

# Plain & Simple



.....  
A Free Project Sheet  
.....  
**NOT FOR RESALE**  
.....

By Color Principle

Quilt Design by Heidi Pridemore



Wall Hanging



Runner



Table Set

Skill Level: Advanced Beginner

 Henry Glass & Co., Inc.



[facebook](#)

Finished Wall/Runner Size: 35" x 56"  
Finished Place Mat Size: 16" x 12"  
49 West 37th Street, New York, NY 10018  
tel: 212-686-5194 fax: 212-532-3525  
Toll Free: 800-294-9495  
[www.henryglassfabrics.com](http://www.henryglassfabrics.com)

# PLAIN & SIMPLE

Finished Wall Hanging/Runner Size: 35" x 56"

Finished Place Mat Size: 16" x 12"

Table Set

## Fabrics in the Collection



Welcome Panel - Black  
8800P-99



Border Shelf Stripe - Cream  
8801-44



Allover Scenic - Sage Green  
8802-66



Word of Wisdom - Brown  
8803-38



Chicken Toss - Cream  
8804-44



Chicken Toss - Red  
8804-88



Chicken Toss - Black  
8804-99



Star Check - Red  
8805-88



Star Check - Black  
8805-99



Folk Flower Toss - Sage  
8806-66



Folk Flower Toss - Red  
8806-88



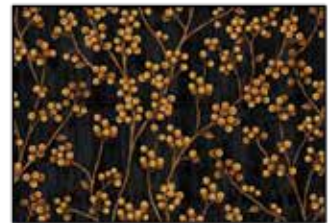
Folk Flower Toss - Black  
8806-99



Berry Branches - Cream  
8807-44

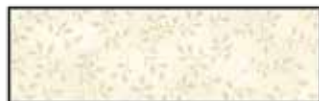


Berry Branches - Red  
8807-88



Berry Branches - Black  
8807-99

Select Fabrics from  
the Folio Collection



Off White  
7755-04



Brown Bag  
7755-30



Chamois  
7755-31



Sepia Brown  
7755-39



Red  
7755-88



Black  
7755-99

### Materials - Wall Hanging/Runner

1 panel	Welcome Panel - Black (A, Wall)	8800P-99
	or	
2/3 yard	Allover Scenic - Sage Green (A, Runner)	8802-66
1/4 yard	Folio - Red (B)	7755-88
5/8 yard	Star Check - Black (C)	8805-99
3/8 yard	Folk Flower Toss - Red (D)	8806-88
3/8 yard	Berry Branches - Red (E)	8807-88
1/2 yard	Folio - Off White (F)	7755-04
1/4 yard	Folio - Black (G)	7755-99
1/2 yard	Berry Branches - Black (H)	8807-99*
2 yards	Chicken Toss - Red (Backing)	8804-88

\*Includes binding

### Cutting Instructions - Wall Hanging/Runner

Please note: all strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.

#### From the Welcome Panel - Black (A, Wall), fussy cut:

- (1) 20 1/2" x 40 1/2" panel

OR

#### From the Allover Scenic - Sage Green (A, Runner), fussy cut:

- (1) 20 1/2" x 40 1/2" strip.

#### From the Folio - Red (B), cut:

- (2) 1 1/2" x 40 1/2" WOF strips.
- (2) 2" x 22 1/2" WOF strips.

#### From the Star Check - Black (C), fussy cut:

- (2) 3 1/2" x 42 1/2" WOF strips, each centered on two rows of squares. Piece as needed.
- (2) 3 1/2" x 27 1/2" WOF strips, each centered on two rows of squares.

#### From the Folk Flower Toss - Red (D), cut:

- (3) 3 1/2" x WOF strips. Sub-cut strips into (27) 3 1/2" squares.

#### From the Berry Branches - Red (E), cut:

- (3) 3 1/2" x WOF strips. Sub-cut strips into (27) 3 1/2" squares.

#### From the Folio - Off White (F), cut:

- (6) 2" x WOF strips. Sub-cut strips into (108) 2" squares.

#### From the Folio - Black (G), cut:

- (3) 1 1/2" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 1 1/2" x 54 1/2" strips.
- (2) 1 1/2" x 35 1/2" WOF strips.

#### From the Berry Branches - Black (H), cut:

- (5) 2 1/2" x WOF strips for the binding.

#### From the Chicken Toss - Red (Backing), cut:

- (1) 43" x 64" strip for the back.

### Wall Hanging/Runner Sewing Instructions

1. Sew (1) 1 1/2" x 40 1/2" Fabric B strip to each side of the Fabric A panel or strip. Sew (1) 2" x 22 1/2" Fabric B strip to the top and to the bottom of the Fabric A panel or strip. Trim the block to measure 21 1/2" x 42 1/2" to make the Center Block (Fig. 1).

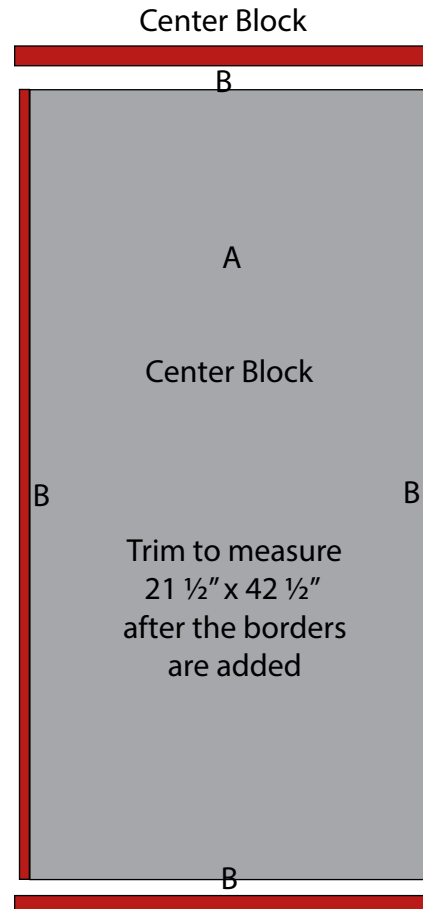


Fig. 1

2. Place (1) 2" Fabric F square on the top left corner of (1) 3 1/2" Fabric D square, right sides together (Fig. 2). Sew across the diagonal of the smaller square from the upper right corner to the lower left corner (Fig. 2). Flip open the triangle formed and press (Fig. 3). Trim away the excess fabric from behind the triangle 1/4" away from the sewn seam.

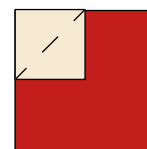


Fig. 2

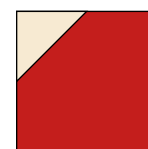
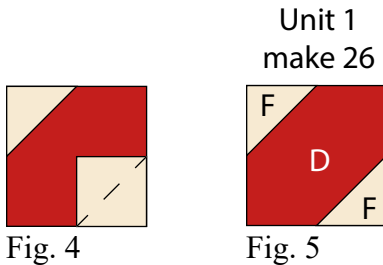


Fig. 3

3. Follow Figure 4 for the seam direction to add a 2" Fabric F square to the lower right corner of the 3 1/2" Fabric D square to make (1) Unit 1 block (Fig. 5).

4. Repeat Steps 2-3 to make (26) Unit 1 blocks total.

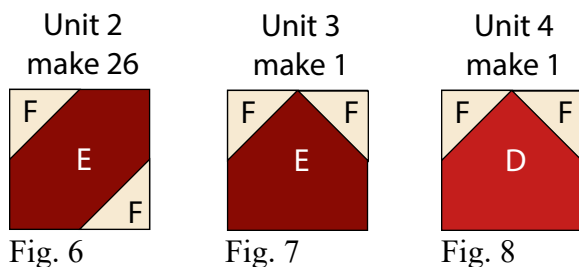


5. Repeat Steps 2-3 using (26) 3 1/2" Fabric E squares and (52) 2" Fabric F squares to make (26) Unit 2 blocks (Fig. 6).

6. Place (1) 2" Fabric F square on the top left corner of (1) 3 1/2" Fabric E square, right sides together. Sew across the diagonal of the smaller square from the upper right corner to the lower left corner. Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle 1/4" away from the sewn seam.

7. Follow Figure 7 for the seam direction to add a 2" Fabric F square to the upper right corner of the 3 1/2" Fabric E square to make (1) Unit 3 block (Fig. 7).

8. Repeat Steps 6-7 using (1) 3 1/2" Fabric D square and (2) 2" Fabric F squares to make (1) Unit 4 block (Fig. 8).



### Wall Hanging/Runner Top Assembly (Refer to the Figure 9 while assembling.)

9. Sew (1) 3 1/2" x 42 1/2" Fabric C strip to each side of the Center Block. Sew (1) 3 1/2" x 27 1/2" Fabric C strip to the top and to the bottom of the Center Block.

10. Sew (8) Unit 2 blocks and (8) Unit 1 blocks together, alternating them. Repeat to make a second strip. Sew (1) strip to each side of the Center Block. Pay attention to the orientation of the blocks.

11. Sew (6) Unit 1 blocks, (4) Unit 2 blocks and (1) Unit 3 block together. Pay attention to the orientation of the blocks. Sew this strip to the top of the Center Block.

12. Sew (6) Unit 2 blocks, (4) Unit 1 blocks and (1) Unit 4 block together. Pay attention to the orientation of the blocks. Sew this strip to the bottom of the Center Block.

13. Sew (1) 1 1/2" x 54 1/2" Fabric G strip to each side of the Center Block. Sew (1) 1 1/2" x 35 1/2" Fabric G strip to the top and to the bottom of the Center Block to make the wall hanging or runner top.

14. Layer and quilt as desired.

15. Sew the (5) 2 1/2" x WOF Fabric H strips together, end to end with 45-degree seams, to make the binding. Fold this long strip in half lengthwise with wrong sides together and press.

16. Bind as desired.

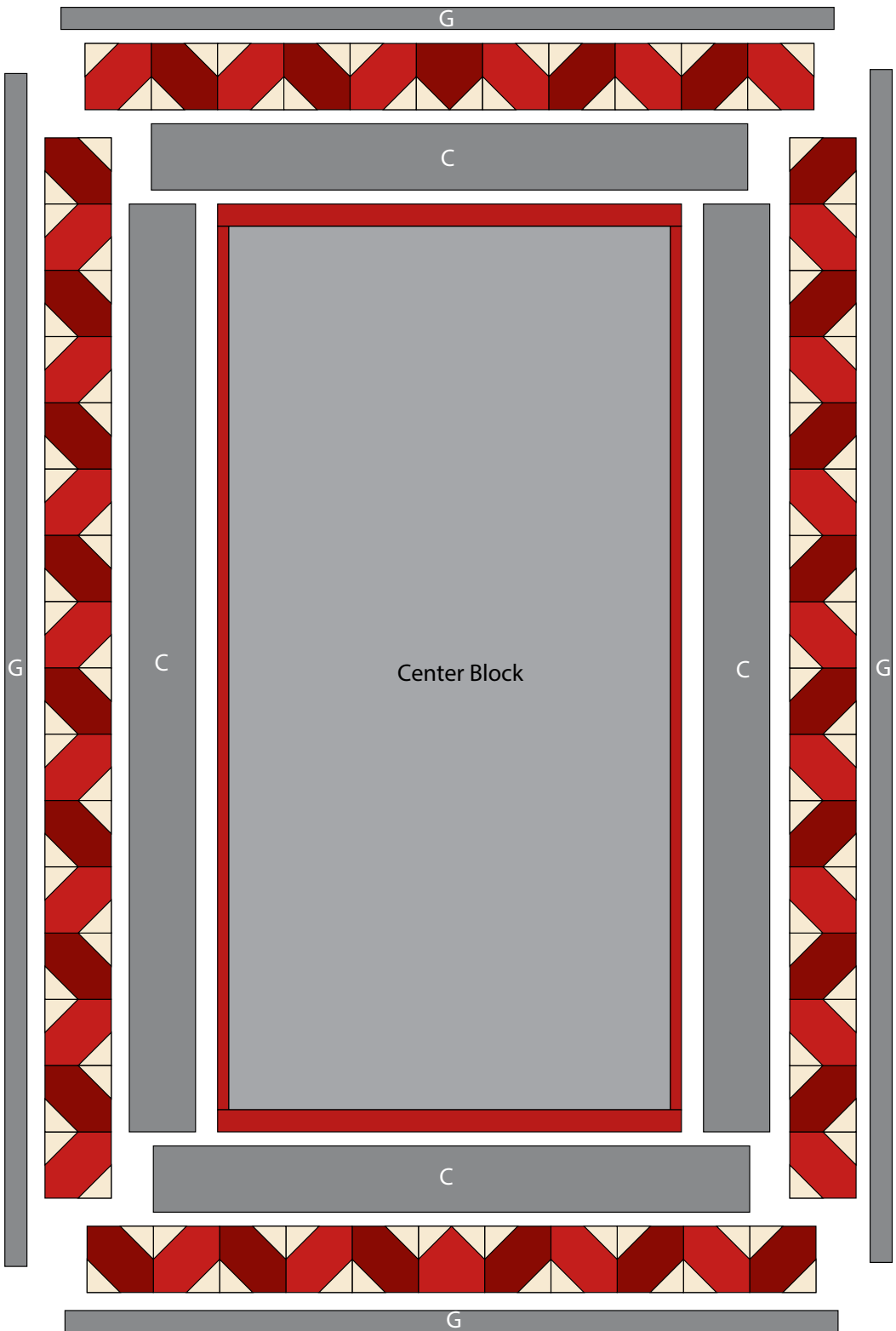


Fig. 9

### Materials - (4) Place Mats

1/3 yard	Word of Wisdom - Brown (A)	8803-38
1/3 yard	Chicken Toss - Black (B)	8804-99
1/4 yard	Folio - Sepia Brown (C)	7755-39
1/3 yard	Star Check - Red (D)	8805-88
1/4 yard	Berry Branches - Red (E)	8807-88
1/4 yard	Folk Flower Toss - Red (F)	8806-88
1/3 yard	Folio - Off White (G)	7755-04
2/3 yard	Folio - Black (H)	7755-99*
1 yard	Chicken Toss - Cream (Backing)	8804-44

\*Includes binding

### Cutting Instructions - Place Mats

Please note: all strips are cut across the width of fabric (WOF) from selvage to selvage unless otherwise noted.

#### From the Word of Wisdom - Brown (A):

- (1) 8 1/2" x WOF strip. Sub-cut strip into (2) 9 1/2" x 8 1/2" strips.

#### From the Chicken Toss - Black (B), cut:

- (1) 8 1/2" x WOF strip. Sub-cut (2) 9 1/2" x 8 1/2" strips.

#### From the Folio - Sepia Brown (C), cut:

- (2) 1" x WOF strips. Sub-cut strips into (8) 1" x 10 1/2" strips.
- (2) 1" x WOF strips. Sub-cut strips into (8) 1" x 8 1/2" strips.

#### From the Star Check - Red (D), fussy cut:

- (8) 2" x 10 1/2" strips, each centered on (1) row of squares.

#### From the Berry Branches - Red (E), cut:

- (2) 3 1/2" x WOF strips. Sub-cut strips into (16) 3 1/2" squares.

#### From the Folk Flower Toss - Red (F), cut:

- (2) 3 1/2" x WOF strips. Sub-cut strips into (16) 3 1/2" squares.

#### From the Folio - Off White (G), cut:

- (4) 2" x WOF strips. Sub-cut strips into (64) 2" squares.

#### From the Folio - Black (H), cut:

- (7) 2 1/2" x WOF strips for the binding.

#### From the Chicken Toss - Cream (Backing), cut:

- (2) 16" x WOF strips. Sub-cut (4) 16" x 20" strips for the backs

### Place Mat Sewing Instructions

17. Sew (1) 1" x 8 1/2" Fabric C strip to each side of (1) 9 1/2" x 8 1/2" Fabric A strip. Sew (1) 1" x 10 1/2" Fabric C strip to the top and to the bottom of the Fabric A strip to make (1) Unit 5 block (Fig. 10). Repeat to make a second Unit 5 block.

18. Sew (1) 1" x 8 1/2" Fabric C strip to each side of (1) 9 1/2" x 8 1/2" Fabric B strip. Sew (1) 1" x 10 1/2" Fabric C strip to the top and to the bottom of the Fabric B strip to make (1) Unit 6 block (Fig. 11). Repeat to make a second Unit 6 block.

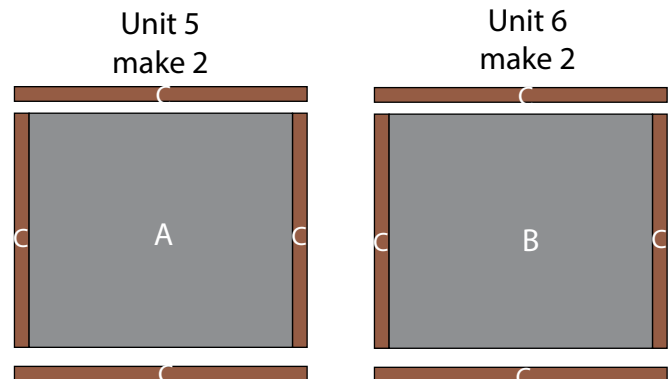


Fig. 10

Fig. 11

19. Place (1) 2" Fabric G square on the top left corner of (1) 3 1/2" Fabric F square, right sides together (Fig. 12). Sew across the diagonal of the smaller square from the upper right corner to the lower left corner (Fig. 12). Flip open the triangle formed and press (Fig. 13). Trim away the excess fabric from behind the triangle 1/4" away from the sewn seam.

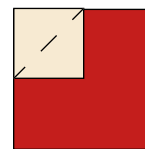


Fig. 12

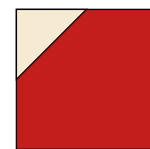


Fig. 13

20. Follow Figure 14 for the seam direction to add a 2" Fabric G square to the lower right corner of the 3 1/2" Fabric F square to make (1) Unit 7 block (Fig. 15).

21. Repeat Steps 19-20 to make (16) Unit 7 blocks total.

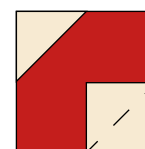


Fig. 14

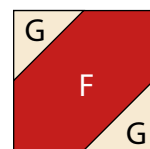


Fig. 15

Unit 7  
make 16

22. Repeat Steps 19-20 using (16) 3 1/2" Fabric E squares and (32) 2" Fabric G squares to make (16) Unit 8 blocks (Fig. 16).

Unit 8  
make 16

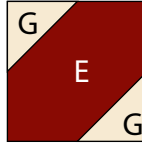


Fig. 16

### Place Mat Assembly

*(Refer to the Figures 17 and 18 while assembling.)*

23. Sew (1) 2" x 10 1/2" Fabric D strip to the top and to the bottom of (1) Unit 5 block to make (1) Place Mat One Center Block. Repeat to make a second Place Mat One Center Block.

24. Sew (2) Unit 8 blocks and (2) Unit 7 blocks together, alternating them. Repeat to make a second strip. Sew (1) strip to each side of (1) Place Mat One Center Block to make (1) Place Mat One (Fig. 17). Repeat to make a second Place Mat One.

25. Sew (1) 2" x 10 1/2" Fabric D strip to the top and to the bottom of (1) Unit 6 block to make (1) Place Mat Two Center Block. Repeat to make a second Place Mat Two Center Block.

26. Sew (2) Unit 8 blocks and (2) Unit 7 blocks together, alternating them. Repeat to make a second strip. Sew (1) strip to each side of (1) Place Mat Two Center Block to make (1) Place Mat Two (Fig. 18). Repeat to make a second Place Mat Two.

27. Layer and quilt as desired.

28. Sew the (7) 2 1/2" x WOF Fabric H strips together, end to end with 45-degree seams, to make the binding. Fold this long strip in half lengthwise with wrong sides together and press. Divide the long strip into (4) equal lengths.

29. Bind as desired.

Place Mat One  
make 2

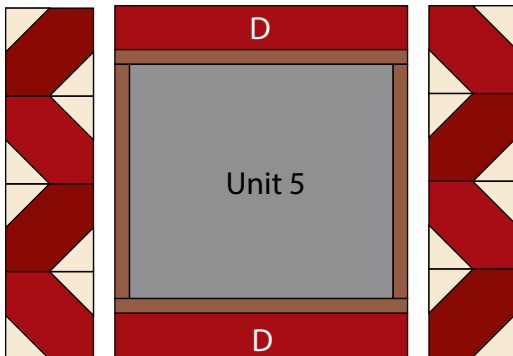


Fig. 17

Place Mat Two  
make 2

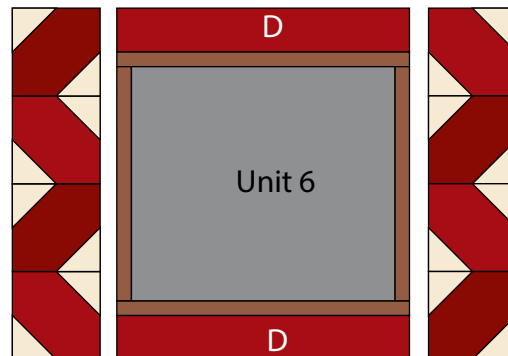


Fig. 18

*Every effort has been made to ensure that all projects are error free. All the information is presented in good faith, however no warranty can be given nor results guaranteed as we have no control over the execution of instructions. Therefore, we assume no responsibility for the use of this information or damages that may occur as a result. When errors are brought to our attention, we make every effort to correct and post a revision as soon as possible. Please make sure to check [www.henryglassfabrics.com](http://www.henryglassfabrics.com) for pattern updates prior to starting the project. We also recommend that you test the project prior to cutting for kits. Finally, all free projects are intended to remain free to you and are not for resale.*