

## Cutting Instructions:

$9 "$ Finished Block:
A - (4) squares - $2^{\prime \prime} \times 2^{\prime \prime}$
B - (4) squares - $31 / 8^{\prime \prime} \times 31 / 8^{\prime \prime}$
C - (1) square - $53 / 4^{\prime \prime} \times 53 / 4^{\prime \prime}$
D - (2) rectangles - $2^{\prime \prime} \times 3^{1 / 2 \prime \prime}$
E - (4) rectangles $-11^{\prime \prime} \times 2^{\prime \prime}$
F - (4) rectangles - $11 / 4^{\prime \prime} \times 23 / 4^{\prime \prime}$
G - (2) rectangles $-11 / 4^{\prime \prime} \times 31 / 2^{\prime \prime}$
H-(2) rectangles - $11^{\prime \prime \prime} \times 5^{\prime \prime}$
I-(2) squares - $2^{\prime \prime} \times 2^{\prime \prime}$
$J$ - (4) squares - $1 \frac{1}{4} 4^{\prime \prime} \times 1 \frac{11 / 4^{\prime \prime}}{}$


Color/shading options.
Piecing \& Cutting Notes:

- This block uses connector/flip-and-sew corners for the I and J triangles.


## All seams are a scant $1 / 4^{\prime \prime}$ unless specified otherwise.

## Assembly

1. Select (1) A square, (1) E rectangle, and (1) F rectangle. Join the pieces as shown. Press the seams to the rectangles. Repeat to make 4.

2. Using the (4) $B$ squares and the $C$ square, make the flying geese units per the instructions on the General Techniques.


The geese will measure $234^{\prime \prime} \times 5^{\prime \prime}$ or $15 \frac{1}{\prime \prime} \times 23 / 4^{\prime \prime}$.


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Block Heads
Facebook group
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3. On the wrong side of the $I$ and $J$ squares, draw a line from one corner to the opposing corner - or use Diagonal Seam Tape as a guide.

4. With right sides together, align the $D$ squares in the corners of the A squares as shown. Stitch on the line. Trim seam to $1 / 4^{\prime \prime}$ and press the seam to the triangle.


Repeat for (4) J squares at the top.

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5. Join the two halves of the heart. Press the seam to one side - or press it open.

Join the G and H rectangles to the sides of the heart as shown. Press the seams to the outer rectangles - or press them open
6. Lay the pieces out as shown.

7. Join the units to make three rows. Press the seams in the direction of the arrows - or press them open.

8. Join the rows to complete the block. Press the seams in the direction of the arrows - or press them open.

- 9 " block - block will measure $91 / 2^{\prime \prime} \times 91 / 2^{\prime \prime}$.
- $41 / 2$ " block - block will measure 5 " $\times 5^{\prime \prime}$.



## Stitching with Vanessa...

- The quilting tip I wish I'd learned when I first started is...
- My best advice to new quilters is to...
- When it comes to quilting/sewing tools, don't get between me and my...
- Don't tell anyone, but when I'm sewing, I don't worry about...
- My "rock-star stitch group" includes...


## Keeping up with Vanessa...

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