

# Frozen in Time

• A Free Project Sheet  
• NOT FOR RESALE


By Jan Mott

Design by Heidi Pridemore



Table Set

Skill Level: Advanced Beginner

 Henry Glass & Co., Inc.



facebook

Finished Runner Size: 54" x 22"

Finished Wall Hanging Size: 22 1/2" x 37"

Finished Place Mat Size: 18 1/2" x 14"

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# FROZEN IN TIME Table Set

Finished Runner Size: 54" x 22"  
 Finished Wall Hanging Size: 22 1/2" x 37"  
 Finished Place Mat Size: 18 1/2" x 14"

## Fabrics in the Collection



Border Stripe - Black  
2706-99



Snow Drops - Red  
2707-88



Snow Drops - Black  
2707-99



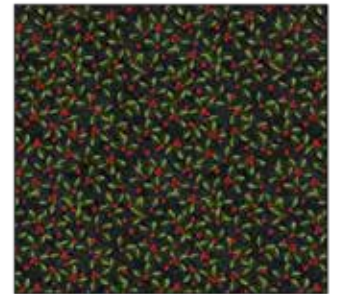
Bird Houses - Gray  
2708-11



Bird Houses - Black  
2708-99



Holly - Cream  
2711-33



Holly - Black  
2711-99



Cardinal - Cream  
2712-33



Cardinal - Black  
2712-99



Chickadee Blocks - Black  
2709P-99



House Panel - Black  
2710P-99

### Select Fabrics from Jan's Bias Weave Basics



Cream  
2532-33



Green  
2532-66



Red  
2532-88



Black  
2532-99

### Runner Materials

1 panel	Chickadee Blocks - Black (A)	2709P-99
¼ yard	Jan's Bias Weave Basic - Black (B)	2532-99
⅝ yard	Jan's Bias Weave Basic - Red (C)	2532-88*
½ yard	Jan's Bias Weave Basic - Cream (D)	2532-33
¼ yard	Cardinal - Black (E)	2712-99
¼ yard	Snow Drops - Red (F)	2707-88
¼ yard	Jan's Bias Weave Basic - Green (G)	2532-66
⅛ yard	Holly - Black (H)	2711-99
⅜ yard	Snow Drops - Black (I)	2707-99
1 ¾ yards	Cardinal - Cream (Backing)	2712-33

\*Includes binding

### Runner Cutting Instructions

Please note: All strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.

#### From the Chickadee Blocks - Black (A):

- Fussy cut (1) 22 ½" x 14 ½" rectangle centered on the medium block with cardinals and pots.

#### From the Jan's Bias Weave Basic - Black (B), cut:

- (1) 2" x WOF strip. Sub-cut (2) 2" x 14 ½" strips.
- (2) 2" x 25 ½" WOF strips.

#### From the Jan's Bias Weave Basic - Red (C), cut:

- (1) 1 ½" x WOF strip. Sub-cut (2) 1 ½" x 16 ½" strips.
- (3) 1 ½" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 1 ½" x 50 ½" strips.
- (4) 2 ½" x WOF strips for the binding.

#### From the Jan's Bias Weave Basic - Cream (D), cut:

- (1) 5 ¼" x WOF strip. Sub-cut (2) 5 ¼" squares. Cut the squares across both diagonals to make (8) 5 ¼" triangles.
- (1) 2 ½" x WOF strip. Sub-cut (16) 2 ½" squares.
- (2) 2 ½" x WOF strips. Sub-cut (4) 2 ½" x 12 ½" strips.

#### From the Cardinal - Black (E), cut:

- (1) 4 ½" x WOF strip. Sub-cut (2) 4 ½" squares.

#### From the Snow Drops - Red (F), cut:

- (1) 4 ⅞" x WOF strip. Sub-cut (4) 4 ⅞" squares. Cut the squares across (1) diagonal to make (8) 4 ⅞" triangles.

#### From the Jan's Bias Weave Basic - Green (G), cut:

- (1) 5 ¼" x WOF strip. Sub-cut (2) 5 ¼" squares. Cut the squares across both diagonals to make (8) 5 ¼" triangles.

#### From the Holly - Black (H), cut:

- (1) 2 ½" x WOF strip. Sub-cut (16) 2 ½" squares.

#### From the Snow Drops - Black (I), cut:

- (1) 2 ½" x WOF strip. Sub-cut (2) 2 ½" x 18 ½" strips.
- (3) 2 ½" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 2 ½" x 54 ½" strips.

#### From the Cardinal - Cream (Backing), cut:

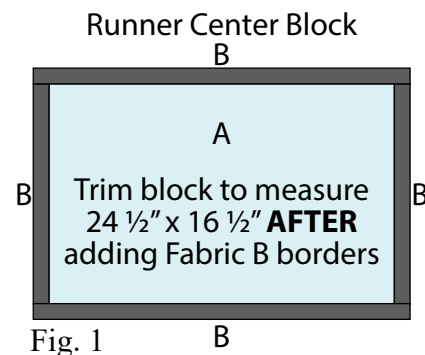
- (1) 62" x 30" WOF strip for the backing

### Block Assembly

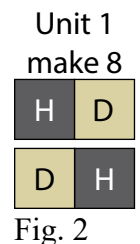
Note: The arrows in figures represent the fabric print direction. Pay attention to the fabric and unit orientations when assembling the various components. Use a ¼" seam allowance with right sides together (RST) unless otherwise noted.

1. Sew (1) 2" x 14 ½" Fabric B strip to each side of the 22 ½" x 14 ½" Fabric A rectangle. Sew (1) 2" x 25 ½" Fabric B strip to the top and to the bottom of the Fabric A rectangle to make the Runner Center Block (Fig. 1).

Trim the block to measure 24 ½" x 16 ½".



2. Sew (1) 2 ½" Fabric H square to the left side of (1) 2 ½" Fabric D square to make the top row. Sew (1) 2 ½" Fabric D square to the left side of (1) 2 ½" Fabric H square to make the bottom row. Sew the (2) rows together lengthwise to make (1) 4 ½" Unit 1 square (Fig. 2). Repeat to make (8) Unit 1 squares total.



3. Sew together (1) 5 ¼" Fabric D triangle and (1) 5 ¼" Fabric G triangle. Sew (1) 4 ⅞" Fabric F triangle to the long side of the newly sewn triangle to make (1) 4 ½" Unit 2 square (Fig. 3). Repeat to make (8) Unit 2 squares total.



4. Sew (1) Unit 1 square to each side of (1) Unit 2 square to make the top row. Repeat to make the bottom row. Sew (1) Unit 2 square to each side of (1) 4 1/2" Fabric E square to make the middle row. Sew the (3) rows together lengthwise to make (1) 12 1/2" Unit 3 square (Fig. 4). Repeat to make a second Unit 3 square.

5. Sew (1) 2 1/2" x 12 1/2" Fabric D strip lengthwise to the top and to the bottom of (1) Unit 3 square to make (1) Block One rectangle (Fig. 5). Repeat to make a second Block One rectangle.

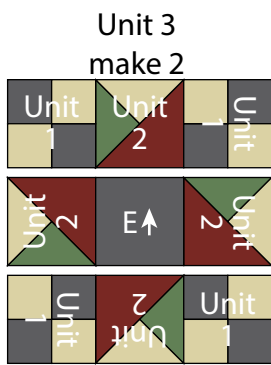


Fig. 4

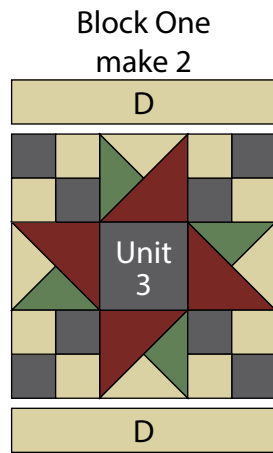


Fig. 5

### Runner Top Assembly

(Follow the Runner Layout in Figure 6 while assembling the runner top.)

6. Sew (1) Block One rectangle to each side of the Runner Center Block.
7. Sew (1) 1 1/2" x 16 1/2" Fabric C strip to each side of the Center Block. Sew (1) 1 1/2" x 50 1/2" Fabric C strip to the top and to the bottom of the Center Block.
8. Sew (1) 2 1/2" x 18 1/2" Fabric I strip to each side of the Center Block. Sew (1) 2 1/2" x 54 1/2" Fabric I strip to the top and to the bottom of the Center Block to make the Runner top.
9. Layer and quilt as desired.
10. Sew the (4) 2 1/2" x WOF Fabric C strips together, end to end with 45-degree seams, to make the binding. Fold this long strip in half lengthwise with wrong sides together and press.
11. Bind as desired.

### Runner Layout

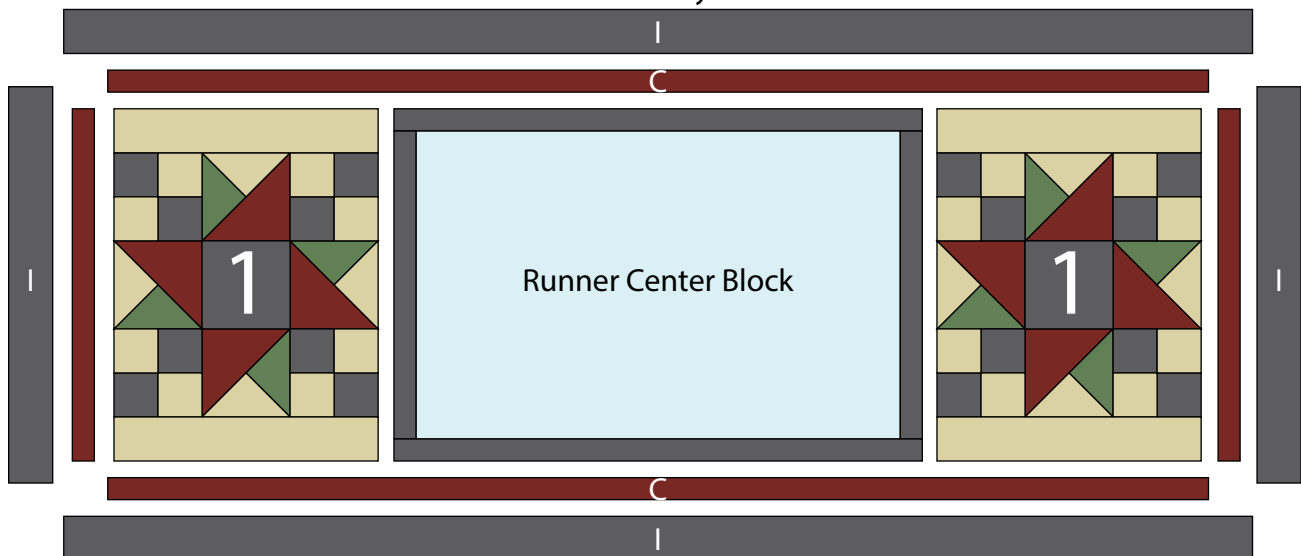


Fig. 6

### Wall Hanging Materials

1 panel	Chickadee Blocks - Black (A)	2709P-99
½ yard	Jan's Bias Weave Basic - Red (B)	2532-88*
¼ yard	Jan's Bias Weave Basic - Cream (C)	2532-33
1 yard	Bird Houses - Black (D)	2708-99
1 ⅜ yards	Cardinal - Black (Backing)	2712-99

\*Includes binding

### Wall Hanging Cutting Instructions

*Please note: All strips are cut across the width of fabric (WOF) from selvage to selvage unless otherwise noted.*

#### From the Chickadee Blocks - Black (A):

- Fussy cut (1) 11 ½" x 26" rectangle, centered on the large block with the fence and shovel.

#### From the Jan's Bias Weave Basic - Red (B), cut:

- (2) 2" x 26" WOF strips.
- (1) 2" x WOF strip. Sub-cut (2) 2" x 14 ½" strips.
- (4) 2 ½" x WOF strips for the binding.

#### From the Jan's Bias Weave Basic - Cream (C), cut:

- (2) 1 ¼" x 28" WOF strips.
- (1) 1 ¼" x WOF strip. Sub-cut (2) 1 ¼" x 15" strips.

#### From the Bird Houses - Black (D), cut:

- (2) 4 ½" x 29 ½" Length of Fabric (LOF) strips.
- From the remaining fabric, cut (2) 4 ½" x 23" WOF strips.

#### From the Cardinal - Black (Backing), cut:

- (1) 45" x 31" WOF strip for the backing.

### Wall Hanging Top Assembly

*(Follow the Wall Hanging Layout in Figure 8 while assembling the wall hanging top.)*

12. Sew (1) 2" x 26" Fabric B strip to each side of the 11 ½" x 26" Fabric A rectangle. Sew (1) 2" x 14 ½" Fabric B strip to the top and to the bottom of the Fabric A rectangle to make the Wall Hanging Center Block (Fig. 7). **Trim the block to measure 13 ½" x 28".**

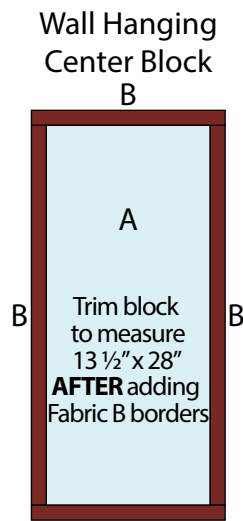


Fig. 7

13. Sew (1) 1 ¼" x 28" Fabric C strip to each side of the Wall Hanging Center Block. Sew (1) 1 ¼" x 15" Fabric C strip to the top and to the bottom of the Wall Hanging Center Block.

14. Sew (1) 4 ½" x 29 ½" Fabric D strip to each side of the Wall Hanging Center Block. Sew (1) 4 ½" x 23" Fabric D strip to the top and to the bottom of the Wall Hanging Center Block to make the Wall Hanging top.

15. Layer and quilt as desired.

16. Sew the (4) 2 ½" x WOF Fabric B strips together, end to end with 45-degree seams, to make the binding. Fold this long strip in half lengthwise with wrong sides together and press.

17. Bind as desired.

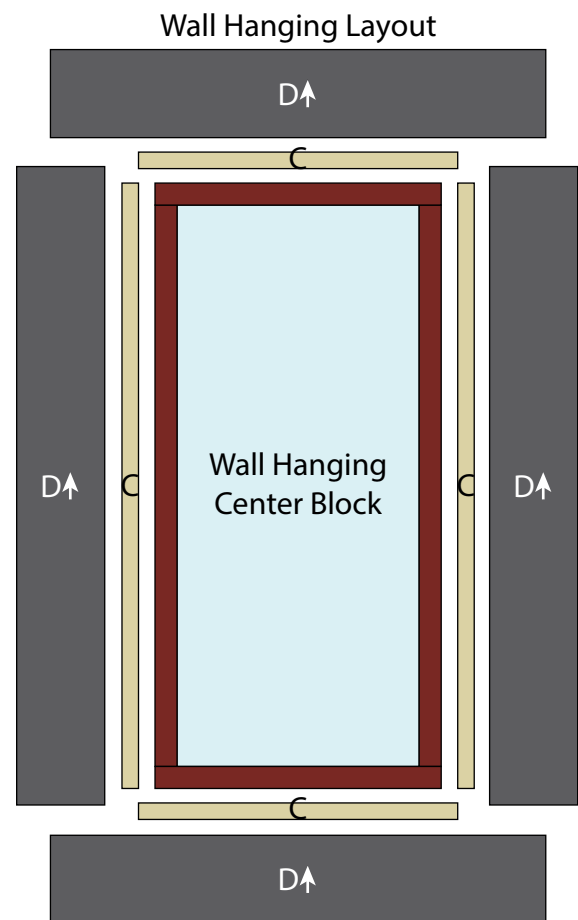


Fig. 8

### Place Mat Materials (makes 4)

1 panel	Chickadee Blocks - Black (A)	2709P-99
1 yard	Jan's Bias Weave Basic - Red (B)	2532-88*
¼ yard	Jan's Bias Weave Basic - Cream (C)	2532-33
½ yard	Cardinal - Black (D)	2712-99
⅜ yard	Bird Houses - Gray (E)	2708-11
1 ⅜ yards	Holly - Cream (Backing)	2711-33

\*Includes binding

### Place Mat Cutting Instructions

Please note: All strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.

#### From the Chickadee Blocks - Black (A):

- Fussy cut (2) 10 ½" x 12 ½" rectangles, each centered on a small block.

#### From the Jan's Bias Weave Basic - Red (B), cut:

- (2) 2" x WOF strips. Sub-cut (4) 2" x 12 ½" strips.
- (2) 2" x WOF strips. Sub-cut (4) 2" x 13 ½" strips.
- (3) 1 ½" x WOF strips. Sub-cut (8) 1 ½" x 12 ½" strips.
- (8) 2 ½" x WOF strips for the binding.

#### From the Jan's Bias Weave Basic - Cream (C), cut:

- (4) 1 ¼" x WOF strips. Sub-cut (8) 1 ¼" x 14 ½" strips.

#### From the Cardinal - Black (D), cut:

- (1) 14 ½" x WOF strip. Sub-cut (8) 14 ½" x 3" strips.

#### From the Bird Houses - Gray (E), cut:

- (1) 10 ½" x WOF strip. Sub-cut (2) 10 ½" x 12 ½" rectangles.

#### From the Holly - Cream (Backing), cut:

- (2) 23" x WOF strips. Sub-cut (4) 23" x 18" rectangles the backings.

### Place Mat Assembly

(Follow the Place Mat Layouts in Figures 11-12 while assembling the place mat tops.)

18. Sew (1) 2" x 12 ½" Fabric B strip to each side of (1) 10 ½" x 12 ½" Fabric A rectangle. Sew (1) 2" x 13 ½" Fabric B strip to the top and to the bottom of the Fabric A rectangle to make (1) Block Two rectangle (Fig. 9). **Trim the block to measure 12 ½" x 14 ½"**. Repeat to make a second Block Two rectangle.

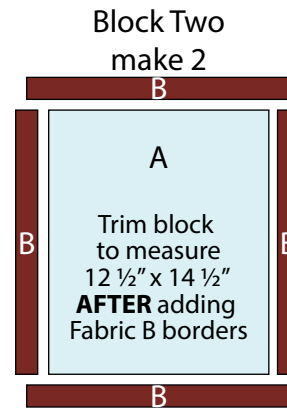


Fig. 9

19. Sew (1) 1 ½" x 12 ½" Fabric B strip to each side of (1) 10 ½" x 12 ½" Fabric E rectangle. Sew (1) 1 ½" x 12 ½" Fabric B strip to the top and to the bottom of the Fabric E rectangle to make (1) 12 ½" x 14 ½" Block Three rectangle. Repeat to make a second Block Three rectangle.

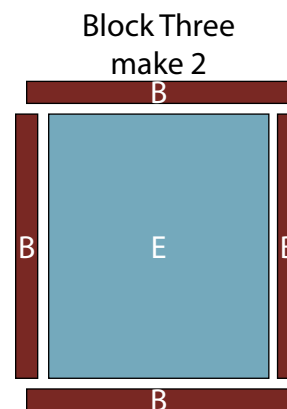


Fig. 10

20. Sew (1) 1 ¼" x 14 ½" Fabric C strip to each side of (1) Block Two rectangle. Sew (1) 3" x 14 ½" Fabric D strip to each side of the Block Two rectangle to make (1) Place Mat #1 top (Fig. 11). Repeat to make a second Place Mat #1 top.

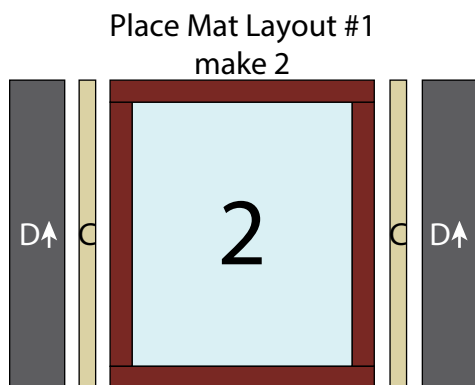


Fig. 11

21. Sew (1) 1 ¼" x 14 ½" Fabric C strip to each side of (1) Block Three rectangle. Sew (1) 3" x 14 ½" Fabric D strip to each side of the Block Three rectangle to make (1) Place Mat #2 top (Fig. 12). Repeat to make a second Place Mat #2 top.

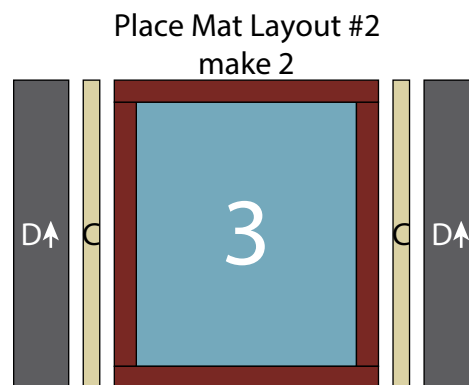


Fig. 12

22. Layer and quilt as desired.

23. Sew the (8) 2 ½" x WOF Fabric B strips together, end to end with 45-degree seams, to make the binding. Fold this long strip in half lengthwise with wrong sides together and press. Cut the strip into (4) equal pieces.

24. Bind as desired.