



Polar Plunge

Yardage Requirements (42" width min.) – Naturally, any fabrics may be used. Colors and SKUs indicated are per the quilt on the front cover using the

Polar Attitude Collection by *Ann Lauer* for *Benartex*

<i>Fabric</i>	Lap 70" x 82"
1 Polar Attitude Panel blue/multi 13424P-55	1 panel
2 Jazzy Swirls Stripe black/multi 13427P-99	2 yds
3 Polar Attitude Stripe 13425P-55	1 3/4 yds
4 Square Dance black 13308-92 includes binding	2 yds
Backing	5 yds

Supplies

Hobbs 80/20 batting suggested



Polar Plunge

Take the Plunge and make this Fun and Easy Quilt
1 Panel, 2 Delightful Border Stripes & 1 Coordinate -
That's it!



Lap Quilt 70" x 82"

Polar Plunge

70" x 82"

Please read all instructions before you begin.

Fabric widths are assumed to be a minimum of 43".

All strips are cut from selvage to selvage unless otherwise instructed.

Sew all seams using a ¼" seam allowance unless otherwise instructed.

Finished sizes are approximate due to variations from shrinkage and the quilting process.

Press seams gently to prevent distortion.

Overview

Four fabrics from the *Polar Attitude* collection have been used in this quilt. The fabric colors/numbers listed below are as they have been used in the quilt on the cover.

Fabric 1 Polar Attitude Panel, 13424-55P

Fabric 2 Jazzy Swirls Stripe, 13427P-99

Fabric 3 Polar Attitude Stripe, 13425P-55

Fabric 4 Square Dance black, 13308-92

Cutting

Fabric 1

Fussy cut the panel 23 ½" x 42 ½" centering the two columns and three rows of polar bear squares.

There will be a jazzy swirls section included on the top and bottom.

Fabric 2

Fussy cut (2) 4" x 42 ½" lengthwise strips with a jazzy swirls on black stripe centered (for the sides of the panel)

Fussy cut (2) 5 ½" x 67 ½" lengthwise strips; included in this strip will be a thin beaded stripe, the jazzy swirls on white stripe, with a ¼" seam allowance on either side (for the fourth border, see cover photo)

Fussy cut (2) 5 ½" x 65 ½" lengthwise strips; included in this strip will be a thin beaded stripe, the jazzy swirls on white stripe, with a ¼" seam allowance on either side (for the fourth border, see cover photo)

Fabric 3

Fussy cut (2) 10" x 45 ½" lengthwise strips; make a lengthwise cut ¼" away from the top of the **bear** stripe, then measure 10" across the stripe and make a second lengthwise cut through the blue swirl section (for the second side border, see cover photo)

Fussy cut (1) 10" x 52 ½" lengthwise strips; make a lengthwise cut ¼" away from the **top** of the **penguin** stripe, then measure 10" across the stripe and make a second lengthwise cut through the blue swirl section (for the second top border, see cover photo). Repeat this length cut but this time cut ¼" away from the **bottom** of the **penguin** stripe, then measure 10" across the stripe and make a second lengthwise cut through the blue swirl section. The blue section will be on **top of the penguins** for the bottom border. See the cover photo.

Fabric 4

Cut (10) 2" wide strips (for first and third borders)

Cut (16) 2 ½" wide strips (for fifth border and binding)

Construction

Refer to the **Full Quilt Diagram** for steps 1-6. Press all border seams away from the quilt center after adding each strip.

- 1. Quilt center.** Sew a 4" x 42 ½" Fabric 2 strip to each long side of the Fabric 1 panel. The quilt center measures 30 ½" x 42 ½".
- 2. First border.** Trim (2) 2" wide Fabric 4 strips to measure 42 ½" long. Sew these strips to the long sides of the quilt top. Trim (2) 2" Fabric 4 strips to measure 33 ½" long and sew these strips to the top and bottom. The quilt top measures 33 ½" x 45 ½".
- 3. Second border.** Noting orientation, sew the 10" x 45 ½" Fabric 3 bear strips to each long side of the quilt top. Sew the 10" x 52 ½" Fabric 3 penguin strips to the top and bottom noting that the blue section is on the bottom of the top border and is on the top of the bottom border. The quilt top measures 52 ½" x 64 ½".
- 4. Third border.** Sew (6) 2" wide Fabric 4 strips short ends together to make one long strip. Cut (2) 64 ½" lengths and (2) 55 ½" lengths. Sew the longer strips to the long sides of the quilt top and the shorter strips to the top and bottom. The quilt top measures 55 ½" x 67 ½".
- 5. Fourth border.** Noting stripe placement, sew the 5 ½" x 67 ½" Fabric 2 strips to the long sides of the quilt top and the 5 ½" x 65 ½" Fabric 2 strips to the top and bottom. The quilt top measures 65 ½" x 77 ½".
- 6. Fifth border.** Sew (8) 2 ½" Fabric 4 strips short ends together in pairs to make four long strips. Trim (2) strips to measure 77 ½" long and (2) to measure 69 ½" long. Sew the longer strips to the long sides of the quilt top and the shorter strips to the top and bottom.





Quilting Suggestions

Outline the bears & penguins in the panel and in the stripe. Stitch an allover fill behind them. Outline around the block frames & along the straight lines in the borders. Outline the large images in the jazzy stripe.

Binding

1. Sew (8) 2 ½" Fabric 4 strips diagonally together to make one long strip. Press the strip lengthwise in half wrong sides together.
2. Align the raw edges of the folded binding with the raw edge of the quilt top. Leave an 8" tail and stitch, using a ¼" seam allowance all the way around, mitering the corners and stopping 8" from the starting point. Use your favorite method to join the ends and finish binding.
3. Bring the folded edge of the binding to the back of the quilt and stitch it in place with a blind hemstitch.

Designed by Ann Lauer

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