**Block Heads**

**Round 2**

**What You'll Need**

For fabric choices refer to the block diagram

<table>
<thead>
<tr>
<th>A</th>
<th>B</th>
<th>C</th>
<th>D</th>
<th>E</th>
<th>F</th>
<th>G</th>
</tr>
</thead>
<tbody>
<tr>
<td>4 rectangles 2 ½&quot; x 1&quot;</td>
<td>4 rectangles 2&quot; x 1&quot;</td>
<td>16 squares 1 ½&quot; x 1 ½&quot;</td>
<td>1 rectangle 3 ½&quot; x 3&quot;</td>
<td>1 rectangle 3&quot; x 2 ½&quot;</td>
<td>1 rectangle 7 ½&quot; x 3 &quot;</td>
<td>1 rectangle 12 ½&quot; x 1 ½&quot;</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>H</th>
<th>I</th>
<th>J</th>
<th>K</th>
<th>L</th>
<th>M</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 rectangle 9 ½&quot; x 3&quot;</td>
<td>1 rectangle 3&quot; x 2 ½&quot;</td>
<td>1 rectangle 3&quot; x 1 ½&quot;</td>
<td>4 squares 2 ½&quot; x 2 ½&quot;</td>
<td>4 squares 2&quot; x 2&quot;</td>
<td>1 square 2 ½&quot; x 2 ½&quot;</td>
</tr>
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</table>

**Assembly**

1. Referring to BASIC INSTRUCTIONS stitch and flip technique make a square-in-a-square unit with the C squares and M square. See #1a below. The unit should measure 2 ½" square. In the same manner attach two C squares to the top corners of a K square to make a petal unit measuring 2 ½" square (#1b). Make four.

2. Sew a rectangle B and A to a L square to make a half-log-cabin unit (#2). Make four measuring 2 ½" square.

3. Arrange square-in-a-square unit, petal units and half-log-cabin units into three rows. See #3 below. Sew the units into rows as indicated and press. Join the rows and press to complete the flower head.

4. Referring to BASIC INSTRUCTIONS stitch and flip technique sew two C triangles to the I rectangle as shown for a leaf unit. In the same manner make a mirrored leaf unit with C triangles and E rectangle. Both units measure 3" x 2 ½".

5. Arrange leaf units, H, J, G, D and F in three rows as shown. See #5 below where indicated. Sew together rows, join rows to make the flower stem with leafs.

6. Join flower head and stem to complete the block. Block measures 18 ½" x 6 ½".

**Alternative Color Way**

<table>
<thead>
<tr>
<th>H</th>
<th>I</th>
<th>J</th>
<th>K</th>
<th>L</th>
<th>M</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 rectangle 9 ½&quot; x 3&quot;</td>
<td>1 rectangle 3&quot; x 2 ½&quot;</td>
<td>1 rectangle 3&quot; x 1 ½&quot;</td>
<td>4 squares 2 ½&quot; x 2 ½&quot;</td>
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<td>1 square 2 ½&quot; x 2 ½&quot;</td>
</tr>
</tbody>
</table>

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#showmethemoda

2018 Block Heads
Participating Designers

- Betsy Chutchian
- Brigitte Heitland of Zen Chic
- Carrie Nelson
- Corey Yoder
- Jan Patek
- Jo Morton
- Laurie Simpson
- Lisa Bongean of Primitive Gatherings
- Lynne Hagmeier of Kansas Troubles
- Barbara & Mary of Me & My Sister Designs
- Sherri McConnell
- Stacy Iest Hsu
- Vanessa Goertzen of Lella Boutique