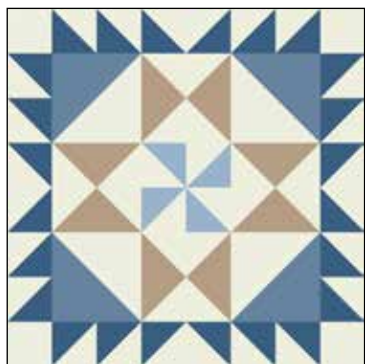


BLOCK HEADS 3

BLOCK
48

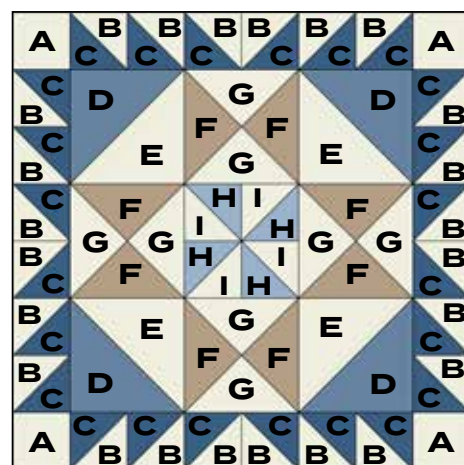
Patterns brought to you compliments of *moda*
FABRICS + SUPPLIES



PURPOSE

BY LISA BONGEAN

*Half Square and Quarter Square
Triangles are all you need to create this
fun block. If you are feeling bold, try
the 4" block with a finished 1" pinwheel
in the center!*



CUTTING INSTRUCTIONS:

(For fabric choices refer to the diagram)

	4" Block	6" Block	8" Block	12" Block
A:	(4) 1" squares.	(4) 1 1/4" squares.	(4) 1 1/2" squares.	(4) 2" squares.
B:	(12) 1 3/8" squares; cut each square once diagonally to make (24) B triangles.	(12) 1 5/8" squares; cut each square once diagonally to make (24) B triangles.	(12) 1 7/8" squares; cut each square once diagonally to make (24) B triangles.	(12) 2 3/8" squares; cut each square once diagonally to make (24) B triangles.
C:	(12) 1 3/8" squares; cut each square once diagonally to make (24) C triangles.	(12) 1 5/8" squares; cut each square once diagonally to make (24) C triangles.	(12) 1 7/8" squares; cut each square once diagonally to make (24) C triangles.	(12) 2 3/8" squares; cut each square once diagonally to make (24) C triangles.
D:	(2) 1 7/8" squares; cut each square once diagonally to make (4) D triangles.	(2) 2 3/8" squares; cut each square once diagonally to make (4) D triangles.	(2) 2 7/8" squares; cut each square once diagonally to make (4) D triangles.	(2) 3 7/8" squares; cut each square once diagonally to make (4) D triangles.
E:	(2) 1 7/8" squares; cut each square once diagonally to make (4) E triangles.	(2) 2 3/8" squares; cut each square once diagonally to make (4) E triangles.	(2) 2 7/8" squares; cut each square once diagonally to make (4) E triangles.	(2) 3 7/8" squares; cut each square once diagonally to make (4) E triangles.
F:	(2) 2 1/4" squares; cut each square twice diagonally to make (8) F triangles.	(2) 2 3/4" squares; cut each square twice diagonally to make (8) F triangles.	(2) 3 1/4" squares; cut each square twice diagonally to make (8) F triangles.	(2) 4 1/4" squares; cut each square twice diagonally to make (8) F triangles.
G:	(2) 2 1/4" squares; cut each square twice diagonally to make (8) G triangles.	(2) 2 3/4" squares; cut each square twice diagonally to make (8) G triangles.	(2) 3 1/4" squares; cut each square twice diagonally to make (8) G triangles.	(2) 4 1/4" squares; cut each square twice diagonally to make (8) G triangles.



CUTTING INSTRUCTIONS CONTINTUED:

H:	(2) 1 ³ / ₈ " squares; cut each square once diagonally to make (4) H triangles.	(2) 1 ⁵ / ₈ " squares; cut each square once diagonally to make (4) H triangles.	(2) 1 ⁷ / ₈ " squares; cut each square once diagonally to make (4) H triangles.	(2) 2 ³ / ₈ " squares; cut each square once diagonally to make (4) H triangles.
I:	(2) 1 ³ / ₈ " squares; cut each square once diagonally to make (4) I triangles.	(2) 1 ⁵ / ₈ " squares; cut each square once diagonally to make (4) I triangles.	(2) 1 ⁷ / ₈ " squares; cut each square once diagonally to make (4) I triangles.	(2) 2 ³ / ₈ " squares; cut each square once diagonally to make (4) I triangles.

ASSEMBLY INSTRUCTIONS:

1. The block consists of HST units in various sizes and multiple colorways. Begin large HST assembly by placing (1) D triangle with (1) E triangle, right sides together and edges aligned.

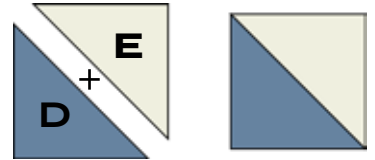
2. Sew along the longest edge of the triangles using a 1/4" seam.

3. Press to the darkest triangle.

4. Repeat to make (4) large D/E HST units.

5. Trim block using the guide listed below:

- 4" Block: 1 1/2" x 1 1/2" unfinished (1" x 1" finished)
- 6" Block: 2" x 2" unfinished (1 1/2" x 1 1/2" finished)
- 8" Block: 2 1/2" x 2 1/2" unfinished (2" x 2" finished)
- 12" Block: 3 1/2" x 3 1/2" unfinished (3" x 3" finished)

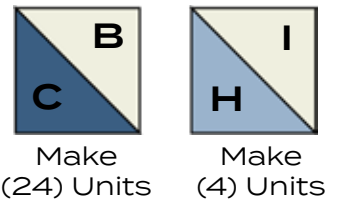


Make (4) Large D/E HST Units

6. Make small HST units using the same piecing instructions described above. Make (24) small B/C HST units and (4) small H/I HST units.

7. Trim block using the guide listed below:

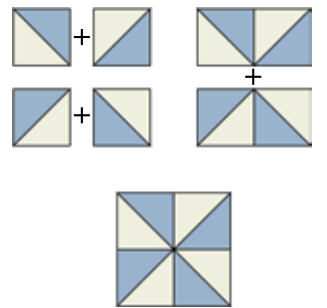
- 4" Block: 1" x 1" unfinished (1/2" x 1/2" finished)
- 6" Block: 1 1/4" x 1 1/4" unfinished (3/4" x 3/4" finished)
- 8" Block: 1 1/2" x 1 1/2" unfinished (1" x 1" finished)
- 12" Block: 2" x 2" unfinished (1 1/2" x 1 1/2" finished)



8. Use (4) small H/I HST units to make a pinwheel for the center of the block. Sew together as shown. You may opt to alternate the direction in which you press the seams, or press open for smaller blocks.

9. Use the following guide to trim the pinwheel block center for each block size:

- 4" Block: 1 1/2" x 1 1/2" unfinished (1" x 1" finished)
- 6" Block: 2" x 2" unfinished (1 1/2" x 1 1/2" finished)
- 8" Block: 2 1/2" x 2 1/2" unfinished (2" x 2" finished)
- 12" Block: 3 1/2" x 3 1/2" unfinished (3" x 3" finished)

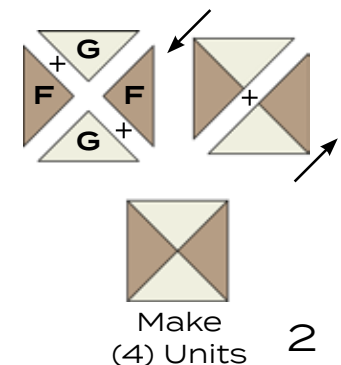


10. Make QST units for the block by sewing (2) F triangles and (2) G triangles together as shown. Please note that the longest edges of the triangles will create the outside edges of the QST unit. Arrows indicate pressing instructions.

11. Repeat to make (4) identical QST units.

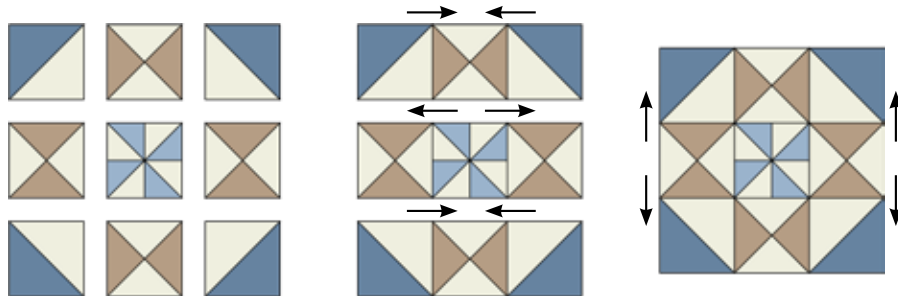
12. Use the following guide to trim QST units for each block size:

- 4" Block: 1 1/2" x 1 1/2" unfinished (1" x 1" finished)
- 6" Block: 2" x 2" unfinished (1 1/2" x 1 1/2" finished)
- 8" Block: 2 1/2" x 2 1/2" unfinished (2" x 2" finished)
- 12" Block: 3 1/2" x 3 1/2" unfinished (3" x 3" finished)

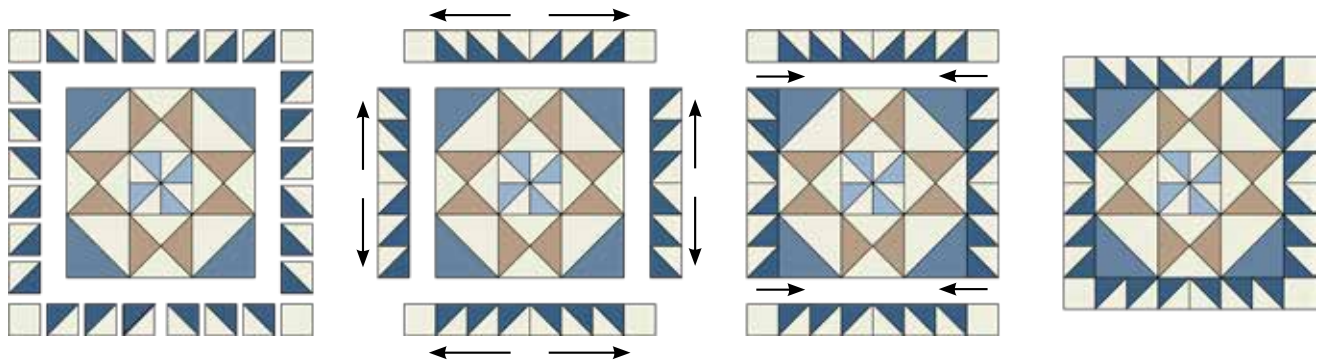




13. Make the interior of the block using (4) large D/E HST units, (4) QST units and the pinwheel block center. Please note the orientation of the HST and QST units.
14. Sew together as shown. Arrows indicate pressing instructions. (For smaller blocks, you may opt to press seams open to reduce bulk.)
15. Use the following guide to trim the interior of the block for each block size:
 - a. 4" Block: 3 1/2" x 3 1/2" unfinished (3" x 3" finished)
 - b. 6" Block: 5" x 5" unfinished (4 1/2" x 4 1/2" finished)
 - c. 8" Block: 6 1/2" x 6 1/2" unfinished (6" x 6" finished)
 - d. 12" Block: 9 1/2" x 9 1/2" unfinished (9" x 9" finished)



16. Arrange (24) small B/C HST units and (4) A squares around the interior of the block as shown. Please note the orientation of the small HST units.
17. Sew together as shown. Arrows indicate pressing instructions.



18. Trim block using the guide listed below:
 - a. 4 1/2" x 4 1/2" unfinished (4" x 4" finished)
 - b. 6 1/2" x 6 1/2" unfinished (6" x 6" finished)
 - c. 8 1/2" x 8 1/2" unfinished (8" x 8" finished)
 - d. 12 1/2" x 12 1/2" unfinished (12" x 12" finished)

DESIGNER INFO

New Collection: My new fabric line, American Gatherings fabric will arrive in stores January 2021.

Upcoming: We will be hosting a 16 week Stitch Along called American Quilter's, starting in late January, just about the time MBH3 is wrapping up.



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