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Sweet Posy Quilt

featuring *One Stitch at a Time* fabric collection by Lynette Anderson

Finished Size: approximately 70" by 87"

Designed by Emily Breclaw for Lecien



Fabric Requirements

One fat quarter bundle of "One Stitch at a Time" by Lynette Anderson

1/2 yard 35076-60 (green) for leaves

5 1/5 yards cream 35075-10 for background

5 yards 35073-70 for backing

1 1/2 yards 35077-71 for binding

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Please read all instructions carefully before you begin.

This pattern assumes the quilter has some experience sewing y-seams. If you are new to y-seams, please check out my book, *Adventures in Hexagons*, for explanations of sewing y-seams by hand and machine. You can find free video tutorials for this quilt and other y-seam quilts like Lecien's Fiesta Time Flowers on my youtube channel, The Caffeinated Quilter.

Cutting Directions

Templates for each of the shapes discussed below can be found on pages 8. If you prefer to use acrylic templates, be sure your templates measure shapes by the finished edge (not through the center). My favorites are the From Marti Michell Hexagon template sets and templates from Paper Pieces.

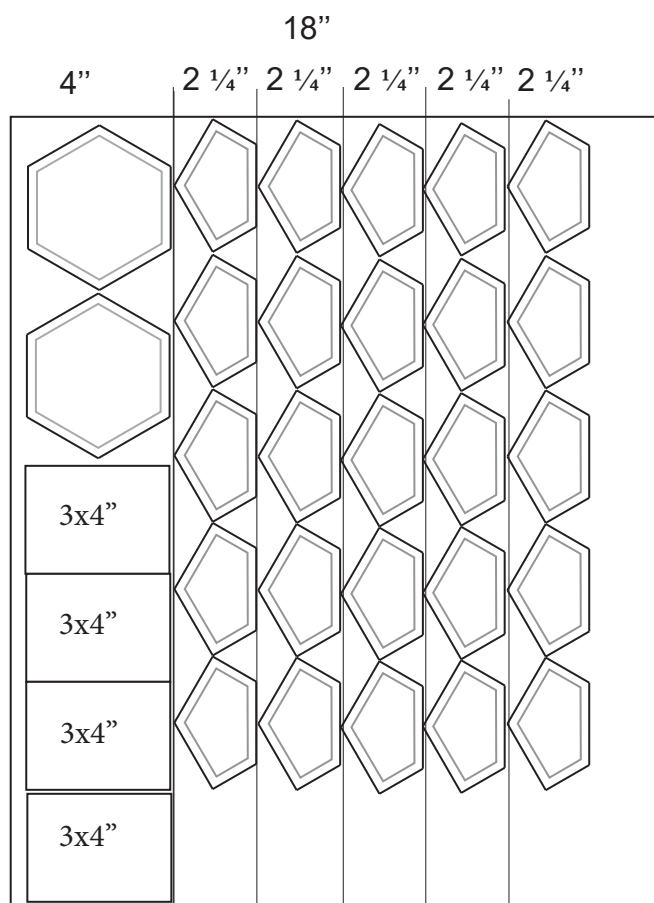
Hexagon- 2" sides

Kite- 2" sides

Third (or crown)- 2" sides

Half-hexagon- 2" sides

Fabric	Strip Width	Number of strips	Crosscut into
30 fat quarters* see diagram below			
Green	2 1/8"	6	108 kites
Background	4"	9	67 hexagons
	2 1/4"	3	28 half hexagons
	2 1/4"	54	540 hexagon crowns
	3	1	10 rectangles (3x4)
	2 1/8"	6	108 kites
Binding	2 1/2"	8 or 9	



*Please note: if you use 30 fat quarters, you will get the best variety of fabrics for the quilt. You will also have enough pieces cut for 60 flowers and centers, while the quilt only uses 54. If you would like to economize fabric, only use 27 fat quarters cut as shown. You will need to cut an additional 12 rectangles for the borders from other scrap fabric.

The One Stitch at a Time bundle comes with 36 fat quarters, so you can use the ones with the round design motifs to fussy-cut flower centers and rectangles for the border if you choose.

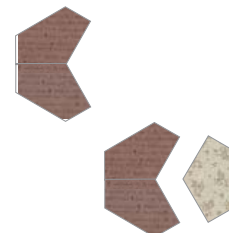
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Sewing the Blocks

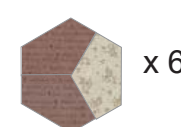
1. Gather:
 - 12 crowns in one color
 - 1 hexagon in a different color
 - 2 green kites
 - 10 background crowns
 - 2 background kites



2. Sew 2 colored crowns together along a short side, using a dot-to-dot seam (see p. 9). NOTE: all seams for this quilt will be sewn dot-to-dot unless otherwise indicated.

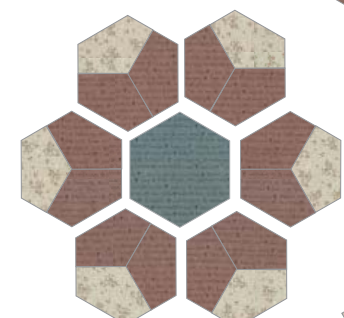


3. Sew a background crown to the unit sewn in step 2.

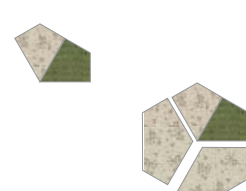


4. Repeat steps 2 and 3 to make six units total

5. Sew a unit from step 4 to each side of the hexagon.



6. Sew a background kite and green kite together along a long side (this seam can be sewn normally, instead of dot-to-dot).



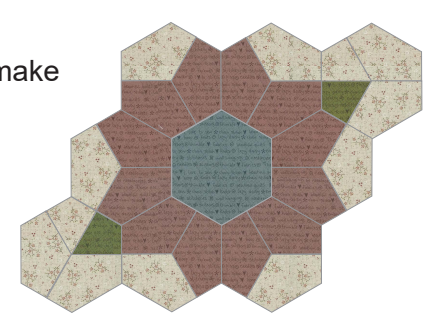
7. Sew two background crowns to the sides of the unit from step 6.



8. Repeat steps 6-7 to make a second leaf block.

(note: steps 7-8 are the same for every block in the quilt. You will need to make 108 of these units total)

9. Sew leaf units to the flower block as shown.



10. Repeat to make 54 flower units total.

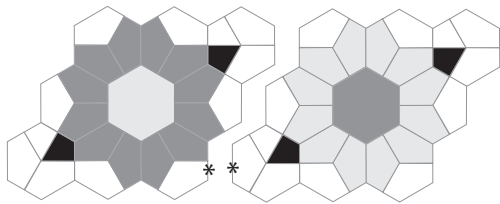
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Quilt Assembly

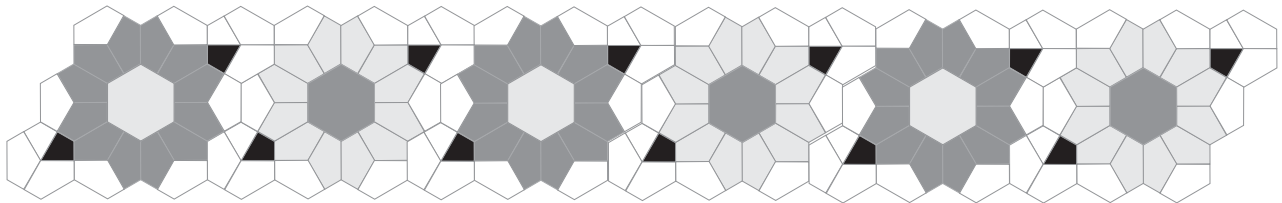
Use the Quilt Layout diagram as a guide to arrange your blocks.

1. On a floor or design wall, arrange your blocks in nine rows of 6 flowers each.

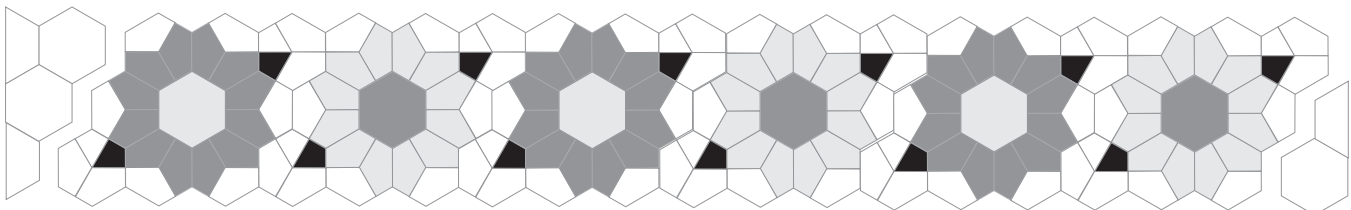
2. Sewing the first row together- Take two flower blocks. Align them right sides together along the starred sides. Pin and sew. Remove blocks from under the machine and align the next pair of sides. Continue sewing until the two blocks are completely sewn together.



3. Repeat until all six blocks are sewn together.

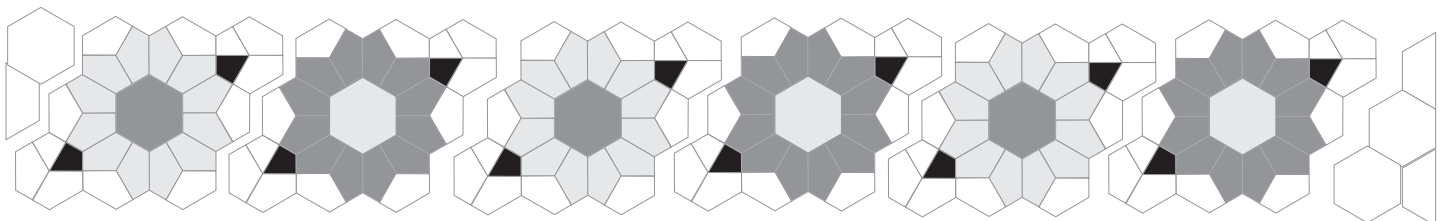


4. Take 3 background hexagons and 3 half-hexagons. Sew to the sides of the row as shown.



5. For the second row, sew six flower blocks as in step 2.

6. Take 3 background hexagons and 3 half-hexagons. Sew to the sides of the row as shown. NOTE: this arrangement is the reverse of the arrangement shown in step 4.

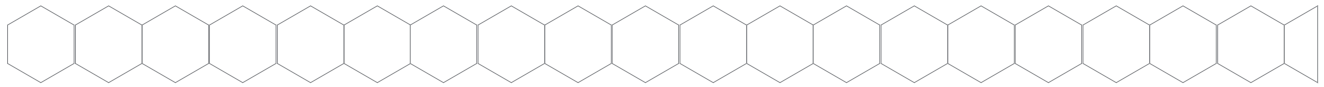


Repeat steps 1-6 until you have sewn all nine rows together. You will start and end on rows that have the two background hexagons on the left side (step 4).

7. Sew the rows together, using dot-to-dot seams and pivoting after each hexagon side.

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8. Take 19 background hexagons and one half-hexagon. Sew together as shown.



9. Repeat to make a second row of 19 hexagons and one half.

10. Sew these rows to the top and bottom of the quilt.

11. Trim the top and bottom of the quilt by doing the following: Use the longest ruler you have, and line up the 1/4" mark with the seam allowance endpoint on the unsewn edges of the hexagon row. Trim the hexagons as shown in the layout diagram.

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Quilt Layout Diagram



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Borders

1. Gather the 3" by 4" rectangles. Sew together along the long sides (These seams are sewn normally, not dot-to-dot). Note: The number of rectangles you will need for each border depends on the size of your quilt top. These numbers worked for mine and are suggested as a starting reference. For the top and bottom borders you will need approximately 27 rectangles.
2. I found it helpful to mark the center of the quilt and border strip before attaching the borders. Line up your center markings and pin. Then pin outward from the center toward the edges. Sew. Press toward border strips.
3. For each side border you will need approximately 38 rectangles. Mark the centers, pin and sew as you did above for top and bottom borders. Press toward borders.

Finishing Instructions

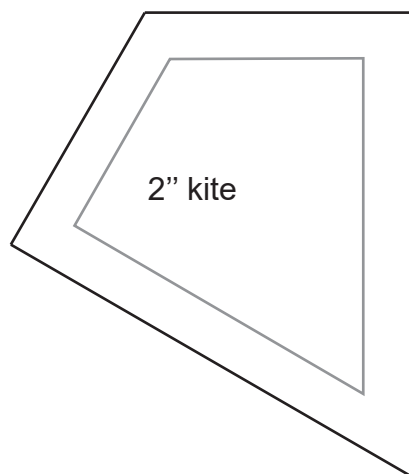
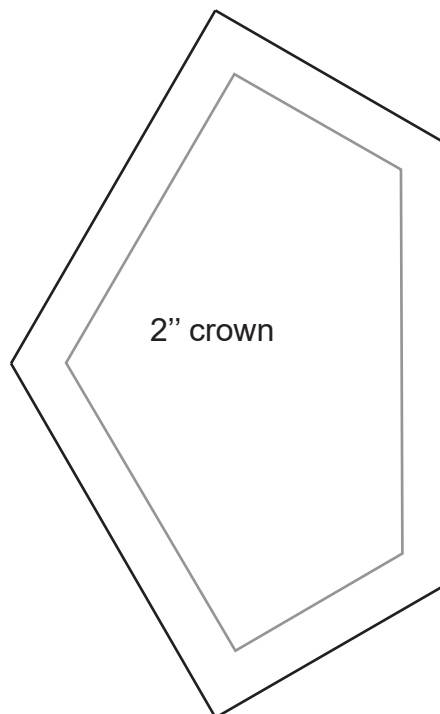
1. Cut the backing fabric in half (resulting in two pieces, 2 1/2 yards by approximately 42" each). Trim selvages and sew the two pieces together along a 2 1/2 yard side. Press the seam.
2. Place the backing wrong side up on a large table or floor. Smooth wrinkles from the center to the edges of the quilt. Tape the edges of the fabric to the floor with masking tape, pulling very slightly to remove any remaining wrinkles.
3. Place the batting on top of the backing. Smooth wrinkles from center to edges.
4. Place the quilt top on batting, right side up and as close to centered as possible. Smooth wrinkles from center to edges. Pin or thread baste the three layers together.
5. Quilt as desired.
6. Join the 8-9 binding strips with diagonal seams to create one long fabric strip. (Use eight strips if you are confident in binding, you will not have much fabric left over to work with for the final seam. Use nine strips for an easier time with the final seam.) Fold in half lengthwise, press in half and attach to quilt.
7. Label and enjoy your Sweet Posy quilt.

Questions? E-mail emily@thecaffeinatedquilter.com
Visit thecaffeinatedquilter.com for more fun and quirky
patterns!

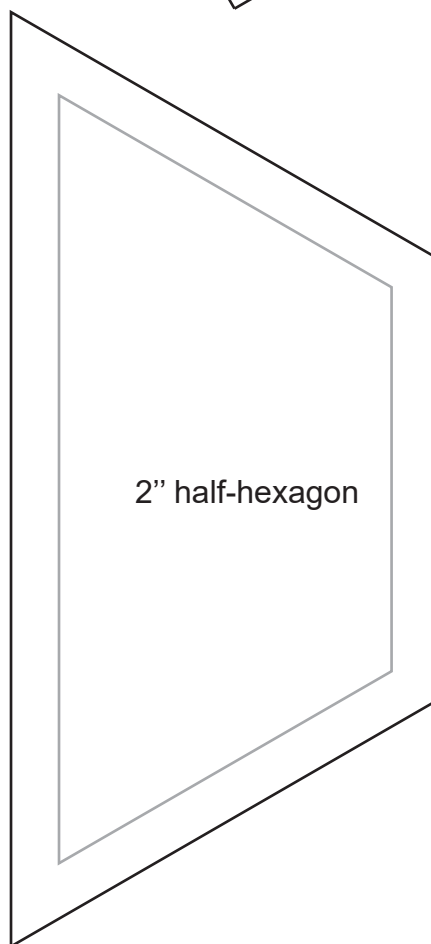
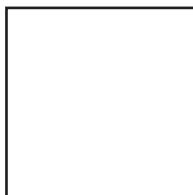
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Templates

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Reference Square:
make sure this square
measures 1" on your
printout to guarantee
accuracy.



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Dot-to-Dot Sewing:

Leave $\frac{1}{4}$ " unsewn at each end of the seam using the following method.

1. Use your templates to mark each diamond with the start and stop points by aligning the template over the diamond and placing a pencil dot in the four holes around the diamond.

2. I prefer to sew this seam by sewing a few tiny stitches at the starting dot, then switching to a normal stitch length for most of the seam, and switching again to the short stitch for the last few stitches, with the last stitch going into the dot. Alternately, you can lock your seams by backstitching, or using the lockstitch on your machine.

However you choose to do it, be sure to secure every seam at the beginning and end so you don't end up with seams unravelling and holes in your quilt.

Use this same method for kites, crowns, half-hexagons, and hexagons as well. When you line up two patches to sew, make sure the dots line up. Especially when sewing hexagons to squares, the edges of the patches will not line up, but aligning the dots will ensure accuracy.

