

BLOCK HEADS 3

BLOCK
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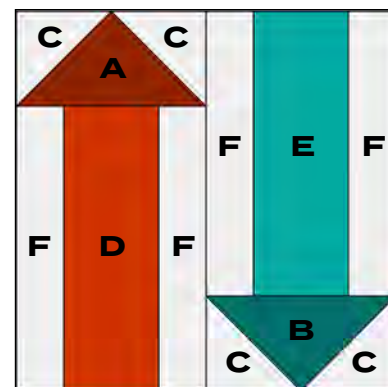
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FABRICS + SUPPLIES



WHERE TO GO

BY BRIGITTE HEITLAND

"Where To Go" is the daily question each morning. What are my values, my goals? And what do I want my time and energy on?



CUTTING INSTRUCTIONS:

(For fabric choices refer to the diagram)

	4" Block	6" Block	8" Block	12" Block
A:	(1) 1 1/2" x 2 1/2" rectangle.	(1) 2" x 3 1/2" rectangle.	(1) 2 1/2" x 4 1/2" rectangle.	(1) 3 1/2" x 6 1/2" rectangle.
B:	(1) 1 1/2" x 2 1/2" rectangle.	(1) 2" x 3 1/2" rectangle.	(1) 2 1/2" x 4 1/2" rectangle.	(1) 3 1/2" x 6 1/2" rectangle.
C:	(4) 1 1/2" squares; draw a diagonal line from corner to corner on the wrong side of each square.	(4) 2" squares; draw a diagonal line from corner to corner on the wrong side of each square.	(4) 2 1/2" squares; draw a diagonal line from corner to corner on the wrong side of each square.	(4) 3 1/2" squares; draw a diagonal line from corner to corner on the wrong side of each square.
D:	(1) 1 1/2" x 3 1/2" rectangle.	(1) 2" x 5" rectangle.	(1) 2 1/2" x 6 1/2" rectangle.	(1) 3 1/2" x 9 1/2" rectangle.
E:	(1) 1 1/2" x 3 1/2" rectangle.	(1) 2" x 5" rectangle.	(1) 2 1/2" x 6 1/2" rectangle.	(1) 3 1/2" x 9 1/2" rectangle.
F:	(4) 1" x 3 1/2" rectangles.	(4) 1 1/4" x 5" rectangles.	(4) 1 1/2" x 6 1/2" rectangles.	(4) 2" x 9 1/2" rectangles.

ASSEMBLY INSTRUCTIONS:

1. Begin block assembly by creating flying geese units in (2) colorways.
2. Place (1) C square with a drawn diagonal line onto the corner of (1) A rectangle, right sides together and edges aligned.
3. Sew along the drawn diagonal line.
4. Trim outermost excess fabric to 1/4" and press to the corner.



5. Repeat stitch and flip techniques on the remaining side of the A rectangle to complete (1) A/C flying geese unit.



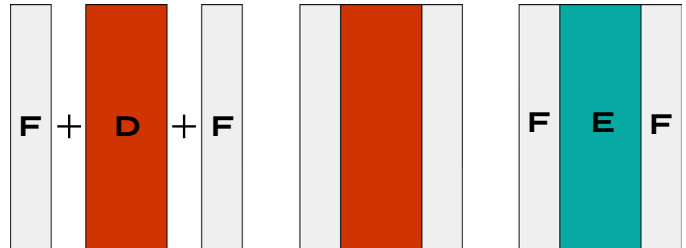
6. Repeat to make (1) B/C flying geese unit.

7. Use the following guide to trim flying geese units for each block size:



- a. 4" Block: 1 1/2" x 2 1/2" unfinished (1" x 2" finished)
- b. 6" Block: 2" x 3 1/2" unfinished (1 1/2" x 3" finished)
- c. 8" Block: 2 1/2" x 4 1/2" unfinished (2" x 4" finished)
- d. 12" Block: 3 1/2" x 6 1/2" unfinished (3" x 6" finished)

8. Sew (1) F rectangle onto either side of (1) D rectangle. Press toward D to complete (1) D/F rectangle unit.

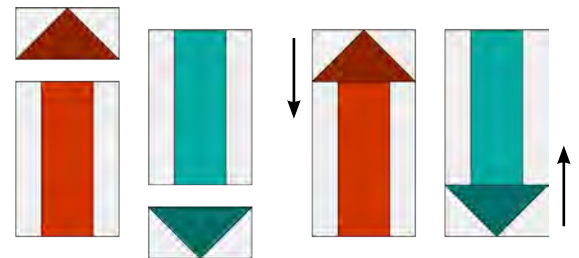


9. Sew (1) F rectangle onto either side of (1) E rectangle. Press toward E to complete (1) E/F rectangle unit.

10. Use the following guide to trim rectangle units for each block size:

- a. 4" Block: 2 1/2" x 3 1/2" unfinished (2" x 3" finished)
- b. 6" Block: 3 1/2" x 5" unfinished (3" x 4 1/2" finished)
- c. 8" Block: 4 1/2" x 6 1/2" unfinished (4" x 6" finished)
- d. 12" Block: 6 1/2" x 9 1/2" unfinished (6" x 9" finished)

11. Place flying geese units in both colorways and rectangle units in both colorways together as shown.



12. Sew together, pressing seams toward the rectangle units. Press the center seam to one side, or press open to reduce bulk.

- a. 4" Block: 2 1/2" x 3 1/2" unfinished (2" x 3" finished)
- b. 6" Block: 3 1/2" x 4 1/2" unfinished (3" x 4" finished)
- c. 8" Block: 4 1/2" x 6 1/2" unfinished (4" x 6" finished)
- d. 12" Block: 6 1/2" x 9 1/2" unfinished (6" x 9" finished)



DESIGNER INFO

Tips: The arrow element of this block can also be used for a border. Just sew several arrows of the same direction, or randomly mixed directions, for a border strip of a quilt project.



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