

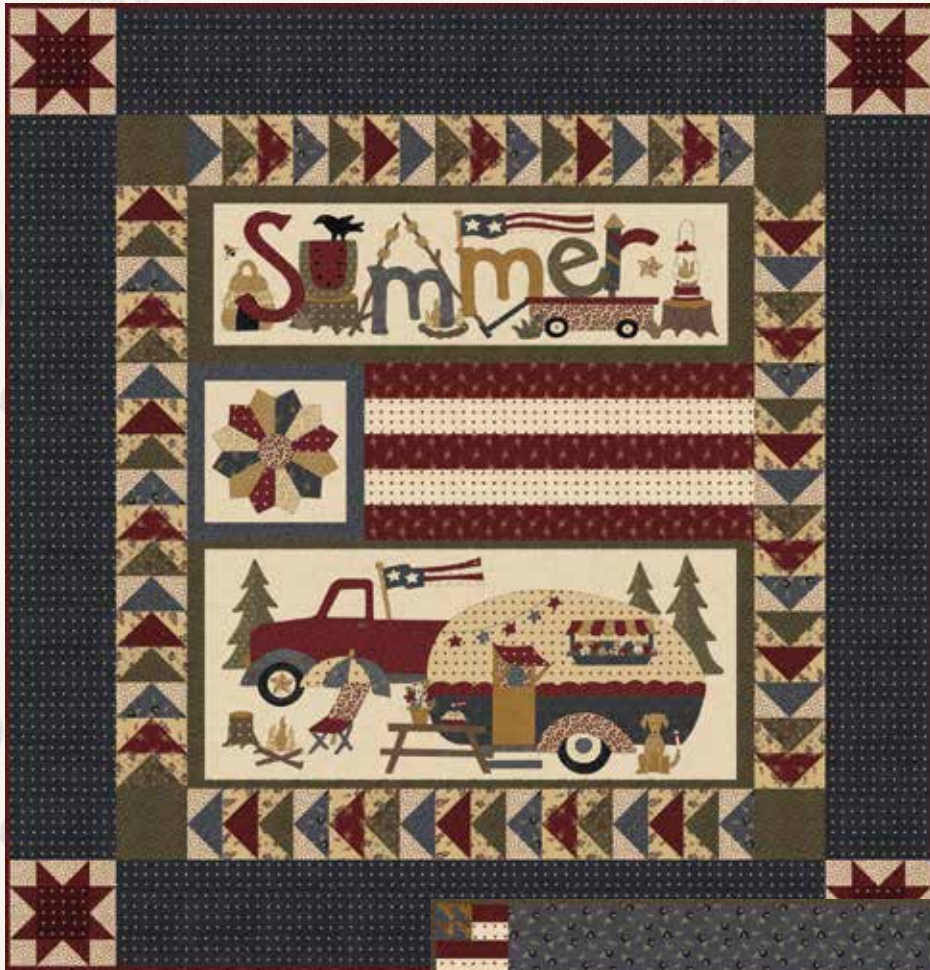
# SPIRIT OF AMERICA

A Free Project Sheet  
NOT FOR RESALE

By Stacy West of Buttermilk Basin

Quilt 1

Quilt Designs by Stacy West



Quilt



Runner

Skill Level: Quilt - Advanced Beginner  
Runner - Intermediate

 Henry Glass & Co., Inc.



[facebook](#)

Finished Quilt Size: 52" x 54"  
Finished Runner Size: 53" x 23 1/2"  
49 West 37th Street, New York, NY 10018  
tel: 212-686-5194 fax: 212-532-3525  
Toll Free: 800-294-9495  
[www.henryglassfabrics.com](http://www.henryglassfabrics.com)

# SPIRIT OF AMERICA Quilt 1

Finished Quilt Size: 52" x 54"  
 Finished Runner Size: 53" x 23 1/2"

## Fabrics in the Collection



Panel - Cream  
8860P-44



Leaf Sprigs - Medium Blue  
8861-17



Leaf Sprigs - Cream/Red  
8861-48



Leaf Sprigs - Red  
8861-88



Arrowheads - Cream/Red/Tan  
8863-48



Arrowheads - Green  
8863-67



Folk Calico - Gold  
8864-37



Folk Calico - Tan/Cream  
8864-38



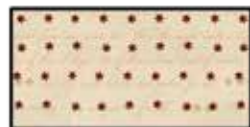
Folk Calico - Olive  
8864-68



Horseshoes - Blue  
8865-17



Horseshoes - Cream/Red  
8865-48



Words & Stars - Cream  
8866-44



Words & Stars - Navy  
8866-77



Words & Stars - Red  
8866-88



Bud Flower - Navy  
8867-79



Bud Flower - Red  
8867-84



Novelty Toss - Taupe  
8869-39



Novelty Toss - Cream  
8869-44



Novelty Stripe - Cream  
8870-44

Select Fabrics from  
Wool Yarn Dyes  
Collection



Lg. Window Pane Plaid - Taupe  
8894WY-39



Glen Plaid - Blue  
8895WY-17



Glen Plaid - Sage  
8895WY-64



Woven Dot - Gold  
8896WY-33



Woven Dot - Cream  
8896WY-44



Woven Dot - Red  
8896WY-88



Herringbone - Dk. Blue  
8897WY-77



Herringbone - Red  
8897WY-88

Select Fabrics from  
Yarn Dyes Collection



Diamond Dobbie - Cream  
8899Y-44



Check-tangle - Cream/Sage  
8900Y-36



Check-tangle - Cream/Red  
8900Y-38



Check-tangle - Cream/Taupe  
8900Y-39



Grid Dobbie - Taupe  
8901Y-39



Dash Dobbie - Black  
8902Y-99

### Quilt Materials

1 panel	Panel - Cream (A)	8860P-44
¼ yard	Words & Stars - Cream (B)	8866-44
½ yard	Bud Flower - Red (C)	8867-84
½ yard	Leaf Sprigs - Medium Blue (D)	8861-17
¾ yard	Leaf Sprigs - Red (E)	8861-88*
¾ yard	Arrowheads - Green (F)	8863-67
¼ yard	Horseshoes - Blue (G)	8865-17
¼ yard	Folk Calico - Olive (H)	8864-68
¼ yard	Words & Stars - Red (I)	8866-88
½ yard	Arrowheads - Cream/Red/Tan (J)	8863-48
½ yard	Folk Calico - Tan/Cream (K)	8864-38
½ yard	Horseshoes - Cream/Red (L)	8865-48
1 ⅔ yards	Words & Stars - Navy (M)	8866-77
3 ½ yards	Novelty Toss - Cream (Backing)	8869-44

\*Includes binding

### Quilt Cutting Instructions

Please note: all strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.

#### From the Panel - Cream (A), fussy cut:

- (1) 28 ½" x 8 ½" panel, centered on the "Summer" panel.
- (1) 31" x 13" panel, centered on the "Truck" panel.
- (1) 8 ½" square panel, centered on the "Quilt Block" panel.

#### From the Words & Stars - Cream (B), cut:

- (2) 2 ½" x 22 ½" WOF strips.

#### From the Bud Flower - Red (C), cut:

- (3) 2 ½" x 22 ½" WOF strips.
- (2) 2 ½" x WOF strips. Sub-cut (11) 2 ½" x 4 ½" strips.

#### From the Leaf Sprigs - Medium Blue (D), cut:

- (1) 2" x WOF strip. Sub-cut (2) 2" x 11 ½" strips and (2) 2" x 8 ½" strips.
- (2) 2 ½" x WOF strips. Sub-cut (11) 2 ½" x 4 ½" strips.

#### From the Leaf Sprigs - Red (E), cut:

- (2) 2 ½" x WOF strips. Sub-cut (11) 2 ½" x 4 ½" strips.
- (2) 2" x WOF strips. Sub-cut (32) 2" squares.
- (6) 2 ½" x WOF strips for the binding.

#### From the Arrowheads - Green (F), cut:

- (1) 4 ½" x WOF strip. Sub-cut (4) 4 ½" square.
- (1) 3" x WOF strip. Sub-cut (2) 3" x 8 ½" strips.
- (2) 2 ½" x WOF strips. Sub-cut (11) 2 ½" x 4 ½" strips.
- (2) 2" x 33 ½" WOF strips.
- (1) 2" x WOF strip. Sub-cut (2) 2" x 13" strips.
- (2) 2" x 34" WOF strips.

#### From the Horseshoes - Blue (G), cut:

- (2) 2 ½" x WOF strips. Sub-cut (11) 2 ½" x 4 ½" strips.

#### From the Folk Calico - Olive (H), cut:

- (2) 2 ½" x WOF strips. Sub-cut (11) 2 ½" x 4 ½" strips.

#### From the Words & Stars - Red (I), cut:

- (1) 3 ½" x WOF strip. Sub-cut (4) 3 ½" squares.

#### From the Arrowheads - Cream/Red/Tan (J), cut:

- (3) 2 ½" x WOF strips. Sub-cut (44) 2 ½" squares.
- (1) 2" x WOF strip. Sub-cut (16) 2" squares.
- (2) 2" x WOF strips. Sub-cut (16) 2" x 3 ½" strips.

#### From the Folk Calico - Tan/Cream (K), cut:

- (3) 2 ½" x WOF strips. Sub-cut (44) 2 ½" squares.

#### From the Horseshoes - Cream/Red (L), cut:

- (3) 2 ½" x WOF strips. Sub-cut (44) 2 ½" squares.

#### From the Words & Stars - Navy (M), cut:

- (2) 6 ½" x 40 ½" WOF strips. **(CUT FIRST)**
- (2) 6 ½" x 42 ½" length of fabric strips from the remaining fabric.

#### From the Novelty Toss - Cream (Backing), cut:

- (2) 60" x WOF strips for the backing. Sew the strips together and trim to make the 60" x 62" back.

### Quilt Sewing Instructions

1. Sew (1) 3" x 8 ½" Fabric F strip to each side of (1) 28 ½" x 8 ½" Fabric A "Summer" panel. Sew (1) 2" x 33 ½" Fabric F strip to the top and to the bottom of the Fabric A panel. Trim the block to measure 32 ½" x 10 ½" to make (1) Block One rectangle (Fig. 1).

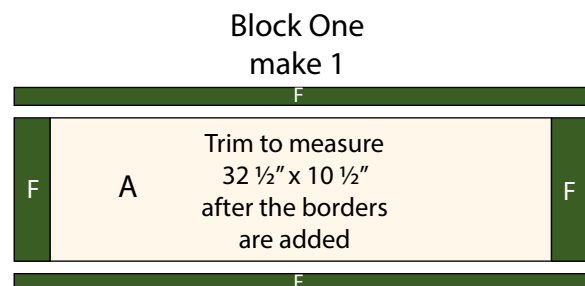


Fig. 1

2. Sew (1) 2" x 13" Fabric F strip to each side of (1) 31" x 13" Fabric A "Truck" panel. Sew (1) 2" x 34" Fabric F strip to the top and to the bottom of the Fabric A panel. Trim the block to measure 32 ½" x 14 ½" to make (1) Block Two rectangle (Fig. 2).

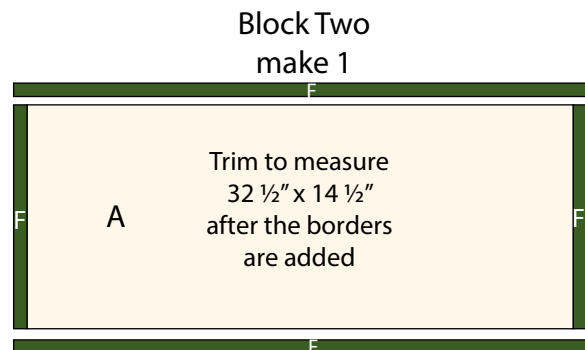
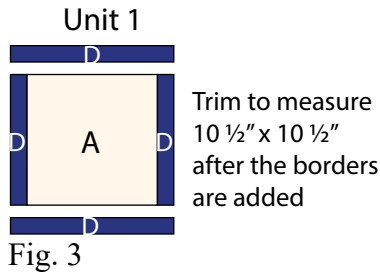
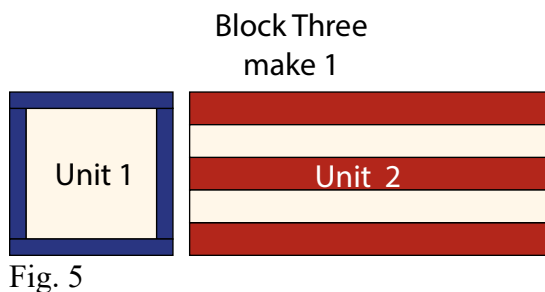
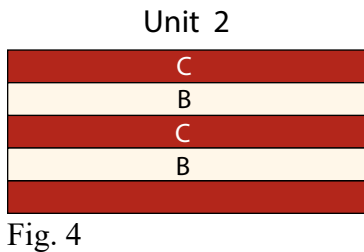


Fig. 2

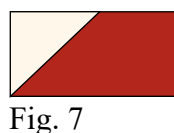
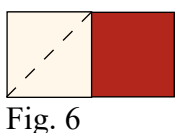
3. Sew (1) 2" x 8 1/2" Fabric D strip to each side of (1) 8 1/2" Fabric A "Quilt Block" panel. Sew (1) 2" x 11 1/2" Fabric D strip to the top and to the bottom of the Fabric A panel. Trim the block to measure 10 1/2" square to make (1) Unit 1 block (Fig. 3).



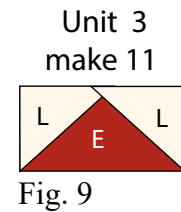
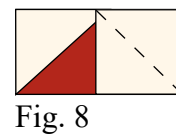
4. Sew (3) 2 1/2" x 22 1/2" Fabric C strips and (2) 2 1/2" x 22 1/2" Fabric B strips together lengthwise and alternating them to make (1) Unit 2 block (Fig. 4). Sew the Unit 1 block to the left end of the Unit 2 block to make (1) Block Three rectangle (Fig. 5).



5. Place (1) 2 1/2" Fabric L square on the left side of (1) 2 1/2" x 4 1/2" Fabric E strip, right sides together (Fig. 6). Sew across the diagonal of the square from the upper right corner to the lower left corner (Fig. 6). Flip open the triangle formed and press (Fig. 7). Trim away the excess fabric from behind the triangle, leaving a 1/4" seam allowance.



6. Place another 2 1/2" Fabric L square on the right side of the 2 1/2" x 4 1/2" Fabric E strip, right sides together (Fig. 8). Sew across the diagonal of the square from the upper left corner to the lower right corner (Fig. 8). Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle, leaving a 1/4" seam allowance to make (1) Unit 3 strip (Fig. 9).

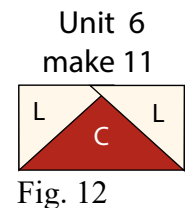
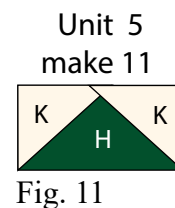
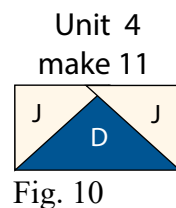


7. Repeat Steps 5-6 to make (11) Unit 3 strips total.

8. Repeat Steps 5-6 using (11) 2 1/2" x 4 1/2" Fabric D strips and (22) 2 1/2" Fabric J squares to make (11) Unit 4 strips (Fig. 10).

9. Repeat Steps 5-6 using (11) 2 1/2" x 4 1/2" Fabric H strips and (22) 2 1/2" Fabric K squares to make (11) Unit 5 strips (Fig. 11).

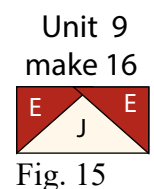
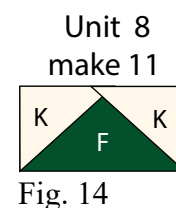
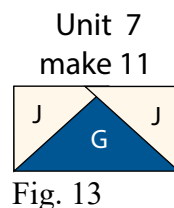
10. Repeat Steps 5-6 using (11) 2 1/2" x 4 1/2" Fabric C strips and (22) 2 1/2" Fabric L squares to make (11) Unit 6 strips (Fig. 12).



11. Repeat Steps 5-6 using (11) 2 1/2" x 4 1/2" Fabric G strips and (22) 2 1/2" Fabric J squares to make (11) Unit 7 strips (Fig. 13).

12. Repeat Steps 5-6 using (11) 2 1/2" x 4 1/2" Fabric F strips and (22) 2 1/2" Fabric K squares to make (11) Unit 8 strips (Fig. 14).

13. Repeat Steps 5-6 using (16) 2" x 3 1/2" Fabric J strips and (32) 2" Fabric E squares to make (16) Unit 9 strips (Fig. 15).



14. Sew (1) Unit 9 strip to each side of (1)  $3\frac{1}{2}$ " Fabric I square. Sew (1) 2" Fabric J square to each end of (1) Unit 9 strip. Repeat to make a second strip. Sew the strips to the top and to the bottom of the Unit 9 sewn strip to make (1) Block Four square (Fig. 16). Repeat to make (4) Block Four squares total.

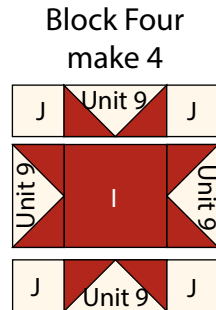


Fig. 16

### Quilt Top Assembly

*(Refer to Figure 17 while assembling.)*

15. Sew the Block Three rectangle to the top of the Block Two rectangle. Sew the Block One rectangle to the top of the Block Three rectangle to make the Center Block.

16. Sew (17) assorted Unit strips together lengthwise. Repeat to make a second strip. Sew (1) strip to each side of the Center Block. Pay attention to the orientation of the strips.

17. Sew (16) assorted Unit strips together lengthwise. Sew (1)  $4\frac{1}{2}$ " Fabric F square to each end of the sewn strip. Repeat to make a second strip. Sew the strips to the top and to the bottom of the Center Block.

18. Sew (1)  $6\frac{1}{2}$ " x  $42\frac{1}{2}$ " Fabric M strip to each side of the Center Block. Sew (1) Block Four square to each end of (1)  $6\frac{1}{2}$ " x  $40\frac{1}{2}$ " Fabric M strip. Repeat to make a second strip. Sew the strips to the top and to the bottom of the Center Block to make the quilt top.

19. Layer and quilt as desired.

20. Sew the (6)  $2\frac{1}{2}$ " x WOF Fabric E strips together, end to end with 45-degree seams, to make the binding. Fold this long strip in half lengthwise with wrong sides together and press.

21. Bind as desired.

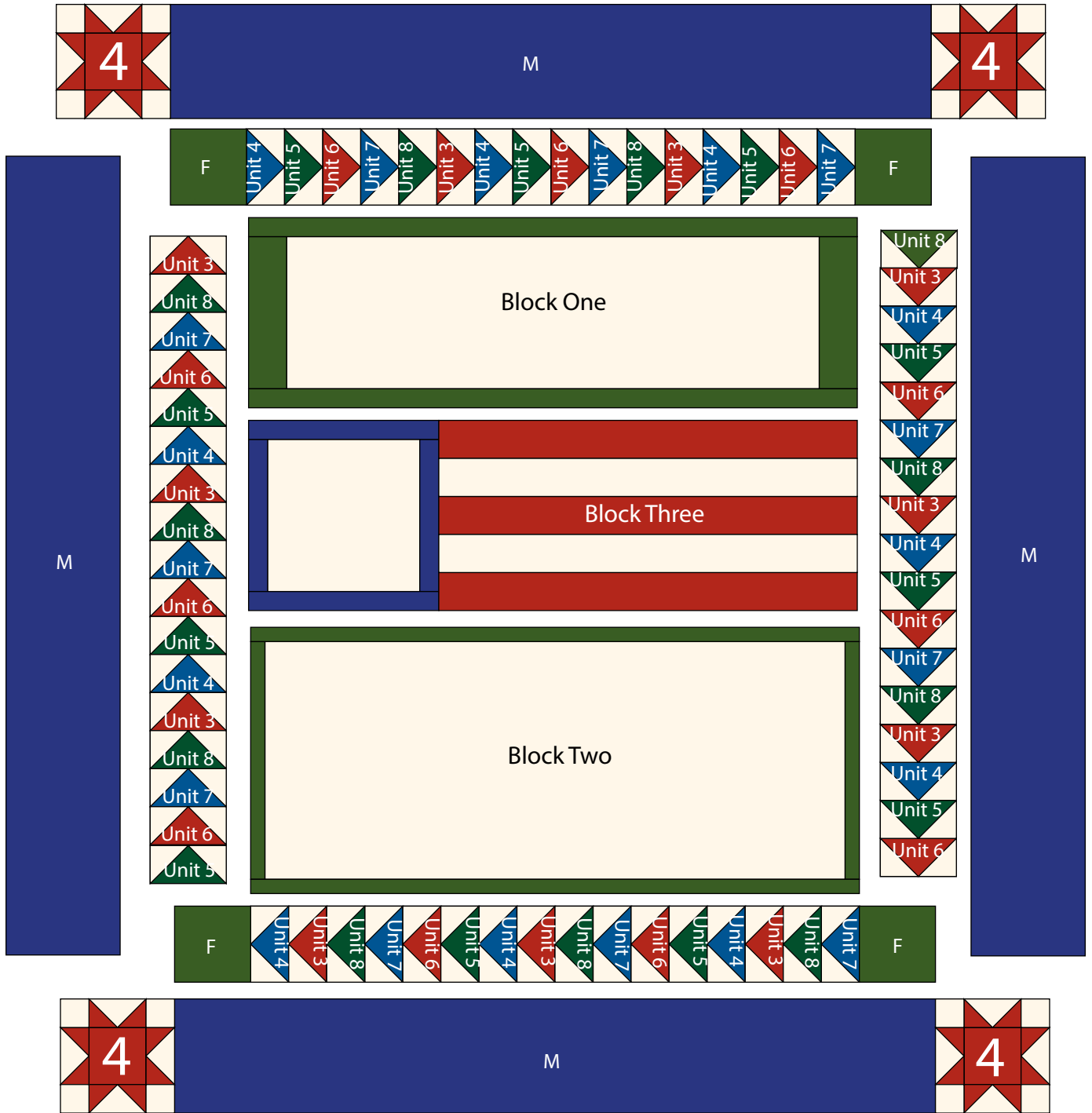


Fig. 17

### Runner Materials

1 panel	Panel - Cream (A)	8860P-44
5/8 yard	Leaf Sprigs - Red (B)	8861-88
1/2 yard	Words & Stars - Cream (C)	8866-44
1/4 yard	Leaf Sprigs - Medium Blue (D)	8861-17
1/4 yard	Folk Calico - Gold (E)	5564-37
5/8 yard	Arrowheads - Green (F)	8863-67*
5/8 yard	Horseshoes - Blue (G)	8865-17
1 3/4 yards	Novelty Toss - Taupe (Backing)	8869-39

\*Includes binding

### Runner Cutting Instructions

Please note: all strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.

#### From the Panel - Cream (A), fussy cut:

- (1) 10 1/2" block, centered on a barn.
- (1) 10 1/2" block, centered on a truck.

#### From the Leaf Sprigs - Red (B), cut:

- (1) 2" x WOF strip. Sub-cut (4) 2" x 10 1/2" strips.
- (2) 2" x WOF strips. Sub-cut (4) 2" x 13 1/2" strips.
- (1) 1 1/2" x WOF strip. Sub-cut (4) 1 1/2" x 7 1/2" strips.
- (2) 1 1/2" x WOF strips. Sub-cut (3) 1 1/2" x 14 1/2" strips.
- (1) 1 1/2" x WOF strip. Sub-cut (4) 1 1/2" x 4 1/2" strips and (4) 1 1/2" x 2 1/2" strips.

#### From the Words & Stars - Cream (C), fussy cut:

- (2) 1 3/4" x WOF strips. Sub-cut (4) 1 3/4" x 14 1/2" strips.
- (2) 1 3/4" x WOF strips. Sub-cut (4) 1 3/4" x 12" strips.
- (1) 1 1/2" x WOF strip. Sub-cut (3) 1 1/2" x 7 1/2" strips.
- (2) 1 1/2" x WOF strips. Sub-cut (4) 1 1/2" x 14 1/2" strips.
- (1) 1 1/2" x WOF strip. Sub-cut (4) 1 1/2" x 4 1/2" strips and (4) 1 1/2" x 2 1/2" strips.

#### From the Leaf Sprigs - Medium Blue (D), cut:

- (2) 1 7/8" x WOF strips. Sub-cut the strips into (33) 1 7/8" squares.

#### From the Folk Calico - Gold (E), cut:

- (2) 1 7/8" x WOF strips. Sub-cut the strips into (33) 1 7/8" squares.

#### From the Arrowheads - Green (F), cut:

- (2) 1 1/4" x WOF strips. Sub-cut (4) 1 1/4" x 14 1/2" strips.
- (3) 1 1/4" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 1 1/4" x 45 1/2" strips.
- (4) 2 1/2" x WOF strips for the binding.

#### From the Horseshoes - Blue (G), cut:

- (3) 4 1/2" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 4 1/2" x 45 1/2" strips.
- (1) 4 1/2" x WOF strip. Sub-cut (2) 4 1/2" x 16" strips.

#### From the Novelty Toss - Taupe (Backing), cut:

- (1) 32" x 61" strip for the back.

### Runner Sewing Instructions

1. Sew (1) 2" x 10 1/2" Fabric B strip to each side of (1) 10 1/2" Fabric A block. Sew (1) 2" x 13 1/2" Fabric B strip to the top and to the bottom of the Fabric A block. Trim the block to measure 12" square to make (1) Unit 1 block (Fig. 18). Repeat to make a second Unit 1 block.

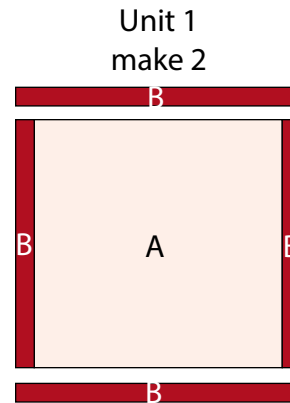


Fig. 18

Trim the block to measure 12" x 12" after the borders are added

2. Sew (1) 1 3/4" x 12" Fabric C strip to each side of (1) Unit 1 block. Sew (1) 1 3/4" x 14 1/2" Fabric C strip to the top and to the bottom of the Unit 1 block to make (1) Block One square (Fig. 19). Repeat to make a second Block One square.

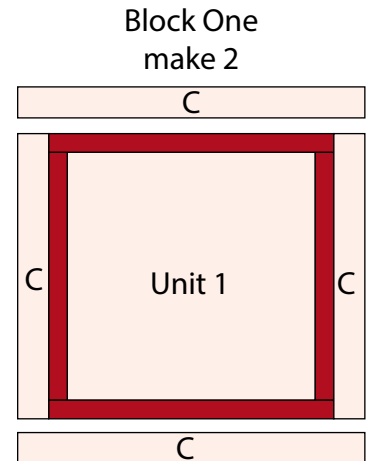


Fig. 19

3. Place (1) 1 7/8" Fabric E square on top of (1) 1 7/8" Fabric D square, right sides together. Draw a line across the diagonal of the top square (Fig. 20). Sew 1/4" away from each side of the drawn diagonal line (Fig. 20). Cut the (2) squares apart on the drawn diagonal line (Fig. 21) to make (2) half-square triangles. Trim the blocks to measure 1 1/2" square to make (2) Unit 2 block (Fig. 22). Repeat to make (66) Unit 2 blocks total (only 65 blocks will be used).



Fig. 20



Fig. 21

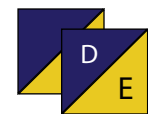
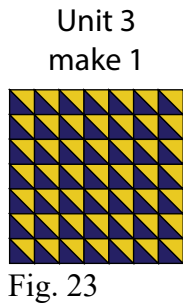


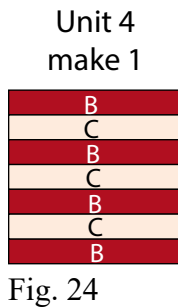
Fig. 22

Unit 2  
make 66

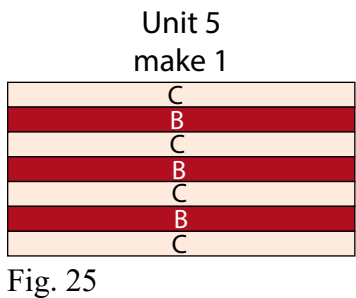
4. Sew (7) Unit 2 blocks together to make (1) row. Repeat to make (7) rows. Sew the rows together to make (1) Unit 3 block (Fig. 23).



5. Sew (4) 1 1/2" x 7 1/2" Fabric B strips and (3) 1 1/2" x 7 1/2" Fabric C strips together lengthwise and alternating them to make (1) Unit 4 block (Fig. 24).



6. Sew (4) 1 1/2" x 14 1/2" Fabric C strips and (3) 1 1/2" x 14 1/2" Fabric B strips together lengthwise and alternating them to make (1) Unit 5 block (Fig. 25).



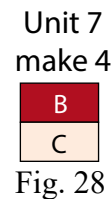
7. Sew the Unit 3 block to the left side of the Unit 4 block. Sew the Unit 5 block to the bottom of the sewn strip to make (1) Block Two (Fig. 26).



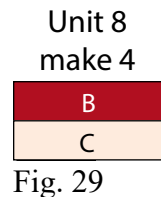
8. Sew (4) Unit 2 blocks together to make (1) Unit 6 block (Fig. 27). Repeat to make (4) Unit 6 blocks total.



9. Sew (1) 1 1/2" x 2 1/2" Fabric B strip to the top of (1) 1 1/2" x 2 1/2" Fabric C strip lengthwise to make (1) Unit 7 block (Fig. 28). Repeat to make (4) Unit 7 blocks total.



10. Sew (1) 1 1/2" x 4 1/2" Fabric B strip to the top of (1) 1 1/2" x 4 1/2" Fabric C strip lengthwise to make (1) Unit 8 block (Fig. 29). Repeat to make (4) Unit 8 blocks total.



11. Sew (1) Unit 6 block to the left side of (1) Unit 7 block. Sew (1) Unit 8 block to the bottom of the sewn strip to make (1) Block Three square (Fig. 30). Repeat to make (4) Block Three squares total.





# SPIRIT OF AMERICA

Quilt 1

### Runner Top Assembly

*(Refer to Figure 31 while assembling.)*

12. Sew (1) 1 ¼" x 14 ½" Fabric F strip, (1) Block One square, (1) 1 ¼" x 14 ½" Fabric F strip, (1) Block Two square, (1) 1 ¼" x 14 ½" Fabric F strip, (1) Block One square and (1) 1 ¼" x 14 ½" Fabric F strip together, in that order, to make the Center Block.

13. Sew (1) 1 ¼" x 45 ½" Fabric F strip to the top and to the bottom of the Center Block.

14. Sew (1) 4 ½" x 16" Fabric G strip to each side of the Center Block. Sew (1) Block Three square to each end of (1) 4 ½" x 45 ½" Fabric G strip. Repeat to make a second strip. Sew the strips to the top and to the bottom of the Center Block to make the runner top.

15. Layer and quilt as desired.

16. Sew the (4) 2 ½" x WOF Fabric F strips together, end to end with 45-degree seams, to make the binding. Fold this long strip in half lengthwise with wrong sides together and press.

17. Bind as desired.

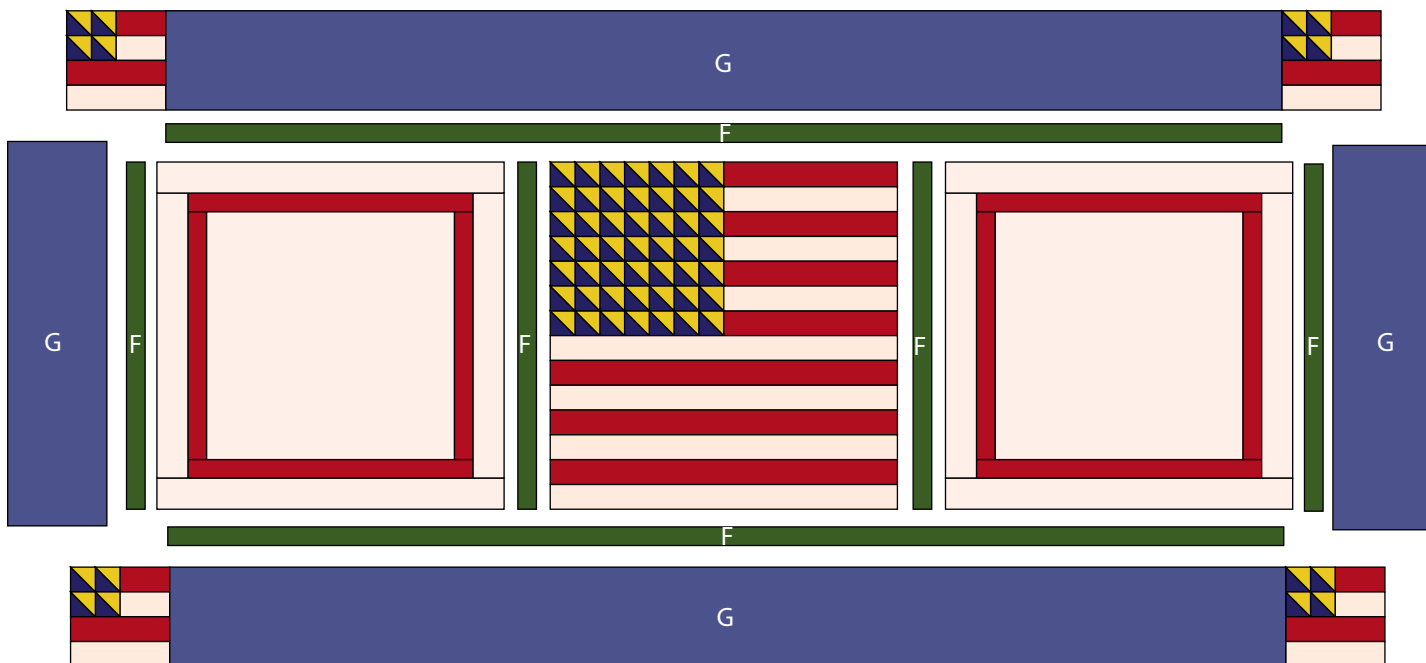


Fig. 31

*Every effort has been made to ensure that all projects are error free. All the information is presented in good faith, however no warranty can be given nor results guaranteed as we have no control over the execution of instructions. Therefore, we assume no responsibility for the use of this information or damages that may occur as a result. When errors are brought to our attention, we make every effort to correct and post a revision as soon as possible. Please make sure to check [www.henryglassfabrics.com](http://www.henryglassfabrics.com) for pattern updates prior to starting the project. We also recommend that you test the project prior to cutting for kits. Finally, all free projects are intended to remain free to you and are not for resale.*