**NIGHT AND DAY**

**BY LAURIE SIMPSON**

The Night and Day block is designed to use high contrast fabrics for a striking block. When several blocks are put into a quilt, it will create high contrast secondary designs. Make it scrappy or with a few fabrics.

**CUTTING INSTRUCTIONS:**

(For fabric choices refer to the diagram)

<table>
<thead>
<tr>
<th></th>
<th>4&quot; Block</th>
<th>6&quot; Block</th>
<th>8&quot; Block</th>
<th>12&quot; Block</th>
</tr>
</thead>
<tbody>
<tr>
<td>A:</td>
<td>(8) 1&quot; squares</td>
<td>(8) 1 ¼&quot; squares</td>
<td>(8) 1 ½&quot; squares</td>
<td>(8) 2&quot; squares</td>
</tr>
<tr>
<td>B:</td>
<td>(8) 1&quot; squares</td>
<td>(8) 1 ¼&quot; squares</td>
<td>(8) 1 ½&quot; squares</td>
<td>(8) 2&quot; squares</td>
</tr>
<tr>
<td>C:</td>
<td>(2) 1 ⅞&quot; squares; cut each square once diagonally to make (4) C triangles.</td>
<td>(2) 2 ⅝&quot; squares; cut each square once diagonally to make (4) C triangles.</td>
<td>(2) 2 ⅞&quot; squares; cut the squares once diagonally to make (4) C triangles.</td>
<td>(2) 3 ⅞&quot; squares; cut each square once diagonally to make (4) C triangles.</td>
</tr>
<tr>
<td>D:</td>
<td>(2) 1 ⅞&quot; squares; cut each square once diagonally to make (4) D triangles.</td>
<td>(2) 2 ⅝&quot; squares; cut each square once diagonally to make (4) D triangles.</td>
<td>(2) 2 ⅞&quot; squares; cut the squares once diagonally to make (4) D triangles.</td>
<td>(2) 3 ⅞&quot; squares; cut each square once diagonally to make (4) D triangles.</td>
</tr>
<tr>
<td>E:</td>
<td>(1) 2 ⅞&quot; squares; cut each square once diagonally to make (2) E triangles.</td>
<td>(1) 3 ⅞&quot; square; cut the square once diagonally to make (2) E triangles.</td>
<td>(1) 4 ⅞&quot; square; cut the square once diagonally to make (2) E triangles.</td>
<td>(1) 6 ⅞&quot; square; cut the square once diagonally to make (2) E triangles.</td>
</tr>
<tr>
<td>F:</td>
<td>(1) 2 ⅞&quot; square; cut the square once diagonally to make (2) F triangles.</td>
<td>(1) 3 ⅞&quot; square; cut the square once diagonally to make (2) F triangles.</td>
<td>(1) 4 ⅞&quot; square; cut the square once diagonally to make (2) F triangles.</td>
<td>(1) 6 ⅞&quot; square; cut the square once diagonally to make (2) F triangles.</td>
</tr>
</tbody>
</table>
**ASSEMBLY INSTRUCTIONS:**

1. Place (8) A and B squares into a 4 x 4 grid as shown, alternating between fabrics.

2. Sew the A and B squares together, pressing seams toward the dark fabric to complete the block center.

   ![Diagram of A and B squares](image)

3. Use the following guide for completed block center measurements for each block size:
   
   a. 4” Block: 2 ½” x 2 ½” unfinished (2” x 2” finished)
   
   b. 6” Block: 3 ½” x 3 ½” unfinished (3” x 3” finished)
   
   c. 8” Block: 4 ½” x 4 ½” unfinished (4” x 4” finished)
   
   d. 12” Block: 6 ½” x 6 ½” unfinished (6” x 6” finished)

4. Next, place C and D triangles around the block center as shown. At each side of the block center, a C and D triangle should be paired together.

5. Sew C and D triangles together, pressing toward the dark fabric.

6. Sew C/D triangle units to each side of the block center. Once complete, press outward. Ensure that there is a ¼” seam allowance between each point of the block center and the outside edges of the unit as shown with a circle on the diagram.

![Diagram of C and D triangles](image)

7. Place (2) E triangles and (2) F triangles around the edges of the unit created in the above steps.

8. Sew E and F triangles to the unit. Press outward to complete block assembly. Ensure that there is a 1/4” seam allowance as indicated with circles on the completed block diagram.
9. Trim block using the guide listed below:
   a. 4 ½” x 4 ½” unfinished (4” x 4” finished)
   b. 6 ½” x 6 ½” unfinished (6” x 6” finished)
   c. 8 ½” x 8 ½” unfinished (8” x 8” finished)
   d. 12 ½” x 12 ½” unfinished (12” x 12” finished)

DESIGNER INFO

New Collection: Roselyn, featuring classic red, white, and pink hues, is showcased perfectly with Laurie’s newest patterns. “A” is for Apple is a remake of a classic Laurie design featuring her new line. Look for “A” is for Apple kits online or ask your local quilt shop.

Laurie Simpson

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