



Soul in Flight Quilt



Finished Size: 50 ½" x 42 ½" (128.27cm x 107.95cm)

Fabric Needed

3 Wishes Fabric® Spirit of Flight Collection

- 1 Panel – Flight Panel (16481-MUL-CTN-D)
- ⅞ yard – Feathers (16486-BRN-CTN-D) for Piecing and Binding
- ⅓ yard – Butterfly Ombre (16483-MLT-CTN-D)
- ¼ yard – Texture (16482-MLT-CTN-D)
- ¼ yard – Swallows (16484-MLT-CTN-D)
- ¼ yard – Leaves (16487-GLD-CTN-D)
- 2 ⅞ yards Spirit of Flight (16488-BLU-CTN-D) for Backing (Directional)

Additional Supplies Needed:

- 50" x 58" (127cm x 147.32cm) Cotton batting
- Piecing and sewing thread
- Quilting and sewing supplies
- Even-feed foot (optional for quilting)

Before You Begin

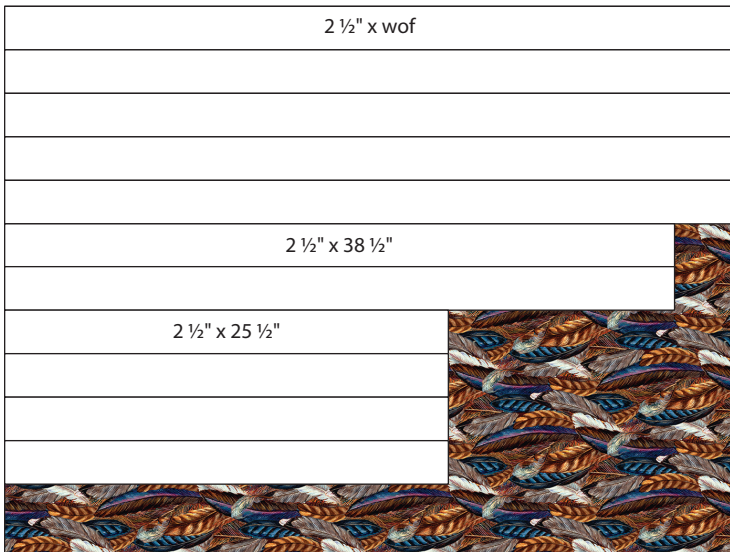
Read all instructions before beginning project. Do not pre-wash fabrics. Press fabrics with a dry iron on cotton setting before cutting. Use a 1/4" (6.35mm) seam allowance and sew fabrics with right sides together (RST) unless otherwise noted. Press seams in the direction of the arrows. wof = width of fabric

Cutting

Use a rotary cutter and acrylic ruler to cut the number of pieces from each fabric listed below.



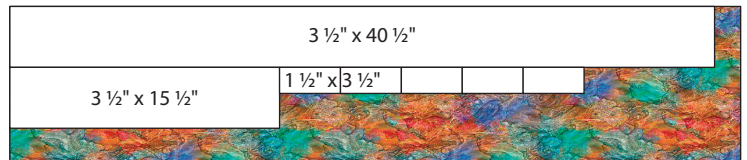
Spirit of Flight Panel (16481-MLT-CTN-D) - 34" (86.36cm) x wof
Fussy Cut 1 - 30 1/2" x 38 1/2" (77.47cm x 97.79cm)



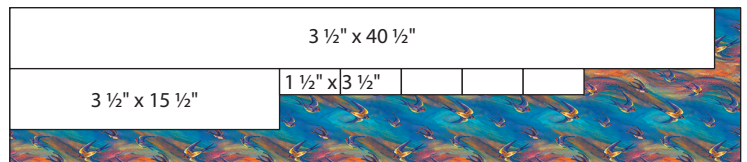
Feathers (16486-BRN-CTN-D) - 7/8 yard
Cut 5 - 2 1/2" (6.35cm) x wof (Binding)
Cut 2 - 2 1/2" x 38 1/2" (6.35cm x 97.79cm)
Cut 4 - 2 1/2" x 25 1/2" (6.35cm x 64.77cm)



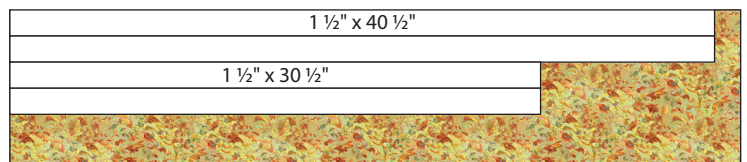
Butterfly Ombre (16483-MLT-CTN-D) - 1/3 yard
Fussy Cut 12 - 3 1/2" x 3 1/2" (8.89cm x 8.89cm) - Half from orange hues and half from blue hues



Texture (16482-MLT-CTN-D) - 1/4 yard
Cut 1 - 3 1/2" x 40 1/2" (8.89cm x 102.87cm)
Cut 1 - 3 1/2" x 15 1/2" (8.89cm x 39.37cm)
Cut 5 - 1 1/2" x 3 1/2" (3.81cm x 8.89cm)



Swallows (16484-MLT-CTN-D) - 1/4 yard
Cut 1 - 3 1/2" x 40 1/2" (8.89cm x 102.87cm)
Cut 1 - 3 1/2" x 15 1/2" (8.89cm x 39.37cm)
Cut 5 - 1 1/2" x 3 1/2" (3.81cm x 8.89cm)

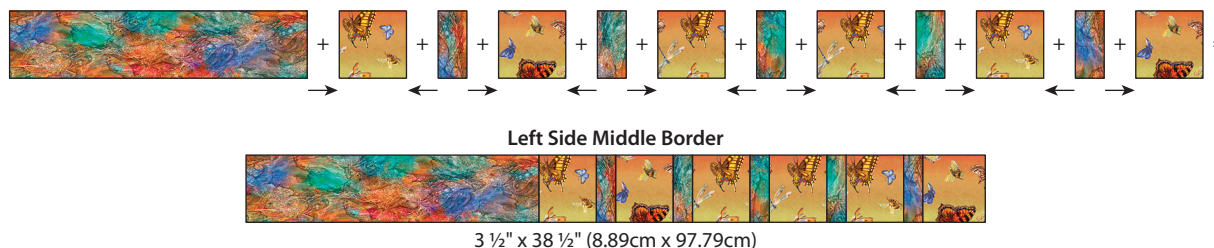


Leaves (16487-GLD-CTN-D) - 1/4 yard
Cut 2 - 1 1/2" x 40 1/2" (3.81cm x 102.87cm)
Cut 2 - 1 1/2" x 30 1/2" (3.81cm x 77.47cm)

Sewing

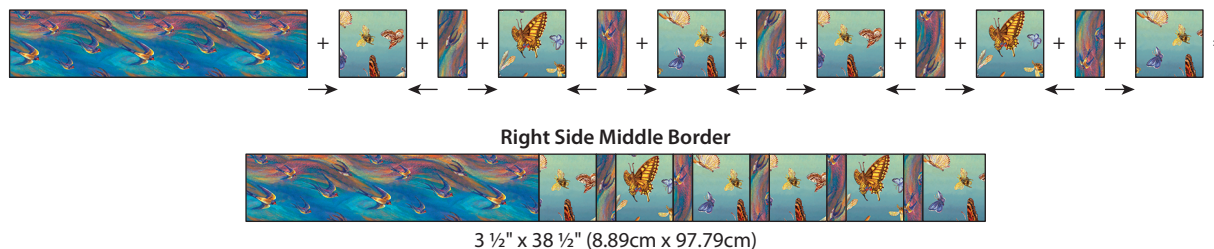
1. Follow Diagram A and place one Texture rectangle $3\frac{1}{2}'' \times 15\frac{1}{2}''$ (8.89cm x 39.37cm), five Texture rectangles $1\frac{1}{2}'' \times 3\frac{1}{2}''$ (3.81cm x 8.89cm) and six Fussy Cut Butterfly Ombre squares $3\frac{1}{2}'' \times 3\frac{1}{2}''$ (8.89cm x 8.89cm) as shown. **Note:** Use the orange hue squares. Pin RST, sew and press to make the Left Side Middle Border $3\frac{1}{2}'' \times 38\frac{1}{2}''$ (8.89cm x 97.79cm).

Dia. A



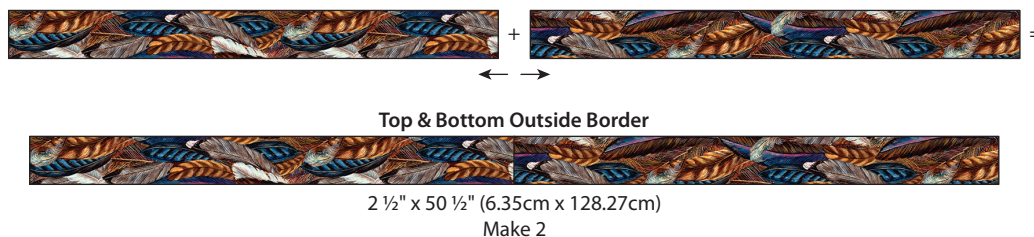
2. Follow Diagram B and place one Swallows rectangle $3\frac{1}{2}'' \times 15\frac{1}{2}''$ (8.89cm x 39.37cm), five Swallows rectangles $1\frac{1}{2}'' \times 3\frac{1}{2}''$ (3.81cm x 8.89cm) and six Fussy Cut Butterfly Ombre squares $3\frac{1}{2}'' \times 3\frac{1}{2}''$ (8.89cm x 8.89cm) as shown. **Note:** Use the blue hue squares. Pin RST, sew and press to make the Right Side Middle Border $3\frac{1}{2}'' \times 38\frac{1}{2}''$ (8.89cm x 97.79cm).

Dia. B



3. Follow Diagram C and place two Feathers rectangles $2\frac{1}{2}'' \times 25\frac{1}{2}''$ (6.35cm x 64.77cm) as shown. Pin the short ends RST, sew and press to make the Top Outside Border $2\frac{1}{2}'' \times 50\frac{1}{2}''$ (6.35cm x 128.27cm). Repeat to make the Bottom Outside Border.

Dia. C



4. Refer to Diagram D to place the Borders around the Fussy Cut Panel 38 1/2" x 30 1/2" (97.79cm x 77.47cm). Pin and sew the borders in the order specified and press as shown by the arrows. The finished Quilt Top should measure 50 1/2" x 42 1/2" (128.27cm x 107.95cm).

INSIDE BORDER:

Sides: 2 – Leaves strips 1 1/2" x 30 1/2" (3.81cm x 77.47cm)

Top and Bottom: 2 – Leaves strips 1 1/2" x 40 1/2" (3.81cm x 102.87cm)

Quilt Top Finishes: 40 1/2" x 32 1/2" (102.87cm x 82.55cm)

MIDDLE BORDER:

Top: Texture strip 3 1/2" x 40 1/2" (8.89cm x 102.87cm)

Bottom: Swallows strip 3 1/2" x 40 1/2" (8.89cm x 102.87cm)

Left Side (from Step 2): 3 1/2" x 38 1/2" (8.89cm x 97.79cm) **Note:** Orientation

Right Side (from Step 3): 3 1/2" x 38 1/2" (8.89cm x 97.79cm) **Note:** Orientation

Quilt Top Finishes: 46 1/2" x 38 1/2" (118.11cm x 97.79cm)

OUTSIDE BORDER:

Sides: Feathers rectangles 2 1/2" x 38 1/2" (6.35cm x 97.79cm)

Top and Bottom (from Step 4): 2 1/2" x 50 1/2" (6.35cm x 128.27cm)

Quilt Top Finishes: 50 1/2" x 42 1/2" (128.27cm x 107.95cm)

Dia. D



5. To make the Spirit of Flight Backing, remove the selvages and cut one piece 40 ¼" x 50" (102.24cm x 127cm), one piece 18 ¼" x 50" (46.36cm x 127cm). Pin the two sections RST and sew along the long edges as shown in Diagram E. **Note:** Fabric direction. Press the seam open or to one side. The Backing should measure 50" x 58" (127cm x 147.32cm).

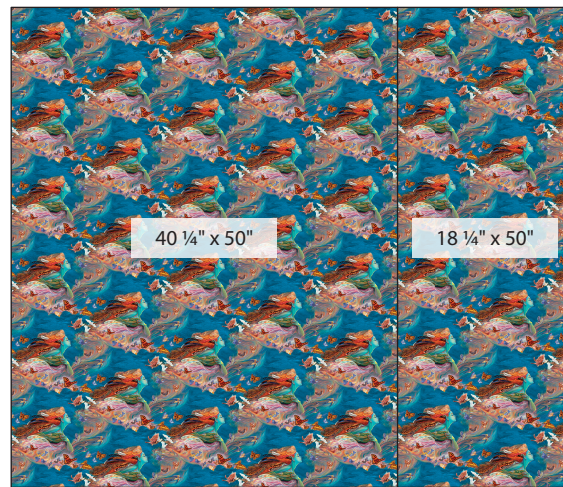


Spirit of Flight (16488-BLU-CTN-D) - 2 7/8 yards for Backing

Cut 1 - 40 ¼" x 50" (102.24cm x 127cm)

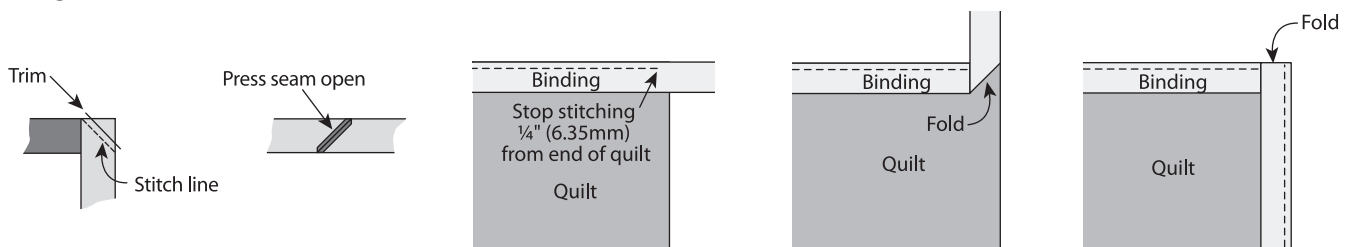
Cut 1 - 18 ¼" x 50" (46.36cm x 127cm)

Dia. E



50" x 58" (127cm x 147.32cm)

6. Press finished Quilt Top and Backing. Tape the Backing **wrong** side up to a firm surface. Layer Batting and Quilt Top (right side up). Baste the layers together with safety pins. Quilt as desired.
7. Once quilting is complete, square up corners and edges, trimming excess Backing and Batting even with the Quilt Top.
8. To make the Feathers Binding, remove selvages and sew the short ends of the five 2 ½" (6.35cm) x wof strips RST end to end at a 45° angle to make one continuous strip; press seams open. Press one short end ¼" (6.35mm) to the **wrong** side. Fold in half lengthwise with **wrong** sides together; press. Leaving a 2" (5.08cm) tail on the folded end, place cut edges of folded Binding even with the edge of the Quilt Top and sew, mitering the corners. Overlap ends, trim any excess and finish sewing the Binding. Fold Binding over to back and hand stitch.



Finished Care Instructions

Machine wash in cold water; gentle cycle. Do not bleach. **Tip:** Before drying, check for fabric dyes that may have run. If fabric dyes run, rewash and rinse using a color catcher to absorb loose dye. Lay flat to dry or tumble dry low.