For fabric choices refer to the block diagram:
A: 1 square 4 1/2" x 4 1/2"
B: 8 squares 1 1/2" x 1 1/2"
C: 1 rectangle 1 1/2" x 4 1/2"
D: 3 rectangles 1 1/2" x 2 1/2"
E: 2 rectangles 1 1/2" x 5 1/2"

3. Sew the pieces made in Step 1 & Step 2 together.

4. Sew the E rectangles to the sides of the unit made in Step 3.

5. Referring to BASIC INSTRUCTIONS stitch and flip technique make short leaf unit using 1 D rectangle and 2 B squares.

6. Sew a D rectangle to the sides of the unit made in Step 5.

7. Sew the unit made in Step 6 to the top of the unit made in Step 4 to complete the block.

ASSEMBLY
1. Referring to BASIC INSTRUCTIONS stitch and flip technique make pineapple center using the A square and 4 B squares.

2. Referring to BASIC INSTRUCTIONS stitch and flip technique make long leaf unit using the C rectangle and 2 B squares.