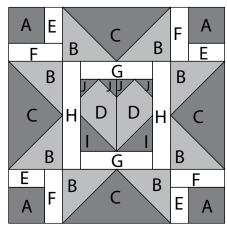
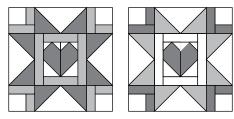
# Join the Moda Block Heads Facebook group for more info and updates!

# BH4 Block 25 - Heart

By Vanessa Goertzen of LellaBoutique





Color/shading options.

### **Piecing & Cutting Notes:**

• This block uses connector/flip-and-sew corners for the I and J triangles.

# **Cutting Instructions:**

### 9" Finished Block:

- A (4) squares 2" x 2"
- B (4) squares 31/8" x 31/8"
- C (1) square 5¾" x 5¾"
- D (2) rectangles 2" x 31/2"
- E (4) rectangles 11/4" x 2"
- F (4) rectangles 11/4" x 23/4"
- G (2) rectangles 11/4" x 31/2"
- H (2) rectangles  $1\frac{1}{4}$ " x 5"
- I (2) squares 2" x 2"
- J (4) squares 11/4" x 11/4"

### 41/2" Finished Block:

- A (4) squares 11/4" x 11/4"
- B (4) squares 2" x 2"
- C (1) square 3½" x 3½"
- D (2) rectangles 11/4" x 2"
- E (4) rectangles %" x 11/4"
- F (4) rectangles %" x 1%"
- G (2) rectangles %" x 2"
- H (2) rectangles \%" x 2\%"
- I (2) squares 11/4" x 11/4"
- J (4) squares %" x %"

## All seams are a scant $\frac{1}{4}$ " unless specified otherwise.

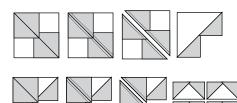
# Assembly

- 1. Select (1) A square, (1) E rectangle, and (1) F rectangle. Join the pieces as shown. Press the seams to the rectangles. Repeat to make 4.
- 2. Using the (4) B squares and the C square, make the flying geese units per the instructions on the General Techniques.

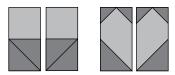
The geese will measure 2¾" x 5" or 1½" x 2¾".

- 3. On the wrong side of the I and J squares, draw a line from one corner to the opposing corner - or use Diagonal Seam Tape as a guide.
- 4. With right sides together, align the D squares in the corners of the A squares as shown. Stitch on the line. Trim seam to ¼" and press the seam to the triangle.

Repeat for (4) J squares at the top.







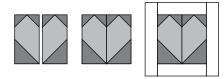


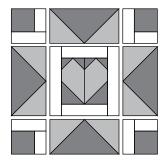
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5. Join the two halves of the heart. Press the seam to one side - or press it open.

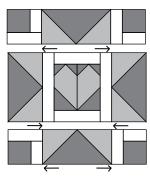
Join the G and H rectangles to the sides of the heart as shown. Press the seams to the outer rectangles - or press them open

6. Lay the pieces out as shown.

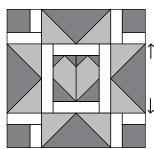




7. Join the units to make three rows. Press the seams in the direction of the arrows - or press them open.



- 8. Join the rows to complete the block. Press the seams in the direction of the arrows - or press them open.
  - 9" block block will measure 91/2" x 91/2".
  - 4½" block block will measure 5" x 5".



## Stitching with Vanessa...

- The quilting tip I wish I'd learned when I first started is...
- My best advice to new quilters is to...
- When it comes to quilting/sewing tools, don't get between me and my...
- Don't tell anyone, but when I'm sewing, I don't worry about...
- My "rock-star stitch group" includes...

## Keeping up with Vanessa...

- Instagram -
- Website -
- Facebook -

Join the Moda Block Heads Facebook group for more info and updates!