



Follow us here to see more exciting projects and ideas!

Steady Quilt



Featuring the Steam in the Spring collection by Michael Shelton Shipping to stores

Finished Size: 64 ½ in x 58 ½ in (163.83 cm x 148.59 cm)

Fabric Needed

3 Wishes Fabric® Steam in the Spring Collection

- 1 Panel Lg. Train Panel (18714-PNL-CTN-D)
- 1 ½ yds Scenic (18718-MLT-CTN-D)
- 1 yd Map (18717-BLU-CTN-D) for Piecing and Binding
- 1 yd Trains (18720-MLT-CTN-D)
- 1/4 yd Foliage (18715-GRN-CTN-D
- 1/4 yd Signs (18716-GRY-CTN-D)
- 3 ¾ yds Foliage (18715-GRN-CTN-D) for Backing

3 Wishes Fabric® Good Vibes Collection

• 1/4 yd – Circle Dots (18660-WOW-CTN-D)

Additional Supplies Needed:

- 72 in x 66 in (182.88 cm x 167.64 cm) Cotton batting
- Piecing and sewing thread
- Quilting and sewing supplies
- Even-feed foot (optional for quilting)

Before You Begin

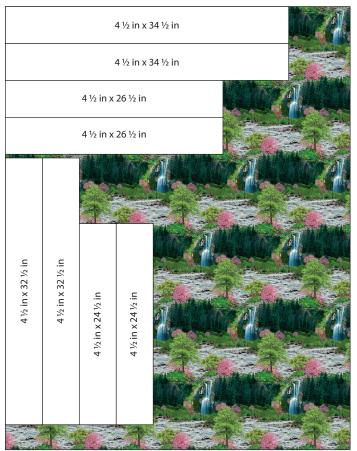
Read all instructions before beginning project. Do not pre-wash fabrics. Press fabrics with a dry iron on cotton setting before cutting. Use a ¼ in (6.35 mm) seam allowance and sew fabrics with right sides together (RST) unless otherwise noted. Press seams in the direction of the arrows. wof = width of fabric. Print appliqué template page at 100% scale. **Note:** A printed panel may become slightly skewed during the finishing process. Check if panel is square before cutting by folding the panel so selvages meet. If all edges do not meet, pull firmly from corner to corner until the edges meet. Continue until all corners are square.

Cutting

Use a rotary cutter and ruler to cut the size and number of squares and rectangles from each fabric listed below.



Lg. Train Panel – 18714-PNL-CTN-D (1 yd x wof / 91.44 cm x 106.68 cm) Fussy Cut 1 – 32 ½ in x 38 ½ in (82.55 cm x 97.79 cm)



Scenic - 18718-MLT-CTN-D (1 ½ yd x wof / 137.16 cm x 106.68 cm)

Cut 2 - 4					
Cut 2 - 4	½ in x	26 ½ i	n (11.43	cm x 67.	31 cm)

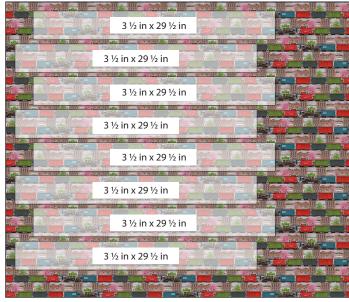
Cut 2 – 4 ½ in x 32 ½ in (11.43 cm x 82.55 cm) Cut 2 – 4 ½ in x 24 ½ in (11.43 cm x 62.23 cm)

Note: Orient rectangles as shown

			2 ½ in x v	vof		
			2 ½ in x v	vof		
			2 ½ in x v	vof		
			2 ½ in x v	vof		
			2 ½ in x v	vof		
			2 ½ in x v	vof		
			2 ½ in x v	vof		
4 ½ in x 8 ½ i	1 4 ½ in x	8 ½ in	4 ½ in x 8	½ in	4 ½ in x 8 ½	⁄₂ in
4 ½ in x 8 ½ i	1 4 ½ in x	8 ½ in	4½ in x8	½ in	4½ in x 8⅓	⁄2 in
4½ inx6½ in 4½ inx6½ in	4½ in x 6 ½ in	4½ in x 6½ in	4½ in x 6 ½ in	4½ in x 6½ in	4½ in x 6 ½ in	4½ in x 6 ½ in

Map - 18717-BLU-CTN-D (1 1/8 yd x wof / 91.44 cm x 106.68 cm)

Cut 7 – 2 ½ in x wof (6.35 cm x 106.68 cm) Cut 8 – 2 ½ in x 8 ½ in (6.35 cm x 21.59 cm) Cut 8 – 2 ½ in x 6 ½ in (6.35 cm x 16.51 cm)



Trains – 18720-BLU-CTN-D (1 $\frac{1}{8}$ yd x wof / 91.44 cm x 106.68 cm) Fussy Cut 8 – 3 $\frac{1}{2}$ in x 29 $\frac{1}{2}$ in (8.89 cm x 74.93 cm)

1 ½ in x 40 ½ in	
1 ½ in x 40 ½ in	
1 ½ in x 36 ½ in	60
1 ½ in x 36 ½ in	
and the court the said the said the said the said the said	
the day of	120

Foilage – 18715-GRN-CTN-D (1/4 yd x wof / 22.86 cm x 106.68 cm) Cut 2 – 1 ½ in x 40 ½ (6.35 cm x 102.87 cm)

Cut 2 – 1 ½ in x 36 ½ in (6.35 cm x 92.71 cm)

1 ½ in x 38 ½ in	
1 ½ in x 38 ½ in	
1 ½ in x 34 ½ in	7000
1 ½ in x 34 ½ in) (©) (©)

Circle Dots - 18660-WOW-CTN-D (1/4 yd x wof / 22.86 cm x 106.68 cm)

Cut 2 – 1 ½ in x 38 ½ (6.35 cm x 97.79 cm) Cut 2 – 1 ½ in x 34 ½ in (6.35 cm x 87.63 cm)

Sewing

1. Refer to Diagram A to make the Center Unit.

Place a Circle Dots strip (1 $\frac{1}{2}$ " x 38 $\frac{1}{2}$ " / 3.81 cm x 97.79 cm) on top and bottom of the Fussy Cut Lg. Train Panel rectangle (32 $\frac{1}{2}$ " x 38 $\frac{1}{2}$ / 82.55 cm x 97.79 cm). Pin RST matching ends and centers, sew and press.

Place a Circle Dots strip (1 ½" x 34 ½" / 3.81 cm x 87.63 cm) on each side. Pin RST matching ends and centers, sew and press.

Place a Foliage strip (1 ½" x 40 ½" / 3.81 cm x 102.87 cm) on the top and bottom. Pin RST matching ends and centers, sew and press.

4 ½ in

4 ½ in

4 ½ in

 $4 \frac{1}{2}$ in

4 ½ in

4 ½ in

Cut 8 – 4 ½ in x 4 ½ (11.43 cm x 11.43 cm)

4 ½ in

4 ½ in

Signs - 18716-GRY-CTN-D (1/4 yd x wof / 22.86 cm x 106.68 cm)

4 ½ in

Place a Foliage strip (1 ½" x 36 ½" / 3.81 cm x 92.71 cm) on each side. Pin RST matching ends and centers, sew and press.

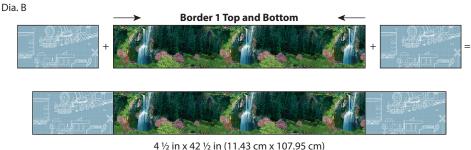
The Center Unit should measure 42 ½" x 36 ½" (107.95 cm x 92.71 cm).

Dia. A



www.3wishesfabric.com page 3

2. Place a horizontal Map rectangle (4 ½" x 8 ½" / 11.43 cm x 21.59 cm) on each side of a horizontal Scenic rectangle (4 ½" x 26 ½" / 11.43 cm x 67.31 cm) as shown in Diagram B. *Note:* Check orientation of designs. Pin RST, sew and press to make the Border 1 Top (4 ½" x 42 ½" / 11.43 cm x 107.95 cm). Repeat to make the Border 1 Bottom.



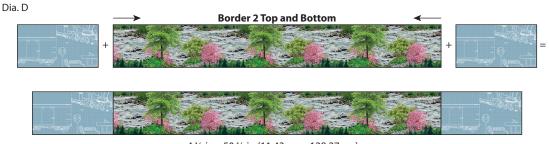
4 ½ In x 42 ½ In (11.43 cm x 107.95 cm) Make 2

3. Place two Signs squares (4 ½" x 4 ½" / 11.43 cm x 11.43 cm), two vertical Map rectangles (4 ½" x 6 ½" / 11.43 cm x 16.51 cm) and one vertical Scenic rectangle (4 ½" x 24 ½" / 11.43 cm x 62.23cm) as shown in Diagram C. *Note:* Check orientation of designs. Pin RST, sew and press to make the Border 1 Sides (4 ½" x 44 ½" / 11.43 cm x 113.03 cm). Make two.



4 ½ in x 44 ½ in (11.43 cm x 113.03 cm) Make 2

4. Place a horizontal Map rectangle (4 ½" x 8 ½" / 11.43 cm x 21.59 cm) on each side of a horizontal Scenic rectangle (4 ½" x 34 ½" / 11.43 cm x 87.63 cm) as shown in Diagram D. **Note:** Check orientation of designs. Pin RST, sew and press to make the Border 2 Top (4 ½" x 50 ½" / 11.43 cm x 128.27 cm). Repeat to make the Border 2 Bottom.



4 ½ in x 50 ½ in (11.43 cm x 128.27 cm) Make 2

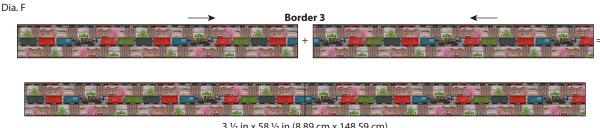
5. Place two Signs squares (4 ½" x 4 ½" / 11.43 cm x 11.43 cm), two vertical Map rectangles (4 ½" x 6 ½" / 11.43 cm x 16.51 cm) and one vertical Scenic rectangle (4 ½" x 32 ½" / 11.43 cm x 82.55 cm) as shown in Diagram E. *Note:* Check orientation of designs. Pin RST, sew and press to make the Border 2 Sides (4 ½" x 52 ½" / 11.43 cm x 133.35 cm). Make two.



4 ½ in x 52 ½ in (11.43 cm x 133.35 cm) Make 2

www.3wishesfabric.com page 4

6. Place the two Fussy Cut Trains rectangles (3 ½" x 29 ½" / 8.89 cm x 74.93 cm) as shown in Diagram F, aligning the trains at the seam. **Note:** Check orientation of designs. Pin RST, sew and press open or to one side to make Border 3 (3 ½" x 58 ½" / 8.89 cm x 148.59 cm). Make four.



3 ½ in x 58 ½ in (8.89 cm x 148.59 cm) Make 4

7. Refer to Diagram G to place the Borders around the Center Unit (42 ½" x 36 ½" / 107.95 cm x 92.71 cm). Sew each Border RST in the order listed. *Note:* Check orientation of the design. Pin matching center and ends. Press seams as shown. Measure at each step to ensure the next border will fit. If one border is a little larger than the border it is being sewn to, pin well to ease the fullness and place the fullness on the bottom while sewing.

Border 1

Border 1 Top and Bottom: (4 ½" x 42 ½" / 11.43 cm x 107.95 cm) Border 1 Sides: (4 ½" x 44 ½" / 11.43 cm x 113.03 cm) Quilt Top 50 ½" x 44 ½" (128.27 cm x 113.03 cm).

Border 3

Border 3 Top and Bottom: (3 $\frac{1}{2}$ " x 58 $\frac{1}{2}$ " / 8.89 cm x 148.59 cm) Border 3 Sides: (3 $\frac{1}{2}$ " x 58 $\frac{1}{2}$ " / 8.89 cm x 148.59 cm) Quilt Top 64 $\frac{1}{2}$ " x 58 $\frac{1}{2}$ " (163.83 cm x 148.59 cm).

Border 2

Border 2 Top and Bottom: (4 ½" x 50 ½" / 11.43 cm x 128.27 cm) Border 2 Sides: (4 ½" x 52 ½" / 11.43 cm x 133.35 cm) Quilt Top 58 ½" x 52 ½" (128.27 cm x 133.35 cm).



64 ½ in x 58 ½ in (163.83 cm x 148.59 cm)

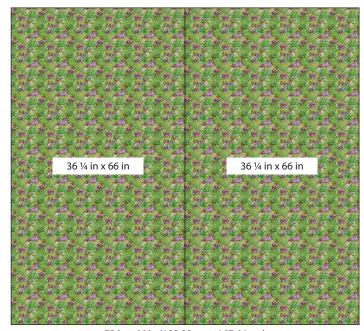
www.3wishesfabric.com

page 5

Finishing

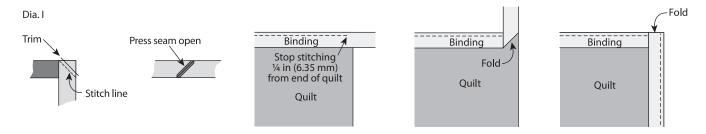
- 8. Remove the selvages from the Foliage Backing fabric. Cut two pieces 36 ¼" x 66" (92.075 cm x 167.64 cm). Pin the two sections RST along the long edges as shown in Diagram H and sew. *Note:* Check orientation of the design. Press seams open or to one side. The Backing should measure 72" x 66" (182.88 cm x 167.64 cm).
- Press finished Quilt Top and Backing. Tape the Backing, wrong side up, to a firm surface. Layer Batting and Quilt Top (right side up). Baste the layers together with safety pins. Quilt as desired.
- 10. Once quilting is complete, square up corners and edges, trimming excess Backing and Batting even with the Quilt Top.
- 11. **Binding** Follow Diagram I to make the Map Binding. Remove selvages and sew the short ends of the seven 2 ½" x wof (6.35 cm x wof) strips RST end to end at a 45° angle to make one continuous strip; press seams open.

Dia. H



72 in x 66 in (182.88 cm x 167.64 cm)

Press one short end ¼" (6.35 mm) to the **wrong** side. Fold in half lengthwise with **wrong** sides together; press. Leaving a 2" (5.08 cm) tail on the folded end, place cut edges of folded Binding even with the edge of the Quilt Top and sew, mitering the corners. Overlap ends, trim any excess and finish sewing the Binding. Fold Binding over to back and hand stitch.



Finished Care Instructions

Machine wash in cold water; gentle cycle. Do not bleach. *Tip:* Before drying, check for fabric dyes that may have run. If fabric dyes run, rewash and rinse using a color catcher to absorb loose dye. Lay flat to dry or tumble dry low.

www.3wishesfabric.com page 6