

# Northern Peaks by Deborah Edwards and Melanie Samra







## **Take Five**

## **TAKE FIVE**

### 58" x 76"

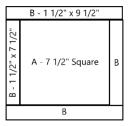
### Featuring Northcott's Northern Peaks Collection

WOF = Width of Fabric
All seams sewn using a ¼" seam allowance

Color Option 1		Color Option 2		Yardage	Cutting Instructions
Fabric A DP25167-76 (Block 1 Centers)		Fabric A DP25168-78 (Block 1 Centers)		1 yd	Cut 4 − 7 ½" x WOF strips  ➤ Sub-cut 18 − 7 ½" squares
Fabric B DP25169-74 (Block 1 Frames & Block 2 Centers)		Fabric B DP25172-38 (Block 1 Frames & Block 2 Centers)		1 1/4 yds	Cut 15 − 1 ½" x WOF strips  Sub-cut 36 − 1 ½" x 7 ½" strips (Block 1)  and 36 − 1 ½" x 9 ½" strips (Block 1)  Cut 3 − 5 ½" x WOF strips  Sub-cut 17 − 5 ½" squares (Block 2)
Fabric C DP25175-74 (Block 2 & Binding)		Fabric C DP25170-34 (Block 2 & Binding)		1 1/2 yds	Cut 3 – 3" x WOF strips and 5 – 5" x WOF strips (Block 2) Cut 7 – 2 1/4" x WOF strips (set aside for Binding)
Fabric D DP25169-71 (Block 2 & Inner Border)		Fabric D DP25173-12 (Block 2 & Inner Border)		1 1/2 yds	Cut 3 – 3" x WOF strips and 5 – 5" x WOF strips (Block 2) Cut 7 – 2" x WOF strips (Inner Border)*
Fabric E DP25174-76 (Outer Border)	+ + +	Fabric E DP25175-74 (Outer Border)		1 3/8 yds	Cut 7 – 5 ½" x WOF strips*  *Cut 8 strips for Inner & Outer Borders if mitering the corners
Backing (Crosswise) DP25171-46		Backing (Crosswise) DP25171-76		4 yds	Cut in half along length of fabric; join the two pieces along the selvage edges for a backing piece of approximately 70" x 84"

### **Block 1 Assembly: (Make 18)**

1. Sew a 1  $\frac{1}{2}$ " x 7  $\frac{1}{2}$ " Fabric B strip to opposite sides of the Fabric A 7  $\frac{1}{2}$ " squares. Then sew a 1  $\frac{1}{2}$ " x 9  $\frac{1}{2}$ " Fabric B strip to the top & bottom. Press all seams toward outer edges.

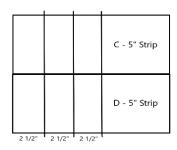


### **Block 2 Assembly: (Make 17)**

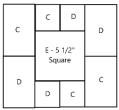
2. Sew together the 3" Fabric C & D strips, pressing the seams to the dark side. From these strip sets, cut  $34 - 2 \frac{1}{2}$ " x 5 \frac{1}{2}" unit 1's.

	1						
					C - 3" Strip		
					D - 3" Strip		
2 1/2" 2 1/2" 2 1/2" 2 1/2" 2 1/2"							

3. Sew together the 5" Fabric C & D strips, pressing the seams to the dark side. From these strip sets, cut 34 – 2 ½" x 9 ½" unit 2's.



4. Sew a unit 1 to the top & bottom of a Fabric E 5  $\frac{1}{2}$ " square and a unit 2 to each side of the center square, noting placement as shown.



### **Quilt Top Layout & Finishing:**

- 5. Sew blocks together into rows, alternating Block 1 & 2, referring to the finished quilt top image below and desired layout option. Then sew rows together.
- 6. Sew Fabric D inner border strips together. Measure quilt top length. Cut side border strips accordingly and sew to sides of quilt. Measure quilt top width. Cut top & bottom border strips accordingly and sew to top & bottom of quilt.\*
- 7. Repeat with Fabric E outer border strips to add outer border.\*

  \*For optional mitered borders (as shown in Layout 1 option), skip Steps 6 & 7 above and see instructions for mitered borders on next page.
- 8. To prepare binding, join the Fabric C binding strips together using diagonal seams. Fold in half, wrong sides together, along the length of the strip and press.
- 9. Layer quilt top with batting and backing. Quilt as desired. Bind using your favorite method.



Layout 1 (Block 2's oriented in the same direction throughout.)





Layout 2
(Block 2's turned in the opposite direction every other block.)





#### **MITERED BORDERS**

For multiple borders, sew strips together first and attach to quilt as one unit.

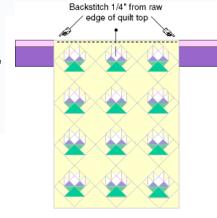
**Step 1.** Cut 2 strips the width of the quilt plus twice the border width and 2" inches extra and 2 strips the length of the quilt plus twice the border width and 2" inches extra.

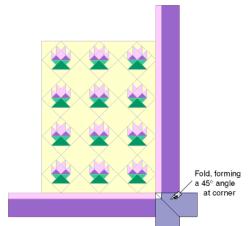
Example: Width of quilt before border = 65"; width of border(s) to be added = 6"

65" + 6" + 6" + 2" = strip 79" long. Cut 2 strips 79" long (width measurement).

Repeat steps for length of quilt.

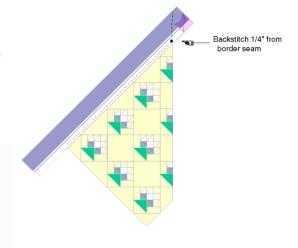
**Step 2.** Center and pin border strips in place. Start and end seams 1/4" from raw edges: backstitch to secure. Press seams toward quilt top.





**Step 3.** Lay quilt top right side up on ironing board and fold each border end flat back onto itself, right sides together, forming a 45 degree angle at the quilt's corner. Press to form sharp creases.

**Step 4.** Fold quilt on diagonal, right sides together. Align border strip raw edges, border seams at the 1/4" backstitched point, and creases; pin in place. Stitch along crease, backstitching at 1/4" border seam.



**Step 5.** Press seam open. With quilt right side up, align 45 degree angle line of square ruler on seam line to check accuracy. If corner is flat and square, trim excess fabric to 1/4" seam allowance.

Mitered border instructions courtesy of QuiltingDailiy.com