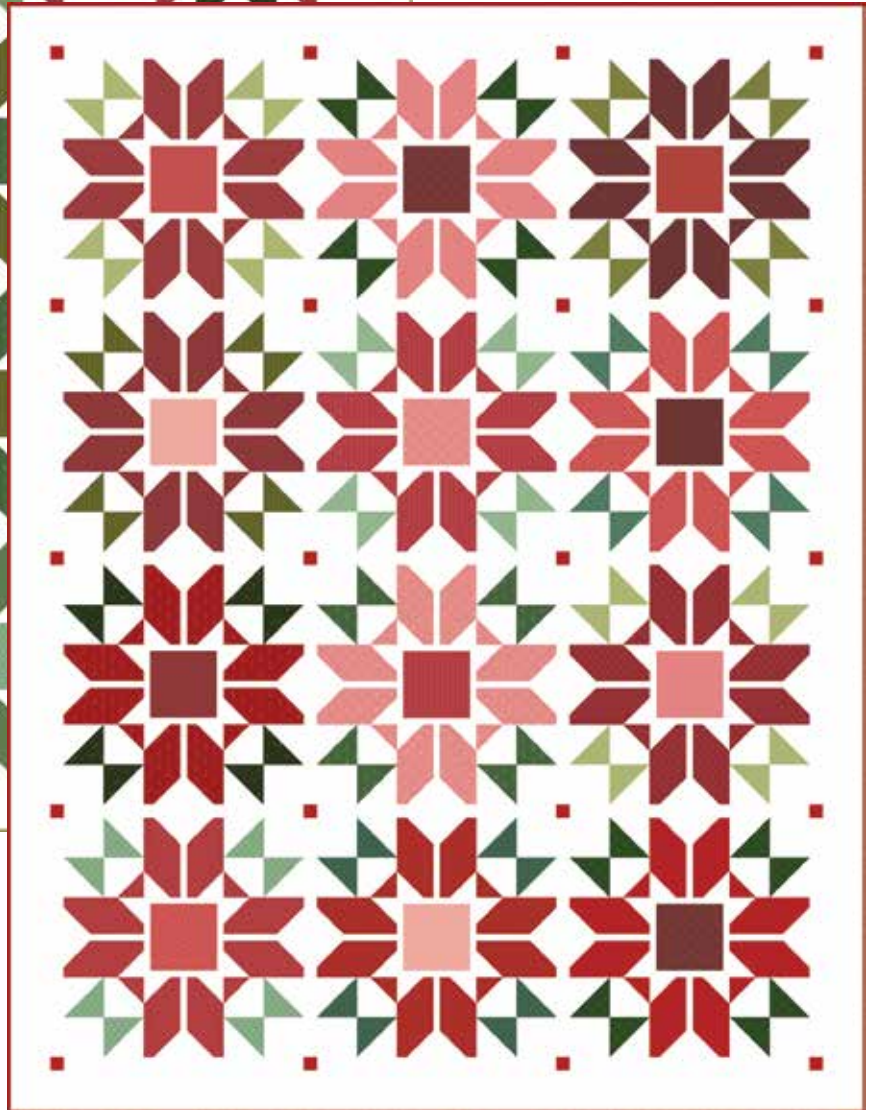


# Rouge & Forest

ANDOVER FABRICS



100  
years



**Nordic Winter** Quilt designed by: **Heidi Pridemore** • Quilt Size: **64" x 83"**

Skill Level: **Intermediate** • [andoverfabrics.com](http://andoverfabrics.com)

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# Nordic Winter



Featuring Andover Fabrics new Collections: Rouge & Forest by Andover Fabrics

Quilt designed by Heidi Pridemore of The Whimsical Workshop

Quilt finished 64" x 83"

## Fabric Requirements

Quilt - Rouge Version		Yardage	Fabric
<b>Fabric A</b>	<b>blocks</b>	¼ yard	9742-R
<b>Fabric B</b>	<b>blocks</b>	¼ yard	9743-R
<b>Fabric C</b>	<b>blocks</b>	½ yard	9741-E
<b>Fabric D</b>	<b>blocks</b>	¼ yard	9736-R
<b>Fabric E</b>	<b>blocks</b>	½ yard	9731-R
<b>Fabric F</b>	<b>blocks</b>	¼ yard	9744-R
<b>Fabric G</b>	<b>blocks</b>	½ yard	9739-R
<b>Fabric H</b>	<b>blocks</b>	¼ yard	9740-E
<b>Fabric I</b>	<b>blocks</b>	½ yard	9734-R
<b>Fabric J</b>	<b>blocks</b>	½ yard	9735-E
<b>Fabric K</b>	<b>blocks</b>	½ yard	9733-R
<b>Fabric L</b>	<b>blocks,</b>	1 ⅛ yards	9732-R
	<b>binding</b>		
<b>Fabric M</b>	<b>blocks</b>	¼ yard	9737-R
<b>Fabric N</b>	<b>blocks</b>	¼ yard	9738-R
<b>Fabric O</b>	<b>blocks</b>	¼ yard	9746-R
<b>Fabric P</b>	<b>blocks,</b>	⅓ yard	9745-R
	<b>cornerstones</b>		
<b>Fabric Q</b>	<b>blocks</b>	¼ yard	9743-G
<b>Fabric R</b>	<b>blocks</b>	¼ yard	9736-G
<b>Fabric S</b>	<b>blocks</b>	¼ yard	9742-G
<b>Fabric T</b>	<b>blocks</b>	¼ yard	9734-G
<b>Fabric U</b>	<b>blocks</b>	¼ yard	9745-G
<b>Fabric V</b>	<b>blocks</b>	¼ yard	9733-G
<b>Fabric W</b>	<b>blocks</b>	¼ yard	9731-G
<b>Fabric X</b>	<b>blocks</b>	¼ yard	9732-G
<b>Fabric Y</b>	<b>blocks</b>	¼ yard	9737-G
<b>Fabric Z</b>	<b>blocks</b>	¼ yard	9740-G
<b>Fabric AA</b>	<b>background</b>	4 ¼ yards	CS-10 Cottonball
<b>Backing</b>		5 ¼ yards	CS-10 Cottonball

## Fabric Requirements

Quilt - Forest Version		Yardage	Fabric
<b>Fabric A</b>	<b>blocks</b>	¼ yard	9742-G
<b>Fabric B</b>	<b>blocks</b>	¼ yard	9744-G
<b>Fabric C</b>	<b>blocks</b>	½ yard	9741-G
<b>Fabric D</b>	<b>blocks</b>	¼ yard	9736-G
<b>Fabric E</b>	<b>blocks</b>	½ yard	9731-G
<b>Fabric F</b>	<b>blocks</b>	¼ yard	9743-G
<b>Fabric G</b>	<b>blocks</b>	½ yard	9739-G
<b>Fabric H</b>	<b>blocks</b>	¼ yard	9737-G
<b>Fabric I</b>	<b>blocks</b>	½ yard	9734-G
<b>Fabric J</b>	<b>blocks</b>	½ yard	9732-G
<b>Fabric K</b>	<b>blocks</b>	½ yard	9733-G
<b>Fabric L</b>	<b>blocks,</b>	1 ⅛ yards	9735-G
	<b>binding</b>		
<b>Fabric M</b>	<b>blocks</b>	¼ yard	9740-G
<b>Fabric N</b>	<b>blocks</b>	¼ yard	9738-G
<b>Fabric O</b>	<b>blocks</b>	¼ yard	9746-G
<b>Fabric P</b>	<b>blocks</b>	⅓ yard	9745-G
	<b>cornerstones</b>		
<b>Fabric Q</b>	<b>blocks</b>	¼ yard	9743-R
<b>Fabric R</b>	<b>blocks</b>	¼ yard	9739-R
<b>Fabric S</b>	<b>blocks</b>	¼ yard	9742-R
<b>Fabric T</b>	<b>blocks</b>	¼ yard	9734-R
<b>Fabric U</b>	<b>blocks</b>	¼ yard	9735-E
<b>Fabric V</b>	<b>blocks</b>	¼ yard	9733-R
<b>Fabric W</b>	<b>blocks</b>	¼ yard	9731-R
<b>Fabric X</b>	<b>blocks</b>	¼ yard	9732-R
<b>Fabric Y</b>	<b>blocks</b>	¼ yard	9737-R
<b>Fabric Z</b>	<b>blocks</b>	¼ yard	9740-E
<b>Fabric AA</b>	<b>background</b>	4 ¼ yards	CS-10 Cottonball
<b>Backing</b>		5 ¼ yards	CS-10 Cottonball

## Quilt Cutting Directions

**Note: Read assembly directions before cutting patches.** Borders are cut to exact length required plus ¼" seam allowance. WOF designates the width of fabric from selvedge to selvedge (approximately 42" wide).

**Fabric A** Cut (2) 3 ¼" x WOF strips. Sub-cut the strips into (8) 3 ¼" x 6 ½" strips (4) 2 ½" squares.

**Fabric B** Cut (1) 5 ½" square.

**Fabric C** Cut (1) 5 ½" x WOF strip. Sub-cut the strip into (1) 5 ½" square and (4) 2 ½" squares.  
Cut (2) 3 ¼" x WOF strips. Sub-cut the strips into (8) 3 ¼" x 6 ½" strips.

**Fabric D** Cut (1) 5 ½" x WOF strip. Sub-cut the strip into (2) 5 ½" squares.

# Nordic Winter

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<b>Fabric E</b>	Cut (1) 5 1/2" x WOF strip. Sub-cut the strip into (1) 5 1/2" square and (4) 2 1/2" squares. Cut (2) 3 1/4" x WOF strips. Sub-cut the strips into (8) 3 1/4" x 6 1/2" strips.	<b>Fabric Q</b>	Cut (1) 3 7/8" x WOF strip. Sub-cut the strip into (8) 3 7/8" squares.
<b>Fabric F</b>	Cut (1) 5 1/2" square.	<b>Fabric R</b>	Cut (1) 3 7/8" x WOF strip. Sub-cut the strip into (8) 3 7/8" squares.
<b>Fabric G</b>	Cut (1) 5 1/2" x WOF strip. Sub-cut the strip into (1) 5 1/2" square and (4) 2 1/2" squares. Cut (2) 3 1/4" x WOF strips. Sub-cut the strips into (8) 3 1/4" x 6 1/2" strips.	<b>Fabric S</b>	Cut (1) 3 7/8" x WOF strip. Sub-cut the strip into (4) 3 7/8" squares.
<b>Fabric H</b>	Cut (1) 5 1/2" x WOF strip. Sub-cut the strip into (2) 5 1/2" squares.	<b>Fabric T</b>	Cut (1) 3 7/8" x WOF strip. Sub-cut the strip into (4) 3 7/8" squares.
<b>Fabric I</b>	Cut (1) 5 1/2" x WOF strip. Sub-cut the strip into (1) 5 1/2" square and (4) 2 1/2" squares. Cut (2) 3 1/4" x WOF strips. Sub-cut the strips into (8) 3 1/4" x 6 1/2" strips.	<b>Fabric U</b>	Cut (1) 3 7/8" x WOF strip. Sub-cut the strip into (4) 3 7/8" squares.
<b>Fabric J</b>	Cut (1) 5 1/2" x WOF strip. Sub-cut the strip into (1) 5 1/2" square and (4) 2 1/2" squares. Cut (2) 3 1/4" x WOF strips. Sub-cut the strips into (8) 3 1/4" x 6 1/2" strips.	<b>Fabric V</b>	Cut (1) 3 7/8" x WOF strip. Sub-cut the strip into (4) 3 7/8" squares.
<b>Fabric K</b>	Cut (1) 5 1/2" x WOF strip. Sub-cut the strip into (1) 5 1/2" square and (4) 2 1/2" squares. Cut (2) 3 1/4" x WOF strips. Sub-cut the strips into (8) 3 1/4" x 6 1/2" strips.	<b>Fabric W</b>	Cut (1) 3 7/8" x WOF strip. Sub-cut the strip into (4) 3 7/8" squares.
<b>Fabric L</b>	Cut (2) 3 1/4" x WOF strips. Sub-cut the strips into (8) 3 1/4" x 6 1/2" strips. Cut (1) 2 1/2" x WOF strip. Sub-cut the strip into (4) 2 1/2" squares. Cut (8) 2 1/2" x WOF strips for the binding.	<b>Fabric X</b>	Cut (1) 3 7/8" x WOF strip. Sub-cut the strip into (4) 3 7/8" squares.
<b>Fabric M</b>	Cut (2) 3 1/4" x WOF strips. Sub-cut the strips into (8) 3 1/4" x 6 1/2" strips and (4) 2 1/2" squares.	<b>Fabric Y</b>	Cut (1) 3 7/8" x WOF strip. Sub-cut the strip into (4) 3 7/8" squares.
<b>Fabric N</b>	Cut (2) 3 1/4" x WOF strips. Sub-cut the strips into (8) 3 1/4" x 6 1/2" strips and (4) 2 1/2" squares.	<b>Fabric Z</b>	Cut (1) 3 7/8" x WOF strip. Sub-cut the strip into (4) 3 7/8" squares.
<b>Fabric O</b>	Cut (2) 3 1/4" x WOF strips. Sub-cut the strips into (8) 3 1/4" x 6 1/2" strips and (4) 2 1/2" squares.	<b>Fabric AA</b>	Cut (5) 3 7/8" x WOF strips. Sub-cut the strips into (48) 3 7/8" squares. Cut (8) 3 1/2" x WOF strips. Sub-cut the strips into (96) 3 1/2" squares. Cut (4) 3 1/2" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 3 1/2" x 77 1/2" strips. Cut (4) 3 1/2" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 3 1/2" x 64 1/2" strips. Cut (12) 2 1/2" x WOF strips. Sub-cut the strips into (192) 2 1/2" squares. Cut (16) 1 1/2" x WOF strips. Sub-cut the strips into (31) 1 1/2" x 18 1/2" strips. Cut (4) 1" x WOF strips. Sub-cut the strips into (24) 1" x 5 1/2" strips. Cut (12) 1" x WOF strips. Sub-cut the strips into (72) 1" x 6 1/2" strips.
<b>Fabric P</b>	Cut (2) 3 1/4" x WOF strips. Sub-cut the strips into (8) 3 1/4" x 6 1/2" strips and (4) 2 1/2" squares. Cut (1) 1 1/2" x WOF strip. Sub-cut the strip into (20) 1 1/2" squares.	<b>Backing</b>	Cut (2) 91" x WOF strips. Sew the strips together and trim to make (1) 72" x 91" backing.

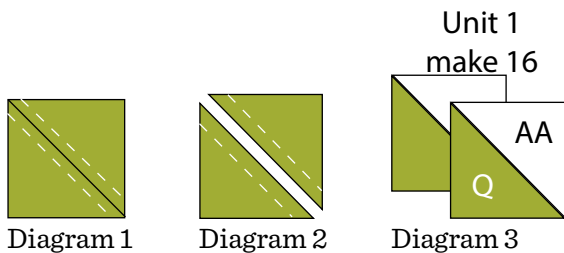
# Nordic Winter

## Making the Quilt

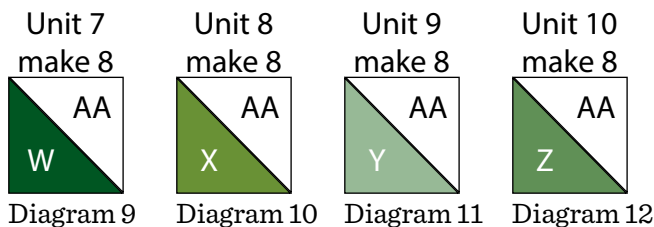
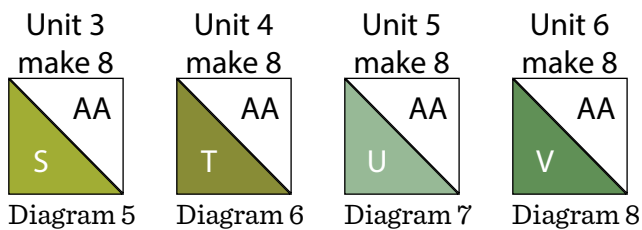
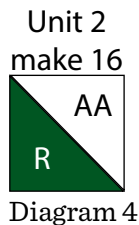
*Note: Pay attention to the orientation of the units while assembling the various components.*

### 1. Block Assembly

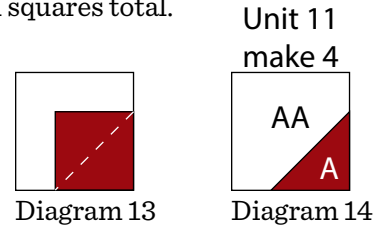
Place (1)  $3\frac{7}{8}$ " Fabric Q square on top of (1)  $3\frac{7}{8}$ " Fabric AA square, right sides together. Draw a line across the diagonal of the top square (Diagram 1). Sew  $\frac{1}{4}$ " away from each side of the drawn diagonal line (Diagram 1). Cut the (2) squares apart on the drawn diagonal line (Diagram 2) to make (2) half-square triangles. Trim the half-square triangles to measure  $3\frac{1}{2}$ " square to make (2) Unit 1 squares (Diagram 3). Repeat to make (16) Unit 1 squares total.



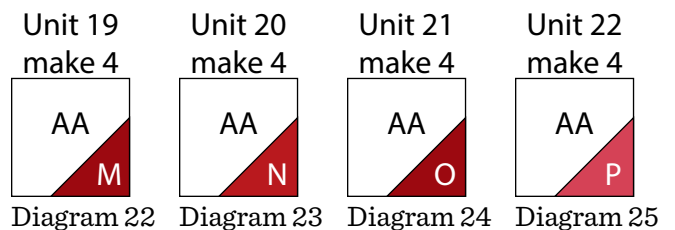
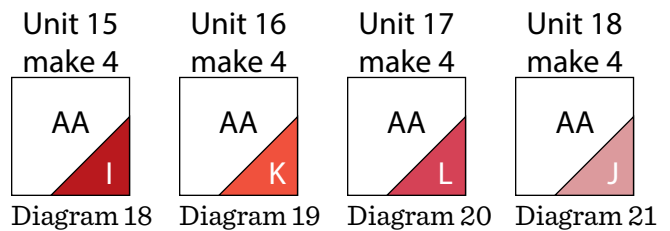
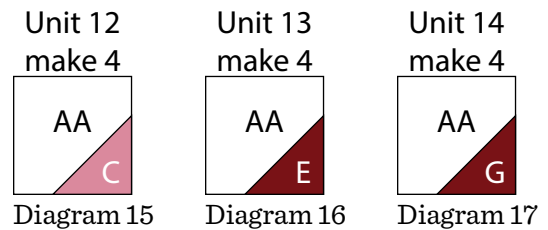
2. Repeat Step 1 and refer to Diagrams 4-12 for fabric identification and placement to make (16) Unit 2 squares and (8) of each square, Units 3 through Units 10.



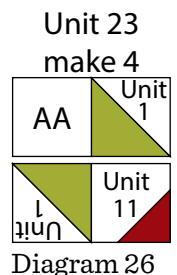
3. Place (1)  $2\frac{1}{2}$ " Fabric A square on the bottom right corner of (1)  $3\frac{1}{2}$ " Fabric AA square, right sides together (Diagram 13). Sew across the diagonal of the smaller square from the upper right corner to the lower left corner (Diagram 13). Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle  $\frac{1}{4}$ " away from the sewn seam to make (1) Unit 11 square (Diagram 14). Repeat to make (4) Unit 11 squares total.



4. Repeat Step 3 and refer to Diagrams 15-25 for fabric identification, placement and seam direction to make (4) of each unit square for Unit 12 through Unit 22.



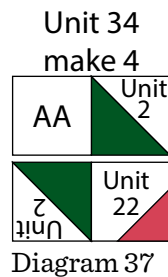
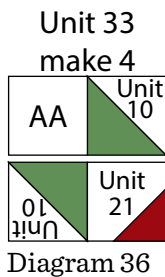
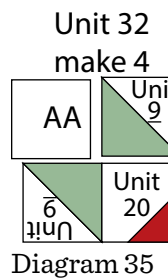
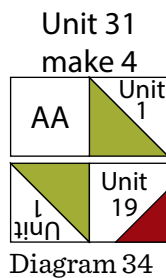
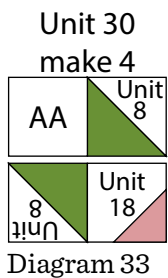
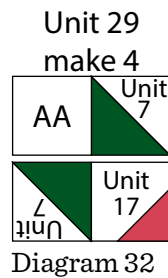
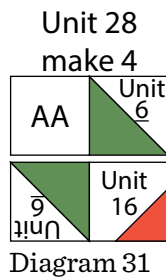
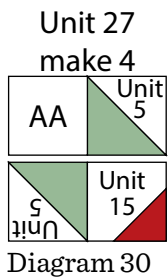
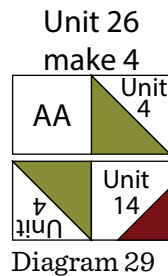
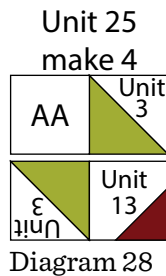
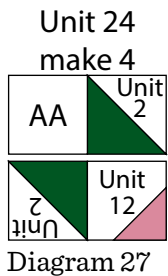
5. Sew (1)  $3\frac{1}{2}$ " Fabric A square to the left side of (1) Unit 1 square to make the top row. Sew (1) Unit 1 square to the left side of (1) Unit 11 square to make the bottom row. Sew the (2) rows together lengthwise to make (1)  $6\frac{1}{2}$ " Unit 23 square (Diagram 26). Repeat to make (4) Unit 23 squares total.



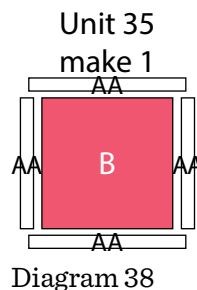


# Nordic Winter

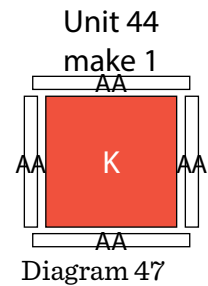
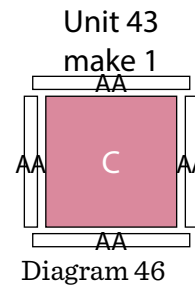
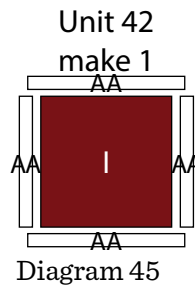
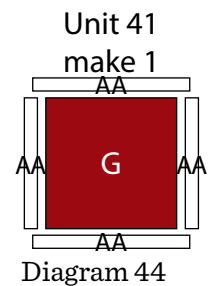
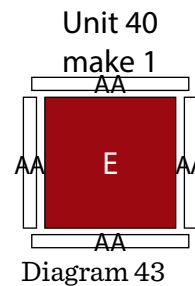
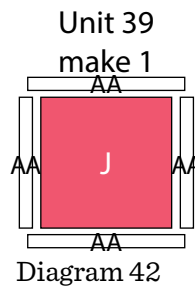
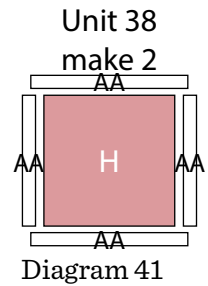
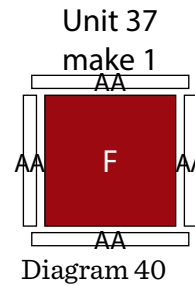
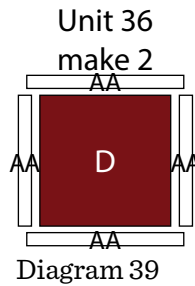
6. Repeat Step 5 and refer to Diagrams 27-37 for component identification, placement and orientation to make (4) of each unit square for Unit 24 through Unit 34.



7. Sew (1) 1" x 5 1/2" Fabric AA strip to each side of (1) 5 1/2" Fabric B square. Sew (1) 1" x 6 1/2" Fabric AA strip to the top and to the bottom of the Fabric B square to make (1) Unit 35 square (Diagram 38).



8. Repeat Step 7 and refer to Diagrams 39-47 for fabric identification and placement to make the indicated number of unit squares for Unit 36 through Unit 44.



9. Place (1) 2 1/2" Fabric AA square on the top right corner of (1) 3 1/4" x 6 1/2" Fabric A strip, right sides together (Diagram 48). Sew across the diagonal of the small square from the upper left corner to the lower right corner (Diagram 48). Flip open the triangle formed and press (Diagram 49). Trim away the excess fabric from behind the triangle 1/4" away from the sewn seam.

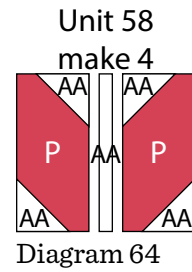
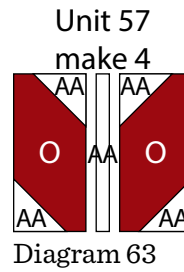
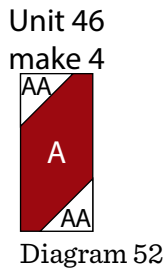
10. Follow Diagram 50 for the seam direction to add a 2 1/2" Fabric A square to the lower left corner of the 3 1/4" x 6 1/2" Fabric A strip to make (1) Unit 45 strip (Diagram 51).

11. Repeat Steps 9-10 to make (4) Unit 45 strips total.

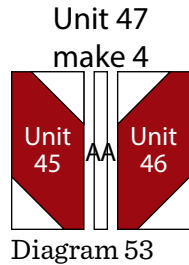


# Nordic Winter

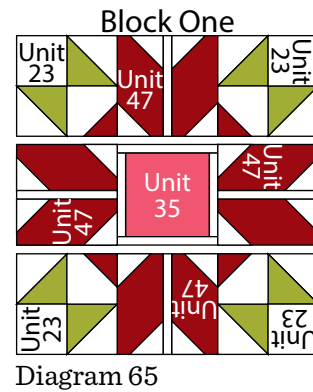
**12.** Repeat Steps 9-10 and refer to Diagram 52 for fabric identification, placement, seam direction and orientation to make (4) Unit 46 strips.



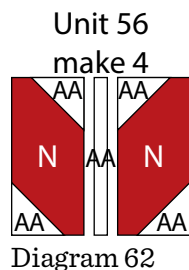
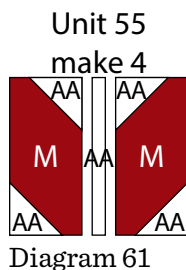
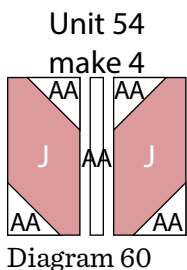
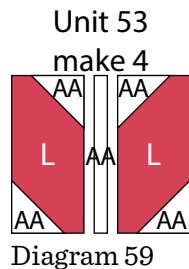
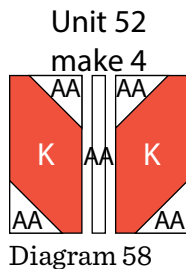
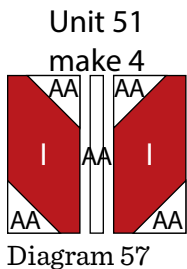
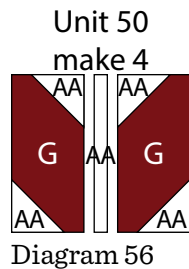
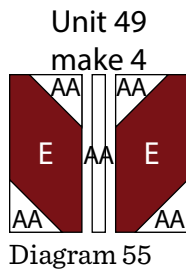
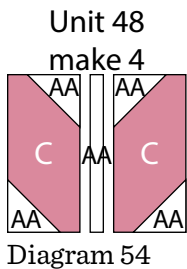
**13.** Sew (1) Unit 45 strip to the left side of (1) 1" x 6 1/2" Fabric AA strip. Sew (1) Unit 46 strip to the right side of the Fabric AA strip to make (1) 6 1/2" Unit 47 square (Diagram 53). Repeat to make (4) Unit 47 squares total.



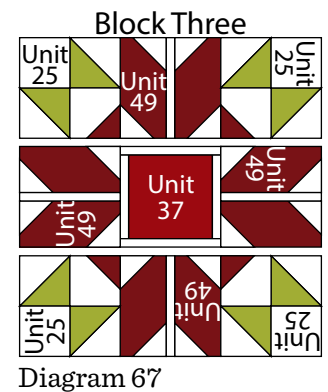
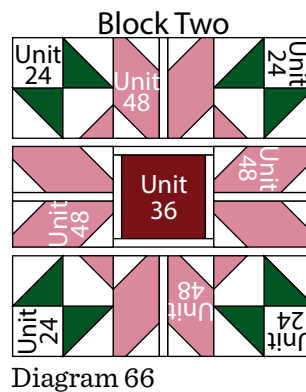
**15.** Sew (1) Unit 23 square to each side of (1) Unit 47 square to make the top row. Repeat to make the bottom row. Sew (1) Unit 47 square to each side of (1) Unit 35 square to make the middle row. Sew the (3) rows together lengthwise to make (1) 18 1/2" Block One square (Diagram 65).



**14.** Repeat Steps 9-10 and 13 and refer to Diagrams 54-64 for component identification, placement, seam direction and orientation to make (4) of each unit squares for Unit 48 through Unit 58.



**16.** Repeat Step 15 and refer to Diagrams 66-76 for component identification, placement and orientation to make (1) of each block square for Block Two through Block Twelve.



# Nordic Winter

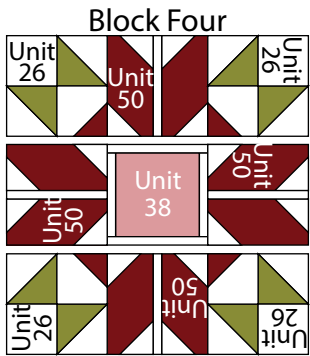


Diagram 68

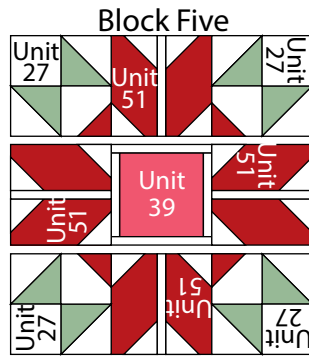


Diagram 69

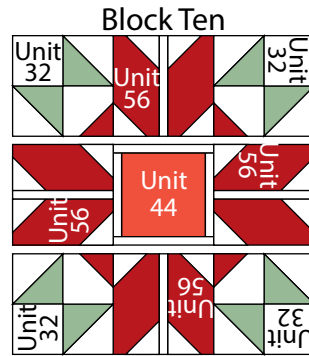


Diagram 74

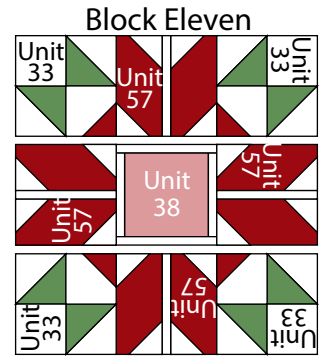


Diagram 75

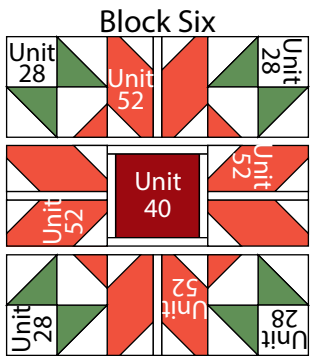


Diagram 70

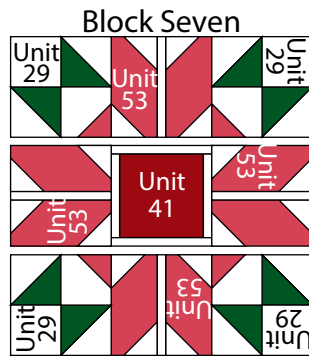


Diagram 71

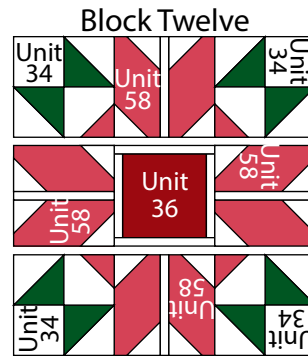


Diagram 76

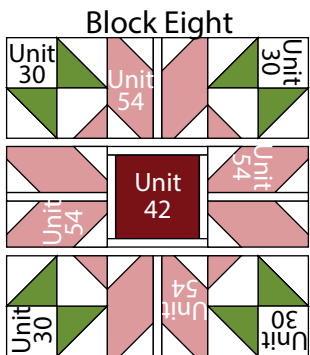


Diagram 72

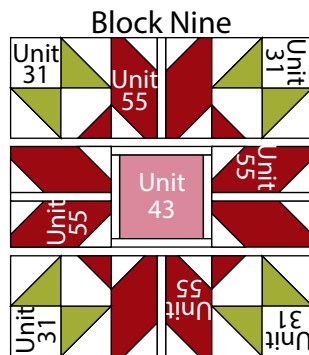


Diagram 73

- 17.** Sew (4)  $1\frac{1}{2}$ " Fabric P squares and (3)  $1\frac{1}{2}$ " x  $18\frac{1}{2}$ " Fabric AA strips together, alternating them from left to right, to make (1) Block Thirteen strip (Diagram 77 below). Repeat to make (5) Block Thirteen strips total.

## Quilt Top Assembly

*(Refer to the Quilt Layout when assembling the quilt top.)*

- 18.** Sew together (1)  $1\frac{1}{2}$ " x  $18\frac{1}{2}$ " Fabric AA strip, (1) Block One square, (1)  $1\frac{1}{2}$ " x  $18\frac{1}{2}$ " Fabric AA strip, (1) Block Two square, (1)  $1\frac{1}{2}$ " x  $18\frac{1}{2}$ " Fabric AA strip, (1) Block Three square and (1)  $1\frac{1}{2}$ " x  $18\frac{1}{2}$ " Fabric AA strip, in that order from left to right, to make Row One.
- 19.** Sew together (1)  $1\frac{1}{2}$ " x  $18\frac{1}{2}$ " Fabric AA strip, (1) Block Four square, (1)  $1\frac{1}{2}$ " x  $18\frac{1}{2}$ " Fabric AA strip, (1) Block Five square, (1)  $1\frac{1}{2}$ " x  $18\frac{1}{2}$ " Fabric AA strip, (1) Block Six square and (1)  $1\frac{1}{2}$ " x  $18\frac{1}{2}$ " Fabric AA strip, in that order from left to right, to make Row Two.

## Block Thirteen

make 5



Diagram 77

# Nordic Winter

**20.** Sew together (1) 1 1/2" x 18 1/2" Fabric AA strip, (1) Block Seven square, (1) 1 1/2" x 18 1/2" Fabric AA strip, (1) Block Eight square, (1) 1 1/2" x 18 1/2" Fabric AA strip, (1) Block Nine square and (1) 1 1/2" x 18 1/2" Fabric AA strip, in that order from left to right, to make Row Three.

**21.** Sew together (1) 1 1/2" x 18 1/2" Fabric AA strip, (1) Block Ten square, (1) 1 1/2" x 18 1/2" Fabric AA strip, (1) Block Eleven square, (1) 1 1/2" x 18 1/2" Fabric AA strip, (1) Block Twelve square and (1) 1 1/2" x 18 1/2" Fabric AA strip, in that order from left to right, to make Row Four.

**22.** Sew together the (5) Block Thirteen strips and (4) pieced rows in numerical order, lengthwise and alternating them from top to bottom, to make the Center Block.

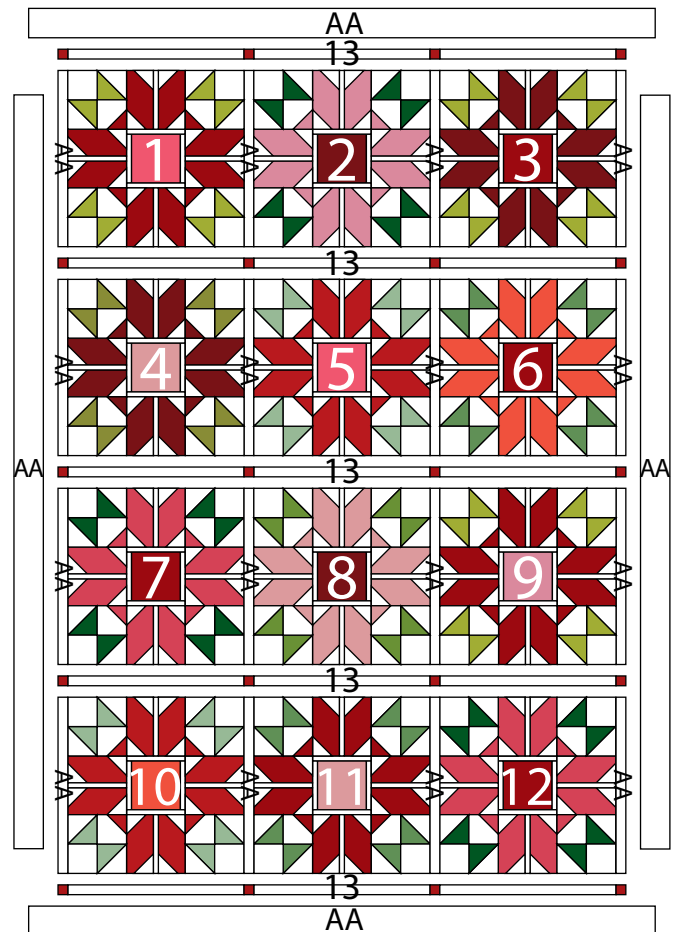
**23.** Sew (1) 3 1/2" x 77 1/2" Fabric AA strip to each side of the Center Block. Sew (1) 3 1/2" x 64 1/2" Fabric AA strip to the top and to the bottom of the Center Block to make the quilt top.

## Finishing the Quilt

**24.** Layer and quilt as desired.

**25.** Sew the (8) Fabric L binding strips together, end to end with a 45-degree seams, to make the binding. Fold this long strip in half lengthwise with wrong sides together and press.

**26.** Bind as desired.



Quilt Layout



# Rouge & Forest

ANDOVER FABRICS



## Rouge

Note: All yardages listed below are for Rouge Version.  
See Fabric Requirements on Page 2 for Forest Version.



9731-R 1/2 yd



9732-R 1 1/8 yds  
(includes binding)



9733-R 1/2 yd



9734-R 1/2 yd



9735-E 1/2 yd



9736-R 1/4 yd



9737-R 1/4 yd



9738-R 1/4 yd



9739-R 1/2 yd



9740-E 1/4 yd



9741-E 1/2 yd



9742-R 1/4 yd



9743-R 1/4 yd



9744-R 1/4 yd

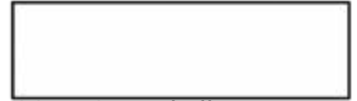


9745-R 1/3 yd



9746-R 1/4 yd

Blend with fabrics  
from **Century Solids**  
from Andover Fabrics



CS-10 Cottonball 9 1/2 yds  
(includes backing)

## Forest



9731-G 1/4 yd



9732-G 1/4 yd



9733-G 1/4 yd



9734-G 1/4 yd



9735-G



9736-G 1/4 yd



9737-G



9738-G 1/4 yd



9739-G



9740-G 1/4 yd



9741-G



9742-G 1/4 yd



9743-G 1/4 yd



9744-G



9745-G 1/4 yd



9746-G

## About Our Fabrics

A recognized leader in the quilting industry, Andover Fabrics features designs by a wide variety of talented artists and licenses, including Downton Abbey and Eric Carle's Very Hungry Caterpillar. Catering to the tastes of creative and dedicated quilters, Andover has a style for everyone — authentic reproductions, romantic florals, modern and more.

Fabrics shown are 25% of actual size.



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