
:A Free Project Sheet:
:NOT.FOR.RESALE:



Featuring fabrics from the Indigo Coastal collection by Jennifer Parker for S.T.U.D.I.OC

Fabric Requirements

## Runner

(A) 3990-77 $\qquad$ 2/3 yard
(B) Frost-70**.......... $3 / 8$ yard
(C) 3992-70 $\qquad$ 3/8 yard
(D) 3996-77 $\qquad$ 3/8 yard
(E) 3995-77 $1 / 4$ yard
(F) White Sugar-09** $1 / 3$ yard
(G) 3994-77 $\qquad$ $1 / 2$ yard
(H) Ink-45** ............. $3 / 8$ yard

## Backing

$\qquad$ 1 7/8 yards

## Place Mats (makes 4)

(A) 3990-77

2/3 yard
(B) 3995-77 .............. 3/8 yard
(C) Ink-45**.............. 5/8 yard

Backing
3991-77 ............. 1 18 yards

Additional Supplies Needed
Batting (1) 64" x 28", (4) 21" x 17"
(Recommended:
Air Lite ${ }^{\circledR}$ Colour Me 100\% Cotton)
Piecing and sewing thread
Quilting and sewing supplies

Quilt designed by Heidi Pridemore
Finished Runner Size 56" x 20"
Finished Place Mat Size: 17" x 13"
Skill Level: Intermediate
www.studioefabrics.com

## Fabrics in the Collection



Blocks - Indigo Blue
3990-77


Patchwork - Indigo Blue
3991-77


Geometric - Indigo Blue 3995-77


Toile - White
3992-70


Words - Indigo Blue 3996-77


Sharks - Indigo Blue 3993-77


Mini Sharks - Light Blue 3997-77

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Fish - Blue 3994-77


Lobster - White
3998-17

Select Fabrics srom the Peppered Cottons Collections


White Sugar-09


Ink-45


Frost-70

## Runner Cutting Instructions

Please note: All strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.
WOF = Width of Fabric •LOF = Length of Fabric
Fabric A (3990-77 Blocks - Indigo Blue):

- Fussy cut (4) $51 / 2$ " small blocks

Fabric B (Frost-70 Peppered Cottons - Frost), cut:

- (2) $1 \frac{1}{2}$ " $\times$ WOF strips, sub-cut (8) $1 \frac{1}{2}$ " x $5 \frac{1}{2 \prime \prime}$ strips.
- (2) $1 \frac{1}{2 \prime \prime}$ x WOF strips, sub-cut (8) $1 \frac{1}{2 \prime \prime}$ x $71 / 2^{\prime \prime}$ strips.
- (1) $23 / 8$ " x WOF strip, sub-cut (16) $23 / 8$ " squares. Cut the squares across (1) diagonal to make (32) triangles.

Fabric C (3992-70 Toile - White), cut:

- (3) $31 / 2 \prime 2 \times$ WOF strips, sub-cut (16) $31 / 2 " \times 6 \frac{1}{2} 2^{\prime \prime}$ strips.

Fabric D (3996-77 Words - Indigo Blue), cut:

- (3) $31 / 2 "$ x WOF strips, sub-cut (32) $31 / 2 "$ squares.

Fabric E (3995-77 Geometric - Indigo Blue), cut:

- (1) $37 / 8^{\prime \prime}$ x WOF strip, sub-cut (8) $37 / 8^{\prime \prime}$ squares. Cut the squares across (1) diagonal to make (16) triangles.

Fabric F (White Sugar-09 Peppered Cottons - White Sugar), cut:

- (1) 2" x WOF strip. Sub-cut (16) 2" squares.
- (3) $1 \frac{1}{2 \prime \prime} \times$ WOF strips. Sew the strips together end to end with diagonal seams and cut (2) $1 \frac{1}{2 \prime \prime} \times 501 / 2^{\prime \prime}$ strips.
- (1) $1 \frac{1}{2}$ " $\times$ WOF strip, sub-cut (2) $1 \frac{1}{2}$ " x $12 \frac{1}{2 \prime}$ " strips.

Fabric G (3994-77 Fish - Blue), cut:

- (3) $3 \frac{1}{2} 2^{\prime \prime} \times$ WOF strips. Sew the strips together end to end with diagonal seams and cut (2) $31 / 2^{\prime \prime} \times 561 / 2^{\prime \prime}$ strips.
- (1) $31 / 2 "$ x WOF strip, sub-cut (2) $31 / 2 "$ x $141 / 2$ " strips.

Fabric H (Ink-45 Peppered Cottons - Ink), cut:

- (4) $21 / 2$ " $\times$ WOF strips for the binding.

Backing (3991-77 Patchwork - Indigo Blue), cut:

- (1) 64 " $\times 28$ " strip for the back.


## Runner Sewing

Sew using a 114 " seam allowance with right sides together (RST) unless otherwise indicated. Always press towards the darker fabric while assembling, unless otherwise noted by the arrows.

## Runner Block Assembly

1. Sew (1) $1 \frac{1}{2}$ " $\times 5 \frac{1}{2}$ " Fabric B strip to each side of (1) $5 \frac{1}{2}$ " Fabric A block. Sew (1) $1 \frac{1}{2 \prime \prime} \times 7 \frac{1}{2}$ " Fabric B strip to the top and to the bottom of the Fabric A block. Trim the block to measure $6 \frac{1}{2}$ " square to make (1) Unit 1 block (Fig. 1). Repeat to make (4) Unit 1 blocks total.
2. Place (1) $3 \frac{1}{2 \prime \prime}$ " Fabric D square on the left side of (1) $31 / 2$ " $\times 6 \frac{1}{2}$ " Fabric C strip, right sides together (Fig. 2). Sew across the diagonal of the square from the upper right corner to the lower left corner (Fig. 2). Flip open the triangle formed and press (Fig. 3). Trim away the excess fabric from behind the triangle, leaving a $1 / 4$ " seam allowance.

Unit 1
make 4


Trim to measure $6^{1 / 2 "}{ }^{\prime \prime} \times 61 / 2^{\prime \prime}$ after the borders are added

Fig. 1
3. Place another $31 / 2^{\prime \prime}$ Fabric D square on the right side of the $31 / 2$ " $\times 6 \frac{1}{2 \prime \prime}$ Fabric C strip, right sides together (Fig. 4). Sew across the diagonal of the square from the upper left corner to the lower right corner (Fig. 4). Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle, leaving a $1 / 4$ " seam allowance to make (1) Unit 2 strip (Fig. 5).
4. Repeat Steps 2-3 to make (16) Unit 2 strips total.


Fig. 2


Fig. 3


Fig. 4

Unit 2
make 16


Fig. 5
make 4


Fig. 7

## Runner Top Assembly

(Follow Figure 8 while assembling the runner top.)
7. Sew the (4) Blocks together to make the Center Block.
8. Sew (1) $1 \frac{1}{2 \prime \prime} \times 121 / 2 "$ Fabric F strip to each side of the Center Block. Sew (1) $1 \frac{1}{2}$ " $\times 501 / 2$ " Fabric F strip to the top and to the bottom of the Center Block.
9. Sew (1) $31 / 2$ " x $14 \frac{1}{2}$ " Fabric G strip to each side of the Center Block. Sew (1) $31 / 2$ " $\times 561 / 2$ " Fabric G strip to the top and to the bottom of the Center Block to make the runner top.

## Layering, Quilting and Finishing

10. Press the runner top and $64 " \mathrm{x} 28$ " backing well. Layer backing (wrong side up), batting, pressed runner top (right side up) and baste. Quilt as desired and trim excess batting and backing when quilting is complete.

## Binding

11. Cut the ends of the (4) Fabric H binding strips at a 45-degree angle and sew end to end to make (1) continuous piece of binding. Fold in half lengthwise and press wrong sides together.
12. Sew the binding to the front of the runner, raw edges together. Turn the folded edge to the back, and hand stitch in place.


Fig. 8

## Place Mat Culting

## Place Mat Cutting Instructions

Please note: All strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.
WOF = Width of Fabric • LOF = Length of Fabric
Fabric A (3990-77 Blocks - Indigo Blue):

- Fussy cut (4) $15 \frac{1}{2} 2^{\prime \prime} \times 11 \frac{1}{2}$ " blocks.

Fabric B (3995-77 Geometric - Indigo Blue), cut:

- (3) $1 \frac{1}{2}$ " x WOF strips, sub-cut (8) $1 \frac{1}{2 \prime \prime} \times 11 \frac{1}{2}$ " strips.
- (4) $1 \frac{1}{2}$ " x WOF strips, sub-cut (8) $1 \frac{1}{2}$ " x $17 \frac{1}{2}$ " strips.

Fabric C (Ink-45 Peppered Cottons - Ink), cut:

- (7) $2 \frac{1}{2}$ " $\times$ WOF strips for the binding.

Backing (3991-77 Patchwork - Indigo Blue), cut:

- (2) 17 " x WOF strips, sub-cut (4) 17 " x 21 " strips for the backs.


## Place Mat Sewing

Sew using a $1 / 4$ " seam allowance with right sides together (RST) unless otherwise indicated. Always press towards the darker fabric while assembling, unless otherwise noted by the arrows.

## Place Mat Tops Assembly <br> (Follow Figure 9 while assembling the place mat tops.) <br> 13. Sew (1) $1 \frac{1}{2}$ " $\times 11 \frac{1}{2}$ " Fabric B strip to each side of (1) $15 \frac{1}{2}$ " x $11 \frac{1}{2}$ " Fabric A block. Sew (1) $1 \frac{1}{2}$ " x $17 \frac{1}{2}$ " Fabric B strip to the top and to the bottom of the Fabric A block to make (1) Place Mat top. Repeat to make (4) Place Mat tops total.

## Layering, Quilting and Finishing

14. Press the place mat tops and $21^{\prime \prime} \times 17^{\prime \prime}$ backings well. Layer backings (wrong side up), batting, pressed place mat tops (right side up) and baste. Quilt as desired and trim excess batting and backing when quilting is complete.

Place Mat make 4


Fig. 9

## Binding

15. Cut the ends of the (7) Fabric C binding strips at a 45-degree angle and sew end to end to make (1) continuous piece of binding. Fold in half lengthwise and press wrong sides together. Divide the long strip into (4) equal lengths.
16. Sew the bindings to the front of the place mats, raw edges together. Turn the folded edge to the back, and hand stitch in place.
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