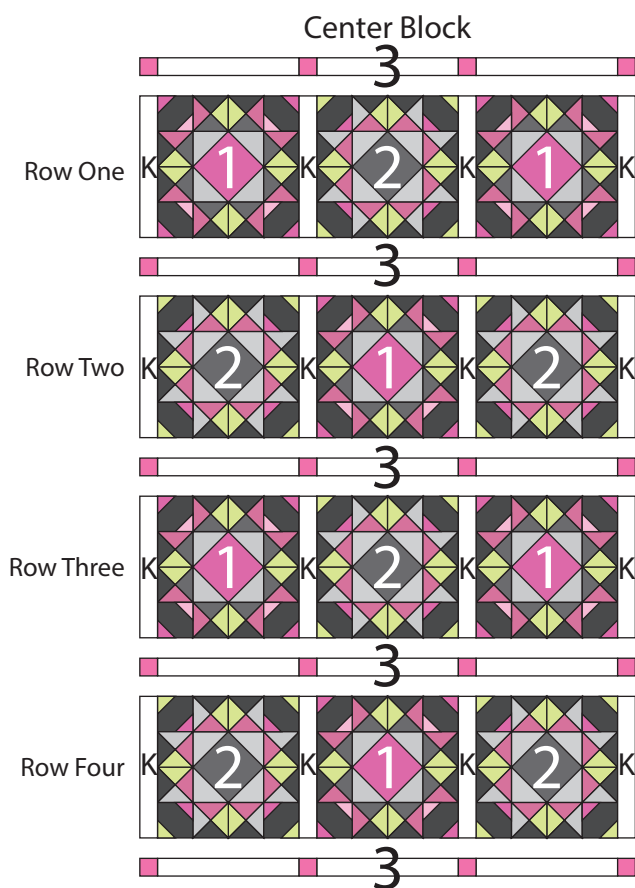


## QUILT ASSEMBLY

**16.** Sew together (1) **K** 2-1/2" x 16-1/2" strip, (1) **Block One** square, (1) **K** 2-1/2" x 16-1/2" strip, (1) **Block Two** square, (1) **K** 2-1/2" x 16-1/2" strip, (1) **Block One** square and (1) **K** 2-1/2" x 16-1/2" strip, in that order from left to right, to make **Row One**. Repeat to make **Row Three**.

**17.** Sew together (1) **K** 2-1/2" x 16-1/2" strip, (1) **Block Two** square, (1) **K** 2-1/2" x 16-1/2" strip, (1) **Block One** square, (1) **K** 2-1/2" x 16-1/2" strip, (1) **Block Two** square and (1) **K** 2-1/2" x 16-1/2" strip, in that order from left to right, to make **Row Two**. Repeat to make **Row Four**.

**18.** Sew together the (5) **Block Three** strips and the (4) pieced rows from **Steps 16-17** in numerical order, alternating them from top to bottom, to make the **Center Block**.



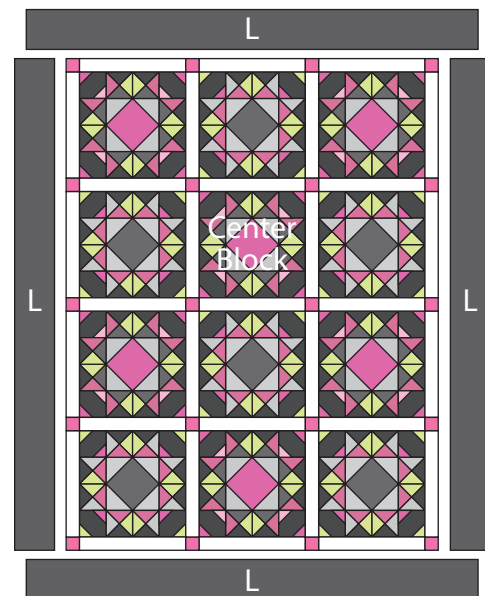
**BORDER ASSEMBLY** *MEASURE WIDTH AND LENGTH OF THE QUILT TOP TO ENSURE L BORDER SIZES, BELOW ARE OUR CUTTING SIZES.*

**19.** Sew (1) **L** 6-1/2" x (74-1/2") strip to each side of the **Center Block**. Sew (1) **L** 6-1/2" x (68-1/2") strip to the top and to the bottom of the **Center Block** to make the quilt top.

**FINISHING** Cut batting and backing 3" larger than top on all sides. Layer backing, batting and top together and baste or pin. When quilting is completed, trim excess batting and backing. Bind as usual.

**FINISHED SIZE: 68" x 86"**

**QUILT DIAGRAM**



*Note: If this Benartex pattern is included in a kit, any questions about the kit should be addressed to the vendor from whom you bought it.*