

# Count Your Blessings

Quilt 1  
by Denise Russell



Quilt size: 68.5" x 82"

Skill Level: Intermediate

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# Count Your Blessings

## Fabrics in the Collection



2345P-88 Banner Panel-Red



2346-88 Novelty Blocks-Red



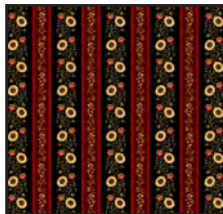
2349-66

Scenic-Green



2347-33

Cheater Quilt-Cream



2348-99

Border Stripe-Black



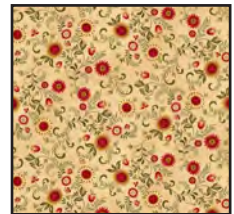
2350-33

Novelty Toss-Cream



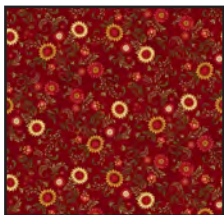
2350-99

Novelty Toss-Black



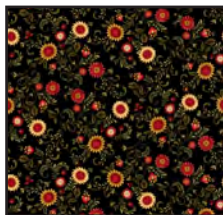
2351-44

Sunflower Vines-Gold



2351-88

Sunflower Vines-Red



2351-99

Sunflower Vines-Black



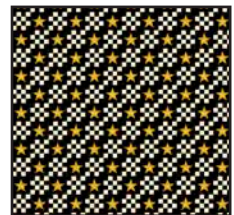
2352-33

Words-Cream



2352-99

Words-Black



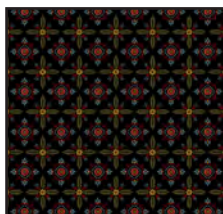
2353-99

Star Check-Black



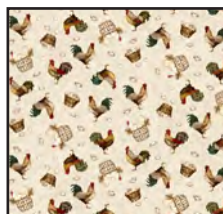
2354-33

Foulard Hexes-Cream



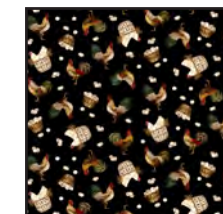
2354-99

Foulard Hexes-Black



2355-33

Roosters & Chickens  
Cream



2355-99

Roosters & Chickens  
Black

Selected Fabrics  
from Folio Basics  
by Color Principle



7755-04 Off-White



7755-31 Chamois



7755-33 Gold



7755-72 Dusty Teal

# Count Your Blessings - Quilt 1

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## Materials

*Yardages and cutting instructions are based on 42" of usable fabric width.*

1/2 yard Folio Basics 7755-33 Gold  
1/2 yard 2353-99 Star Check-Black  
5/8 yard 2351-88 Sunflower Vines-Red  
5/8 yard 2354-33 Foulard Hexes-Cream  
1 yard Folio Basics 7755-31 Chamois  
1-1/3 yards 2347-33 Cheater Quilt  
1-2/3 yards Folio Basics 7755-72 Dusty Teal  
1-3/4 yards Folio Basics 7755-04 Off-White  
2-1/2 yards 2348-99 Border Stripe-Black  
5 yards 2349-66 Scenic-Green  
77" x 90" piece of batting

## Cut Fabrics

*Note: All strips are cut across the width of the fabric (WOF) from selvage to selvage unless otherwise noted. If cut across the length of the fabric (LOF), the LOF notation will be indicated.*

### From Folio Basics 7755-33 Gold:

\*Cut three 4-1/4" x WOF strips. Sub-cut twenty 4-1/4" squares; cut **twice** diagonally. (A)

### From 2353-99 Star Check-Black:

\*Cut four 3-1/4" x WOF strips. Sub-cut forty 3-1/4" squares.

### From 2351-88 Sunflower Vines-Red:

\*Cut four 3-7/8" x WOF strips. Sub-cut forty 3-7/8" squares.

### From 2354-33 Foulard Hexes-Cream:

\*Cut six 2-1/2" x WOF strips for border 1.

### From Folio Basics 7755-31 Chamois:

\*Cut four 3-7/8" x WOF strips. Sub-cut forty 3-7/8" squares.

\*Cut three 4-1/4" x WOF strips. Sub-cut twenty 4-1/4" squares; cut **twice** diagonally. (B)

### From 2347-33 Cheater Quilt:

\*Fussy cut twenty 6-1/2" squares:  
- Ten with light centers; and  
- Ten with dark centers.

### From Folio Basics 7755-72 Dusty Teal:

\*Cut one 2" x WOF strip. Sub-cut twelve 2" squares for cornerstones.

\*Cut five 4-1/4" x WOF strips. Sub-cut forty 4-1/4" squares; cut **twice** diagonally. (D)

\*Cut seven 1-1/2" x WOF strips for border 2.

\*Cut eight 2-1/2" x WOF strips for binding.

### From Folio Basics 7755-04 Off-White:

\*Cut four 3-1/4" x WOF strips. Sub-cut forty 3-1/4" squares.

\*Cut five 4-1/4" x WOF strips. Sub-cut forty 4-1/4" squares; cut **twice** diagonally. (C)

\*Cut two 12-1/2" x WOF strips. Sub-cut thirty-one 2" x 12-1/2" sashing strips.

### From 2348-99 Border Stripe-Black:

\*Cut four 5-1/2" x LOF strips for border 3.

## Assemble Blocks

*Note: Measurements include 1/4" seam allowances. Sew with right sides together unless otherwise stated. If no direction is specified, press seams toward darker fabric.*

1. Draw a diagonal line on the wrong side of the 3-1/4" Folio Basics 7755-04 Off-White squares. With right sides together, layer the marked Off-White squares atop the 3-1/4" 2353-99 Star Check-Black squares. Stitch 1/4" on each side of the marked line, cut on the drawn line, press each unit open with seams toward dark fabric, and trim to 2-5/8" (*figure 1*). Make a total of eighty 2-5/8" half-square triangles (HST).



Figure 1 – Make 80.

2. Repeat step 1 with the 3-7/8" 2351-88 Sunflower Vines-Red squares and the 3-7/8" Folio Basics 7755-31 Chamois squares, but do not trim HST: they will measure 3-1/2" (*figure 2, next page*). Make a total of eighty 3-1/2" HST.



# Count Your Blessings - Quilt 1



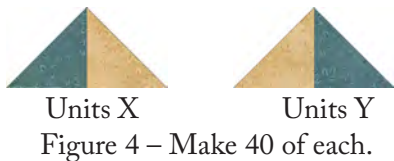
Figure 2 – Make 80.

3. Sew two Folio Basics 7755-04 Off-White triangles C to adjacent sides of the step 1 HST (figure 3). Press seams toward triangles.



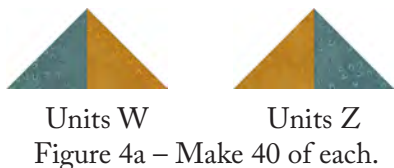
Figure 3

4. Sew one Folio Basics 7755-31 Chamois triangle B to one Folio Basics 7755-72 Dusty Teal triangle D. Repeat to make forty units X. Press seams to dark fabric. Sew one Dusty Teal triangle D to one Cham-ois triangle B. Repeat to make forty units Y (figure 4). Press seams to dark fabric.



Units X                      Units Y  
Figure 4 – Make 40 of each.

4a. Repeat step 4 with the Folio Basics 7755-33 Gold triangles A and the remaining Folio Basics 7755-72 Dusty Teal triangles D (figure 4a).



Units W                      Units Z  
Figure 4a – Make 40 of each.

5. Sew a step 4 unit X to the left side and a step 4 unit Y to the right side of the step 3 units (figure 5). Press seams away from center. Make forty 3-1/2" x 6-1/2" strips.



Figure 5 - Make 40.

5a. Repeat step 5 with the step 4a units (figure 5a).



Figure 5a - Make 40.

6. Sew one step 5 unit to the left and one to the right side of the ten 6-1/2" 2347-33 Cheater Quilt squares with light center (figure 6). Press seams to center. Make ten block centers.

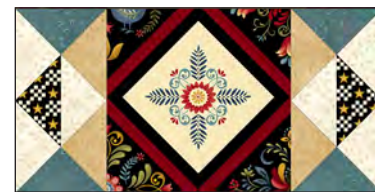


Figure 6 – Make 10.

6a. Repeat step 6 with the step 5a units and the ten 6-1/2" 2347-33 Cheater Quilt squares with dark center (figure 6a).



Figure 6a – Make 10.

7. Sew two step 2 half-square triangles to opposite ends of the remaining step 5 strips (figure 7). Press seams away from center. Make a total of twenty strips.



Figure 7 – Make 20.

7a. Repeat step 7 with the remaining step 5a units (figure 7a).



Figure 7a – Make 20.

# Count Your Blessings - Quilt 1

8. Sew one step 7 strip to the top and one to the bottom of the step 6 block centers (*figure 8*). Press seams to center. Make ten 12-1/2" blocks with light centers.



Figure 8 – Make 10.

8a. Repeat step 8 with the step 7a strips and the Step 6a units. Make ten blocks with dark centers (*figure 8a*).



Figure 8a – Make 10.

## Assemble Quilt Top

9. Referring to the quilt photo for block placement, lay out the blocks and the 2" x 12-1/2" Folio Basics 7755-04 Off-White sashing strips in five rows, and join the blocks and sashing strips together in each row. Press seams toward the blocks.

10. To make the horizontal sashing rows, alternatively sew together four 2" x 12-1/2" Folio Basics 7755-04 Off-White sashing strips and three 2" Folio Basics 7755-72 Dusty Teal cornerstone squares. Repeat to make a total of four sashing strips. Press seams away from the cornerstones.

11. Sew block rows and horizontal sashing strips together, matching adjacent seams. Press seams in one direction.

12. For border 1, sew the six 2-1/2" 2354-33 Foulard Hexes-Cream strips together end to end using diagonal seams. Measure the vertical length of the quilt top

through the center and cut two border 1 strips that length. Sew strips to the sides of the quilt top. Measure the width of the quilt top through its center. Cut two border 1 strips that length and sew one to the top and one to the bottom. Press seams toward borders.

13. Repeat step 12 with the seven 1-1/2" Folio Basics 7755-72 Dusty Teal strips to make and add border 2.

14. For border 3, mark the quilt center along the sides, top, and bottom. Mark the center of each 5-1/2" 2348-99 Border Stripe-Black border strip. Matching the centers, sew each border strip in place beginning and ending exactly 1/4" from the corners. DO NOT trim the extra length.

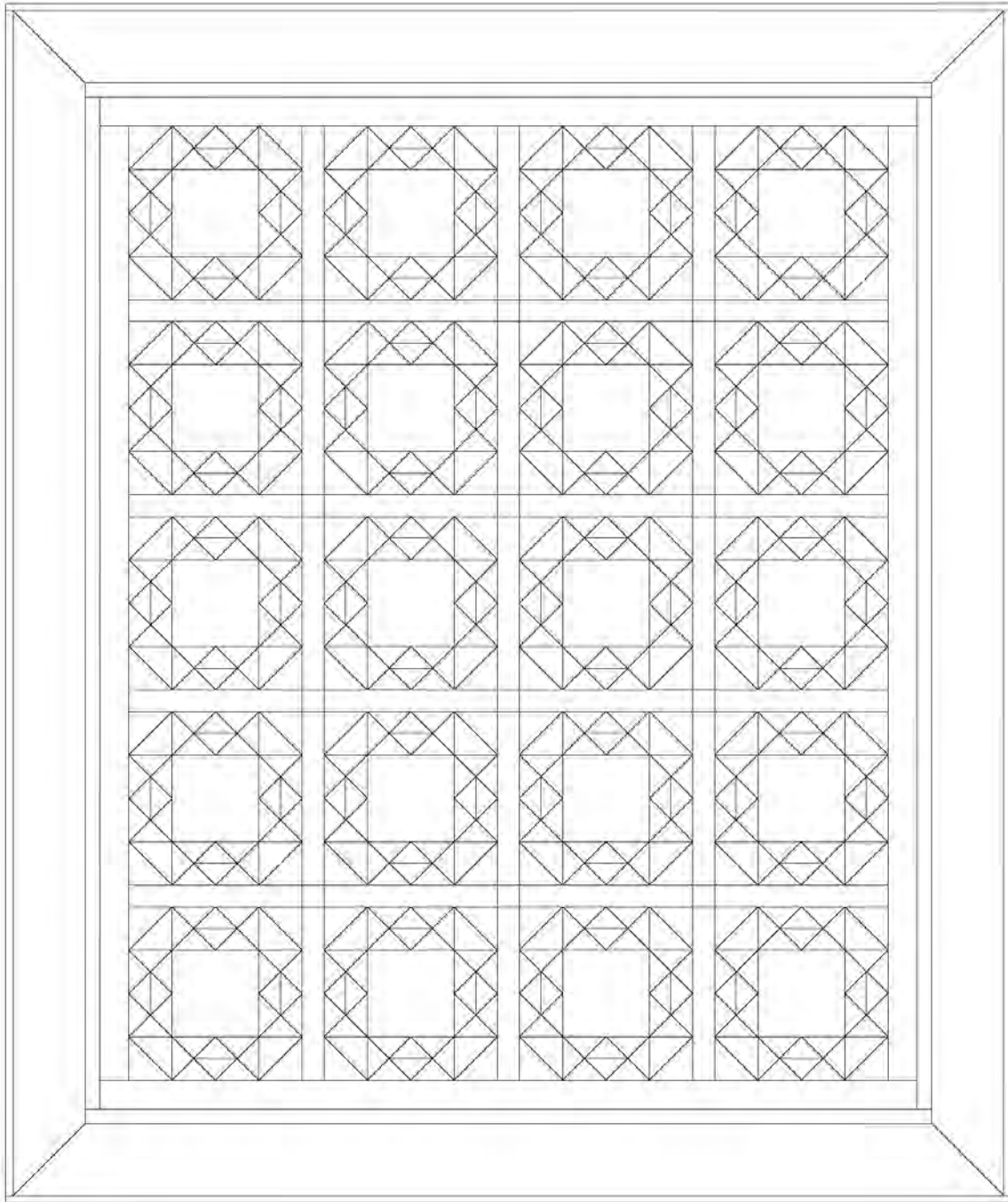
15. To miter the borders, fold one corner of the quilt on a 45° angle so that the border strips are directly on top of one another and the seams nest together. Place rotary ruler on the fold of the quilt so that the long edge is against the fold and the 45° line is on the side of the seam. Draw a line from the corner of the quilt top to the outside edge of the border. Pin the borders together. Position your needle on the inside corner where the border meets the quilt. Stitch directly on the line you have drawn to the outside edge of the border. Trim the excess fabric leaving a 1/4" seam allowance. Press. Repeat the process for the remaining three corners of the quilt.

## Finishing

16. Create a quilt sandwich with the batting between the quilt top and the backing. Pin or baste layers together, mark quilting design, and quilt by hand or machine. When quilting is complete, remove pins or basting, and trim batting and backing even with raw edges of the quilt top.

17. Join the eight 2-1/2" Folio Basics 7755-72 Dusty Teal binding strips together end to end using a diagonal seam to make one long strip. Trim seams to 1/4" and press them open. Fold binding in half lengthwise and press. Sew binding to the edges of the quilt top, mitering corners, and overlapping ends. Fold binding to the back of the quilt and stitch it in place by hand to finish.

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Quilt Diagram

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