

BLOCK HEADS 3

BLOCK
34

Patterns brought to you compliments of *moda*
FABRICS + SUPPLIES



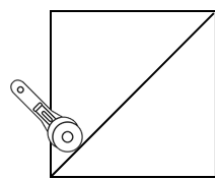
FULFILLMENT

BY LISA BONGEAN

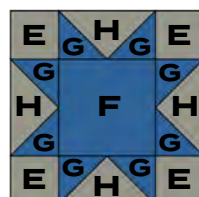
Use Triangle Papers and do the best you can on this little star. Mine is not perfect, but it is good enough to say "I made a 1" finished star block inside a 4" block!" I double dog dare you to try it!

CUTTING INSTRUCTIONS:

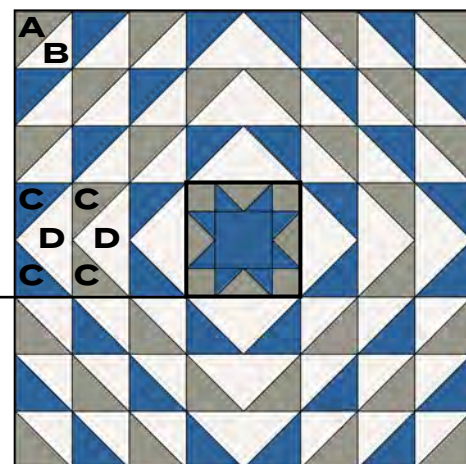
(Please note: Follow the diagram shown for fabric choices. For A and C units, multiple fabrics are shown. Decide how many fabrics you wish to include, then adjust cutting for A and C units accordingly.)



Cut Square Once Diagonally



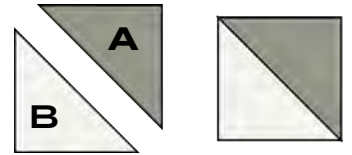
Center star fabric labels



	4" Block	6" Block	8" Block	12" Block
A:	Cut (18) 1 3/8" squares; cut each square once diagonally to create (36) A triangles.	Cut (18) 1 5/8" squares; cut each square once diagonally to create (36) A triangles.	Cut (18) 1 7/8" squares; cut each square once diagonally to create (36) A triangles.	Cut (18) 2 3/8" squares; cut each square once diagonally to create (36) A triangles.
B:	Cut (18) 1 3/8" squares; cut each square once diagonally to create (26) B triangles.	Cut (18) 1 5/8" squares; cut each square once diagonally to create (36) B triangles.	Cut (18) 1 7/8" squares; cut each square once diagonally to create (36) B triangles.	Cut (18) 2 3/8" squares; cut each square once diagonally to create (36) B triangles.
C:	Cut (24) 1" squares; draw a diagonal line from corner to corner on the wrong side of each square.	Cut (24) 1 1/4" squares; draw a diagonal line from corner to corner on the wrong side of each square.	Cut (24) 1 1/2" squares; draw a diagonal line from corner to corner on the wrong side of each square.	Cut (24) 2" squares; draw a diagonal line from corner to corner on the wrong side of each square.
D:	Cut (12) 1" x 1 1/2" rectangles.	Cut (12) 1 1/4" x 2" rectangles.	Cut (12) 1 1/2" x 2 1/2" rectangles.	Cut (12) 2" x 3 1/2" rectangles.
E:	Cut (4) 3/4" squares.	Cut (4) 7/8" squares.	Cut (4) 1" squares.	Cut (4) 1 1/4" squares.
F:	Cut (1) 1" square.	Cut (1) 1 1/4" square.	Cut (1) 1 1/2" square.	Cut (1) 2" square.
G:	Cut (8) 3/4" squares; draw a diagonal line from corner to corner on the wrong side of each square.	Cut (8) 7/8" squares; draw a diagonal line from corner to corner on the wrong side of each square.	Cut (8) 1" squares; draw a diagonal line from corner to corner on the wrong side of each square.	Cut (8) 1 1/4" squares; draw a diagonal line from corner to corner on the wrong side of each square.
H:	Cut (4) 3/4" x 1" rectangles.	Cut (4) 7/8" x 1 1/4" rectangles.	Cut (4) 1" x 1 1/2" rectangles.	Cut (4) 1 1/4" x 2" rectangles.

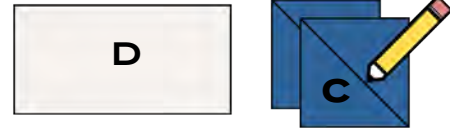
ASSEMBLY INSTRUCTIONS:

1. Begin HST unit assembly using (36) A triangles and (36) B triangles. Place triangles right sides together and edges aligned.
2. Sew the longest edges of the triangles together using a $\frac{1}{4}$ " seam. Press toward the darkest triangle fabric.
3. Repeat to create (36) HST units using A and B triangles. Trim HST units using the following guide:
 - a. 4" Block: 1" x 1" unfinished ($\frac{1}{2}$ " x $\frac{1}{2}$ " finished)
 - b. 6" Block: 1 $\frac{1}{4}$ " x 1 $\frac{1}{4}$ " unfinished ($\frac{3}{4}$ " x $\frac{3}{4}$ " finished)
 - c. 8" Block: 1 $\frac{1}{2}$ " x 1 $\frac{1}{2}$ " unfinished (1" x 1" finished)
 - d. 12" Block: 2" x 2" unfinished (1 $\frac{1}{2}$ " x 1 $\frac{1}{2}$ " finished)



Create (36)
Total HST Units

5. Place (1) C square with a drawn diagonal line onto the corner of (1) D rectangle, right sides together and edges aligned. Diagrams show accurate C square orientation.
6. Sew along the drawn diagonal line.



7. Trim outermost excess fabric to $\frac{1}{4}$ ". Press toward the corner.
8. Repeat stitch and flip techniques on the remaining corner of the D rectangle as shown to complete a flying geese unit.



9. Trim large flying geese units using the following guide:
 - a. 4" Block: 1" x 1 $\frac{1}{2}$ " unfinished ($\frac{1}{2}$ " x 1" finished)
 - b. 6" Block: 1 $\frac{1}{4}$ " x 2" unfinished ($\frac{3}{4}$ " x 1 $\frac{1}{2}$ " finished)
 - c. 8" Block: 1 $\frac{1}{2}$ " x 2 $\frac{1}{2}$ " unfinished (1" x 2" finished)
 - d. 12" Block: 2" x 3 $\frac{1}{2}$ " unfinished (1 $\frac{1}{2}$ " x 3" finished)

10. Repeat flying geese unit assembly techniques for the block's star center. Use (4) H rectangles and (8) G squares with a drawn diagonal line to complete (4) small flying geese units. Trim small flying geese units using the following guide:

- a. 4" Block: $\frac{3}{4}$ " x 1" unfinished ($\frac{1}{4}$ " x $\frac{1}{2}$ " finished)
- b. 6" Block: $\frac{7}{8}$ " x 1 $\frac{1}{4}$ " unfinished ($\frac{3}{8}$ " x $\frac{3}{4}$ " finished)
- c. 8" Block: 1" x 1 $\frac{1}{2}$ " unfinished ($\frac{1}{2}$ " x 1" finished)
- d. 12" Block: 1 $\frac{1}{4}$ " x 2" unfinished ($\frac{3}{4}$ " x 1 $\frac{1}{2}$ " finished)



Create (4) Small
Flying Geese
Units

11. Complete the center star using (4) small flying geese units, (4) E squares and (1) F square. Press seams open to reduce bulk.

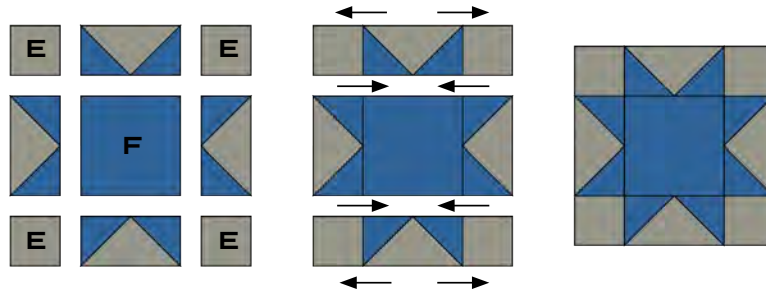




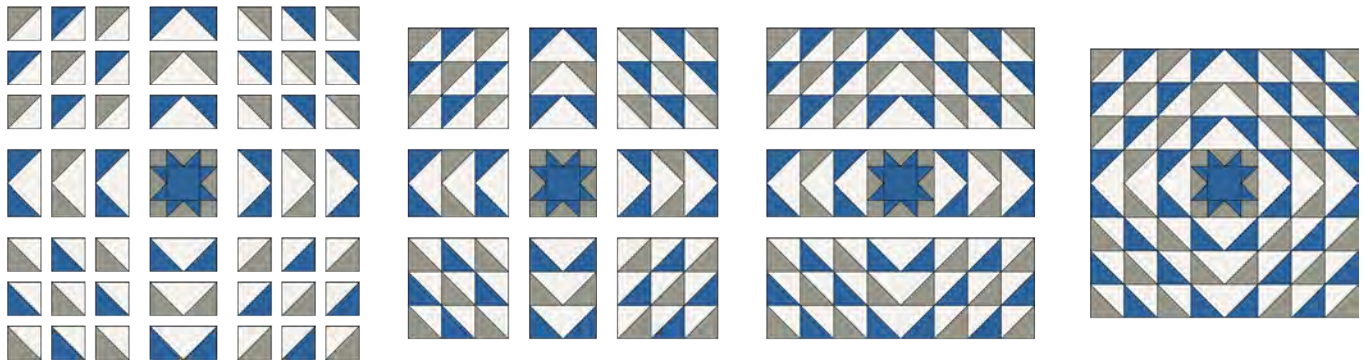
ASSEMBLY INSTRUCTIONS:

12. Use the following guide for completed center star measurements for each block size:

- a. 4" Block: 1 1/2" x 1 1/2" unfinished (1" x 1" finished)
- b. 6" Block: 2" x 2" unfinished (1 1/2" x 1 1/2" finished)
- c. 8" Block: 2 1/2" x 2 1/2" unfinished (2" x 2" finished)
- d. 12" Block: 3 1/2" x 3 1/2" unfinished (3" x 3" finished)



13. Complete block assembly using the center star, (12) large flying geese, (36) HST units and the block's center star. Diagrams show accurate HST and flying geese orientation. Alternate the direction in which you press the seams in each row or press open. Diagrams show the block in all stages of assembly.



14. Trim block using the guide listed below:

- a. 4 1/2" x 4 1/2" unfinished (4" x 4" finished)
- b. 6 1/2" x 6 1/2" unfinished (6" x 6" finished)
- c. 8 1/2" x 8 1/2" unfinished (8" x 8" finished)
- d. 12 1/2" x 12 1/2" unfinished (12" x 12" finished)

DESIGNER INFO

New Fabric Line: Farmhouse Flannels II is our newest fabric line debuting in July 2020. Look for more on that on Lisa Bongean's website below.



Lisa Bongean

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