

# Au Naturel

Quilt Design by Wendy Sheppard



Quilt size: approximately 75" x 86"

*Au Naturel*  
by Jacqueline Schmidt  
for P&B Textiles



P&B Textiles • pbtex.com • 800-351-9087 • 208 Clock Tower Square, Portsmouth, RI 02871

# Au Naturel

Fabric collection by Jacqueline Schmidt for P&B Textiles

Quilt design by Wendy Sheppard

Skill level: Advanced Beginner • Finished Quilt Size: approximately 76" x 86"

## Quilt Yardages:

### Background

Fabric:	<b>ANAT 4900 LS</b> .....	6 3/8 yards
Fabric A:	<b>ANAT 4893 NE</b> .....	3/8 yard
Fabric B:	<b>ANAT 4894 LZ</b> .....	5/8 yard
Fabric C:	<b>ANAT 4895 S</b> .....	1/4 yard
Fabric D:	<b>ANAT 4896 G</b> .....	3/8 yard
Fabric E:	<b>ANAT 4896 S</b> .....	5/8 yard
Fabric F:	<b>ANAT 4897 G</b> .....	7/8 yard
Fabric G:	<b>ANAT 4898 SS</b> .....	3/4 yard
Fabric H:	<b>ANAT 4900 NE</b> .....	1 3/8 yards
Fabric I:	<b>ANAT 4901 G</b> .....	3/8 yard
Binding:	<b>ANAT 4899 DS</b> .....	3/4 yard
Backing:	<b>ANAT 4903 G suggested</b> .....	5 1/4 yards
Batting:	.....	83" x 94"

## Cutting Instructions:

Please read all instructions carefully before beginning. Strips are cut across the width of fabric (perpendicular to selvages) unless otherwise stated. All seams are sewn with a 1/4" seam unless otherwise stated. Label all pieces.

### From Background:

1. Cut sixteen 1 1/2" strips. Subcut (420) 1 1/2" squares. (Star Blocks)
2. Cut twelve 2 1/2" strips. Subcut (180) 1 1/2" x 2 1/2" rectangles. (Star Blocks)
3. Cut six 3 1/2" strips. Subcut sixty 1 1/2" x 3 1/2" rectangles. (Star Blocks)
4. Cut two 6 1/2" strips and two 1 1/2" strips. Subcut fifty-two 1 1/2" x 6 1/2" rectangles from the 6 1/2" strips. Subcut eight 1 1/2" x 6 1/2" rectangles from the 1 1/2" strips. (Star Blocks)
5. Cut one 13 1/2" strip and two 1 1/2" strips. Subcut twenty-six 1 1/2" x 13 1/2" rectangles from the 13 1/2" strip. Subcut four 1 1/2" x 13 1/2" rectangles from the 1 1/2" strips. (Star Blocks)
6. Cut one 15 1/2" strip and two 1 1/2" strips. Subcut twenty-six 1 1/2" x 15 1/2" rectangles from the 15 1/2" strip. Subcut four 1 1/2" x 15 1/2" rectangles from the 1 1/2" strips. (Star Blocks)
7. Cut four 1 1/4" strips. Subcut (120) 1 1/4" squares. (Heart Blocks)
8. Cut five 3" strips. Subcut sixty 3" squares. (Heart Blocks)
9. Cut nine 1 1/2" strips. Subcut (224) 1 1/2" squares. (9-patch Block)
10. Cut twelve 1 1/2" strips. Piece two strips, and subcut one 1 1/2" x 75 1/2" strip. Repeat to make a total of six 1 1/2" strips of the same length. (Sashing Strips)
11. Cut four 2 1/2" strips. Piece two strips, and subcut

one 2 1/2" x 75 1/2" strip. Repeat to make strip of the same length. (Sashing Strips)

12. Cut eight 2 1/2" strips. Subcut (120) 2 1/2" squares. (Pieced Blocks)

13. Cut nine 2" strips. Subcut (180) 2" squares. (Pieced Blocks)

### From Fabric A:

1. Cut three 3" strips. Subcut sixteen 3" x 5 1/2" rectangles. (Heart Blocks)

### From Fabric B:

1. Cut one 1 1/2" strips. Subcut eighteen 1 1/2" squares. (Star Blocks)
2. Cut two 3 1/2" strips. Subcut forty-eight 1 1/2" x 3 1/2" rectangles. (Star Blocks)
3. Cut two 2" strips. Subcut eight 2" squares and eight 2" x 5" rectangles. (Pieced Blocks)
4. Cut two 2 1/2" strips. Subcut twenty-four 2 1/2" squares. (Pieced Blocks)

### From Fabric C:

1. Cut four 1 1/2" strips. Subcut (96) 1 1/2" squares. (9-patch Blocks)

### From Fabric D:

1. Cut one 1 1/2" strips. Subcut eighteen 1 1/2" squares. (Star Blocks)
2. Cut two 3 1/2" strips. Subcut forty-eight 1 1/2" x 3 1/2" rectangles. (Star Blocks)

### From Fabric E:

1. Cut two 2" strips. Subcut eight 2" squares and eight 2" x 5" rectangles. (Pieced Blocks)
2. Cut two 2 1/2" strips. Subcut twenty-four 2 1/2" squares. (Pieced Blocks)
3. Cut five 1 1/2" strips. Subcut (130) 1 1/2" squares. (9-patch Blocks)

### From Fabric F:

1. Cut two 1 1/2" strips. Subcut thirty-six 1 1/2" squares. (Star Blocks)
2. Cut four 3 1/2" strips. Subcut (96) 1 1/2" x 3 1/2" rectangles. (Star Blocks)
3. Cut two 2" strips. Subcut eight 2" squares and eight 2" x 5" rectangles. (Pieced Blocks)
4. Cut two 2 1/2" strips. Subcut twenty-four 2 1/2" squares. (Pieced Blocks)

### From Fabric G:

1. Cut one 1 1/2" strips. Subcut twenty-seven 1 1/2" squares. (Star Blocks)
2. Cut three 3 1/2" strips. Subcut (72) 1 1/2" x 3 1/2" rectangles. (Star Blocks)
3. Cut three 3" strips. Subcut sixteen 3" x 5 1/2" rectangles. (Heart Blocks)

### From Fabric H:

1. Cut two 1 1/2" strips. Subcut thirty-six 1 1/2" squares. (Star Blocks)

- Cut four 3 1/2" strips. Subcut (96) 1 1/2" x 3 1/2" rectangles. (Star Blocks)
- Cut four 3" strips. Subcut twenty-eight 3" x 5 1/2" rectangles. (Heart Blocks)
- Cut five 1 1/2" strips. Subcut (130) 1 1/2" squares. (9-patch Blocks)
- Cut two 2" strips. Subcut eight 2" squares and eight 2" x 5" rectangles. (Pieced Blocks)
- Cut two 2 1/2" strips. Subcut twenty-four 2 1/2" squares. (Pieced Blocks)

**From Fabric I:**

- Cut two 2" strips. Subcut eight 2" squares and eight 2" x 5" rectangles. (Pieced Blocks)
- Cut two 2 1/2" strips. Subcut twenty-four 2 1/2" squares. (Pieced Blocks)

**From Binding:**

- Cut nine 2 1/4" strips. (Binding)

***Piecing Instructions:***

**Star Blocks (Rows 1, 5 and 9)**

- Sew two 1 1/2" Background squares (white) and two 1 1/2" print squares (pink) to make a 4-patch unit. Sew one 1 1/2" x 2 1/2" Background rectangle to the right of 4-patch unit, followed by one 1 1/2" x 3 1/2" Background rectangle to the bottom of the same unit. (Figure 1)

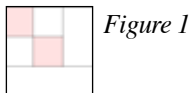


Figure 1

- Sew one 1 1/2" x 3 1/2" print rectangle to the right of step 1 unit. Sew together one 1 1/2" Background square and one 1 1/2" x 3 1/2" print rectangle and add to bottom of step 1 unit. (Figure 2)

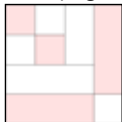


Figure 2

- Sew together one 1 1/2" Background square and one 1 1/2" x 3 1/2" print rectangle to make a column unit. Add column unit to the right of step 2 unit. Sew one 1 1/2" Background squares to the opposite short sides of one 1 1/2" x 3 1/2" print rectangle to make a row unit. Sew row unit to the bottom of step 2 unit. (Figure 3)

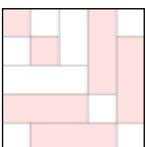


Figure 3

- Sew together one 1 1/2" x 2 1/2" Background rectangle and one 1 1/2" x 3 1/2" print rectangle to make a column unit. Add column unit to the right of step 3 unit. Then sew one 1 1/2" x 2 1/2" Background rectangle to the left, and one 1 1/2" Background square to the right of one 1 1/2" x 3 1/2" print rectangle to make a row unit. Add row unit to the bottom of step 3 unit to make a block quadrant.

Make a total of two quadrants and two mirror-imaged quadrants. (Figure 4)

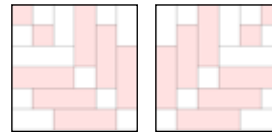


Figure 4  
Make two of each.

- Sew block quadrant and mirror-imaged block quadrant to the opposite long sides of one 1 1/2" x 6 1/2" Background rectangle to make a row unit. Make a total of two row units. (Figure 5)

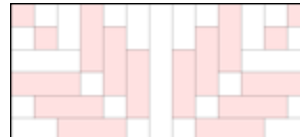


Figure 5  
Make two of each.

- Sew two 1 1/2" x 6 1/2" Background rectangles to the opposite sides of one 1 1/2" print square to make a row unit. (Figure 6)



Figure 6 Make one.

- Sew together row units made in step 5 to complete block center. Block center measures 13 1/2" x 13 1/2" unfinished. Sew two 1 1/2" x 13 1/2" Background rectangles to the opposite sides of quilt center, followed by two 1 1/2" x 15 1/2" Background rectangles to the remaining opposite sides of block center to complete one star block. (Figure 7)

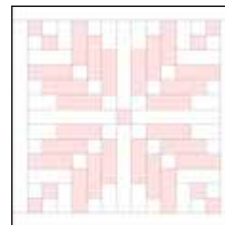


Figure 7  
Measures 15 1/2" x 15 1/2" unfinished.

- Make a total number of blocks for the following fabrics:

**2 Blocks Fabric B**   **2 Blocks Fabric D**   **3 Blocks Fabric G**   **4 Blocks Fabric H**   **4 Blocks Fabric F**

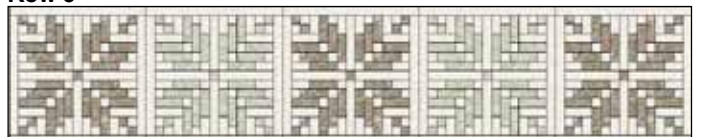


- Refer to quilt image for block placement guide, arrange and sew together five star blocks to make a pieced row.

**Rows 1 and 5**



**Row 3**





### Heart Blocks (Rows 2 and 8)

1. Draw a diagonal line on the wrong side of one 1 1/4" Background square (white). Place square, right sides together, at the top left corner of one 3" x 5 1/2" print rectangle (pink). Sew on drawn line. Trim 1/4" away from sewn line. Open and press to reveal corner triangle. Repeat with another 1 1/4" Background square at the top right corner, and one 3" Background square at the bottom left corner of the same print rectangle. (Figure 8)

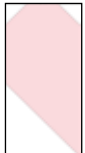


Figure 8

2. Repeat to make a mirror-image unit of step 1 unit. Sew together units to complete one heart block. Block measures 5 1/2" x 5 1/2" unfinished. (Figure 9)

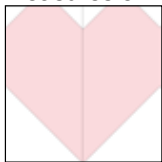
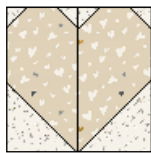


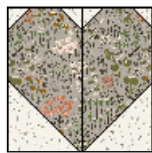
Figure 9  
Measures 5 1/2" x 5 1/2" unfinished.

3. Make a total number of blocks for the following fabrics:

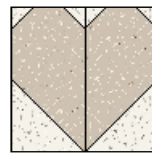
**8 Blocks**  
**Fabric A**



**8 Blocks**  
**Fabric G**



**14 Blocks**  
**Fabric H**



4. Refer to quilt image for block placement guide, arrange and sew together fifteen heart blocks to make Row 2 and 8. **Note: Row 8 is Row 2 turned 180 degree clockwise.**



### Pieced Blocks (Rows 3 and 7)

1. Draw a diagonal line on the wrong side of one 2 1/2" Background square (white). Place square, right sides together, on one 2 1/2" print square (pink). Sew 1/4" away from both sides of drawn line. Cut along drawn line to yield two HST units. Open and press. Align diagonal seam of HST units against 45 degree line on quilting ruler, trim units to measure 2" x 2" unfinished. Make a total of twelve HST units. (Figure 10)



Figure 10  
Make 12. Measures 2" x 2" unfinished.

2. Draw a diagonal line on the wrong side of one 2" Background square. Place square, right sides together, at a corner of one 2" x 5" print rectangle. Sew on drawn line. Trim 1/4" away from sewn line. Open and press to reveal corner triangle. Repeat with another 2" Background square at the opposite corner of the same print corner. Make two units. (Figure 11)

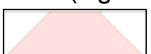


Figure 11  
Make 2.

3. Sew two 2" print squares to the opposite sides of one 2" Background square to make a row unit. Add step 2 units to the opposite long sides. Unit measures 5" x 5" unfinished. (Figure 12)

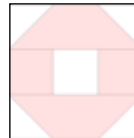


Figure 12  
Measures 5" x 5" unfinished.

4. Sew one step 1 unit to both sides of one 2" Background square to make a column unit. Make two column units and sew to the opposite sides of step 3 unit to make a row unit. (Figure 13)



Figure 13

5. Sew together four step 1 units and one 2" Background square to make a row unit. Make two row units and sew to the top and bottom of step 4 unit to complete one pieced block. (Figure 14)

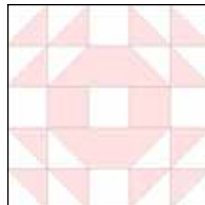


Figure 14  
Measures 8" x 8" unfinished.

6. Make a total of four blocks for each of the following fabrics:

**4 Blocks**  
**Fabric B**



**4 Blocks**  
**Fabric E**



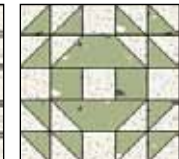
**4 Blocks**  
**Fabric F**



**4 Blocks**  
**Fabric H**



**4 Blocks**  
**Fabric I**



7. Refer to quilt image for block placement guide, arrange and sew together ten pieced blocks to make Row 3 and 7. **Note: Row 7 is Row 3 turned 180 degree clockwise.**



### 9-patch Blocks (Rows 4 and 6)

1. Arrange and sew five 1 1/2" Fabric E and four 1 1/2" Background squares to make a 9-patch block. Block measures 3 1/2" x 3 1/2" unfinished. Make a total of twenty-six blocks. (Figure 15)

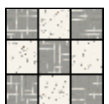


Figure 15  
Make 26.

2. Repeat to make blocks using five 1 1/2" Background and four 1 1/2" C squares to make a 9-patch block. Block measures 3 1/2" x 3 1/2" unfinished. Make a total of twenty-four blocks. (Figure 16)

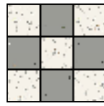


Figure 16  
Make 24.

3. Sew together thirteen 9-patch E blocks, alternating with twelve 9-patch C blocks to make Row 4. Repeat to make an identical row for Row 6.



### Quilt Assembly: (Refer to Quilt Diagram)

1. Sew pieced rows together, alternating with Background sashing strips, in the following order to complete quilt top:

**Row 1**

1 1/2" x 75 1/2" Background sashing strip

**Row 2**

2 1/2" x 75 1/2" Background sashing strip

**Row 3**

1 1/2" x 75 1/2" Background sashing strip

**Row 4**

1 1/2" x 75 1/2" Background sashing strip

**Row 5**

1 1/2" x 75 1/2" Background sashing strip

**Row 6**

1 1/2" x 75 1/2" Background sashing strip

**Row 7**

2 1/2" x 75 1/2" Background sashing strip

**Row 8**

1 1/2" x 75 1/2" Background sashing strip

**Row 9**



Quilt Diagram

### Finishing:

1. Prepare backing using two widths of fabric with vertical seam. Press seams open. Trim to 83" x 94".
2. Layer quilt, batting, and backing. Baste layers together.
3. Quilt as desired.
4. Trim layers even with quilt top.

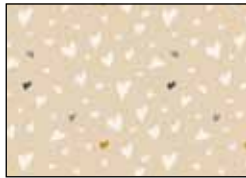
5. Join nine 2 1/4" binding strips with diagonal seams. Press seams open. Attach binding using your favorite method.  
*Tip: Lay binding on the quilt before sewing to make sure that binding seams do not meet at any of the corners.*
6. Make a label and sew to the back of the quilt.

# Ana Natural

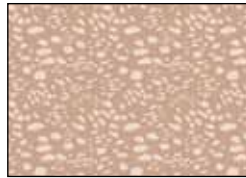
Fabric Collection  
by Jacqueline Schmidt for P&B Textiles



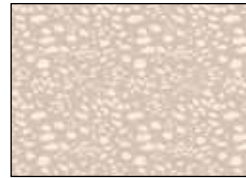
ANAT 4893 E



ANAT 4893 NE\*



ANAT 4894 LZ\*



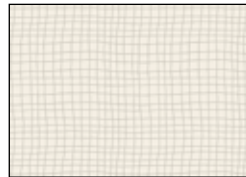
ANAT 4894 NE



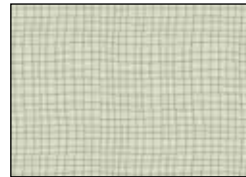
ANAT 4895 NE



ANAT 4895 S\*



ANAT 4896 E



ANAT 4896 G\*



ANAT 4896 S\*



ANAT 4897 E



ANAT 4897 G\*



ANAT 4897 K



ANAT 4898 E



ANAT 4898 MU



ANAT 4898 SS\*



ANAT 4899 AU



ANAT 4899 DS\*



ANAT 4899 LG



ANAT 4899 LS



ANAT 4900 AU



ANAT 4900 LG



ANAT 4900 LS\*



ANAT 4900 NE\*



ANAT 4901 E



ANAT 4901 G\*



ANAT 4901 S



ANAT 4902 G



ANAT 4902 NE



ANAT 4902 S



ANAT 4903 G†



ANAT 4903 K



ANAT 4903 LZ

\*Fabrics used in quilt  
†Backing

