UPDATED ON AUGUST 6, 2017

Berries & Blossoms

A Free Project Sheet **NOT FOR RESALE**

By Janet Nesbitt of One Sister Designs



Quilt 1

Skill Level: Advanced Beginner



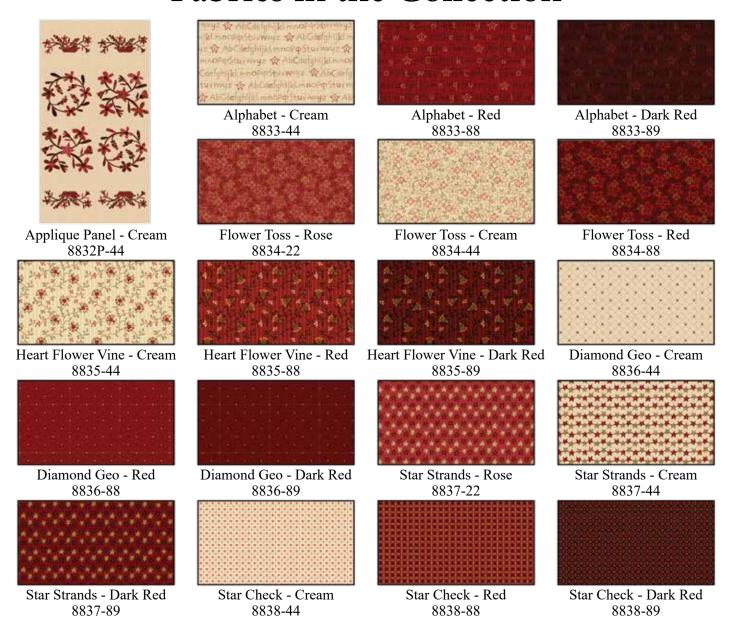


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Finished Quilt Size: 54" x 67" 49 West 37th Street, New York, NY 10018 tel: 212-686-5194 fax: 212-532-3525 Toll Free: 800-294-9495

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Fabrics in the Collection



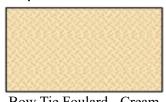
Select Fabrics from the One Sister Yarn Dyes and Linen Closet Collections



Window Pane Plaid - Red 8556Y-88



Bow Tie Foulard - Tan 8567-33



Bow Tie Foulard - Cream 8567-44



Tossed Flowers - Cream 8568-44

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Materials

1 yard**	Applique Panel - Cream (A)	8832P-44
²⁄₃ yard	Bow Tie Foulard - Tan (B)	8567-33
¾ yard	Alphabet - Red (C)	8833-88
1/4 yard	Heart Flower Vine - Dark Red (D)	8835-89
½ yard	Window Pane Plaid - Red (E)	8556Y-88
3/8 yard	Diamond Geo - Cream (F)	8836-44
1/4 yard	Flower Toss - Red (G)	8834-88
1/4 yard	Flower Toss - Cream (H)	8834-44
1/4 yard	Heart Flower Vine - Red (I)	8835-88
½ yard	Heart Flower Vine - Cream (J)	8835-44
¼ yard	Star Check - Cream (K)	8838-44
3/8 yard	Tossed Flowers - Cream (L)	8568-44
1 ¹ / ₄ yards	Flower Toss - Rose (M)	8834-22
⁵⁄8 yard	Alphabet - Dark Red (N)	8833-89*
3 ½ yards	Star Strands - Cream (Backing)	8837-44

*Includes binding

**Please note the repeat for this design is 24", but you need to cut a 36" panel piece to have (3) wreath applique blocks and (3) star flower applique blocks to work with for this project. The arrows on the selvage mark areas indicate the 24" repeat mark, not necessarily where to cut each 36" length.

Cutting Instructions

Please note: all strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.

From the Applique Panel - Cream (A), fussy cut:

• (6) 11" blocks.

From the Bow Tie Foulard - Tan (B), cut:

- (4) 2 1/4" x WOF strips. Sub-cut strips into (12) 2 1/4" x 11" strips.
- (6) 2 1/4" x WOF strips. Sub-cut strips into (12) 2 1/4" x 14 1/2" strips.

From the Alphabet - Red (C), cut:

- (4) 1 ½" x WOF strips. Sub-cut strips into (12) 1 ½" x 13 ½" strips
- (4) 1 ½" x WOF strips. Sub-cut strips into (12) 1 ½" x 11 ½" strips.
- (2) 3 ½" x WOF strips. Sub-cut strips into (24) 3 ½" squares.

From the Heart Flower Vine - Dark Red (D), cut:

• (1) 3 ½" x WOF strip. Sub-cut strip into (6) 3 ½" squares.

From the Window Pane Plaid - Red (E), cut:

- (1) 3 ½" x WOF strip. Sub-cut strip into (4) 3 ½" squares.
- (4) 2" x WOF strips. Sub-cut strips into (80) 2" squares.

From the Diamond Geo - Cream (F), cut:

- (4) 2" x WOF strips. Sub-cut strips into (40) 2" x 3 ½" strips.
- (1) 2" x WOF strip. Sub-cut strip into (16) 2" squares.

From the Flower Toss - Red (G), cut:

• (2) 2" x WOF strips. Sub-cut strips into (24) 2" x 3 ½" strips.

From the Flower Toss - Cream (H), cut:

• (2) 3 1/8" x WOF strips. Sub-cut strips into (12) 3 1/8" squares.

From the Heart Flower Vine - Red (I), cut:

• (2) 3 %" x WOF strips. Sub-cut strips into (12) 3 %" squares.

From the Heart Flower Vine - Cream (J), cut:

- (4) 1 ½" x WOF strips. Sub-cut strips into (12) 1 ½" x 11 ½" strips.
- (3) 1 ½" x WOF strips. Sub-cut strips into (12) 1 ½" x 9 ½" strips.

From the Star Check - Cream (K), cut:

• (2) 3 ½" x WOF strips. Sub-cut strips into (24) 3 ½" squares.

From the Tossed Flowers - Cream (L), cut:

- (3) 2" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 2" x 52 ½" strips.
- (2) 2" x 42 ½" WOF strips, piece as needed.

From the Flower Toss - Rose (M), cut:

- (3) 6 ½" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 6 ½" x 55 ½" strips.
- (2) 6 ½" x 42 ½" WOF strips, piece as needed.

From the Alphabet - Dark Red (N), cut:

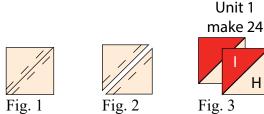
• (7) 2 ½" x WOF strips for the binding.

From the Star Strands - Cream (Backing), cut:

• (2) 62" x WOF strips for the backing. Sew the strips together and trim to make the 62" x 75" back.

Sewing Instructions

1. Place (1) 3 %" Fabric H square on top of (1) 3 %" Fabric I square, right sides together. Draw a line across the diagonal of the top square (Fig. 1). Sew ¼" away from each side of the drawn diagonal line (Fig. 1). Cut the (2) squares apart on the drawn diagonal line (Fig. 2) to make (2) half-square triangles. Trim blocks to measure 3 ½" square to make (2) Unit 1 squares (Fig. 3). Repeat to make (24) Unit 1 squares total.



2. Place (1) 2" Fabric E square on the left side of (1) 2" x 3 ½" Fabric F strip, right sides together (Fig. 4). Sew across the diagonal of the square from the upper right corner to the lower left corner (Fig. 4). Flip open the triangle formed and press (Fig. 5). Trim away the excess fabric from behind the triangle, leaving a ¼" seam allowance.





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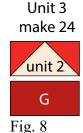
Unit 6

- 3. Place another 2" Fabric E square on the right side of the 2" x 3 ½" Fabric F strip, right sides together (Fig. 6). Sew across the diagonal of the square from the upper left corner to the lower right corner (Fig. 6). Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle, leaving a ¼" seam allowance to make (1) Unit 2 strip (Fig. 7).
- 4. Repeat Steps 2-3 to make (40) Unit 2 strips total.

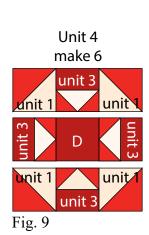


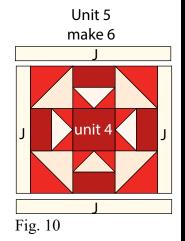


5. Sew (1) 2" x 3 ½" Fabric G strip to the bottom of (1) Unit 2 strip lengthwise to make (1) Unit 3 block (Fig. 8). Repeat to make (24) Unit 3 blocks total.



- 6. Sew (1) Unit 3 block to each side of (1) 3 ½" Fabric D square. Sew (1) Unit 1 square to each side of (1) Unit 3 block. Repeat to make a second strip. Sew the strips to the top and to the bottom of the Fabric D square to make (1) Unit 4 block (Fig. 9). Repeat to make (6) Unit 4 blocks total.
- 7. Sew (1) 1 ½" x 9 ½" Fabric J strip to each side of (1) Unit 4 block. Sew (1) 1 ½" x 11 ½" Fabric J strip to the top and to the bottom of the Unit 4 block to make (1) Unit 5 block (Fig. 10). Repeat to make (6) Unit 5 blocks total.





8. Sew (1) 1 ½" x 11 ½" Fabric C strip to each side of (1) Unit 5 block. Sew (1) 1 ½" x 13 ½" Fabric C strip to the top and to the bottom of the Unit 5 block to make (1) Unit 6 block (Fig. 11). Repeat to make (6) Unit 6 blocks total.

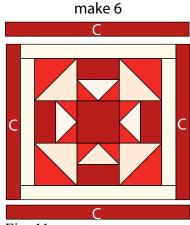
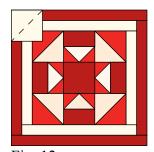


Fig. 11

9. Place (1) 3 ½" Fabric K square on the top left corner of (1) Unit 6 block, right sides together (Fig. 12). Sew across the diagonal of the smaller square from the upper right corner to the lower left corner (Fig. 12). Flip open the triangle formed and press (Fig. 13). Trim away the excess fabric from behind the triangle ¼" away from the sewn seam.



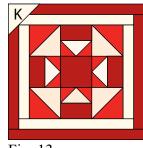


Fig. 12

Fig. 13

- 10. Follow Figure 14 for the seam direction to add a 3 ½" Fabric K square to each of the remaining corners of the Unit 6 block to make (1) Block One (Fig. 15).
- 11. Repeat Steps 9-10 to make (6) Block Ones total.

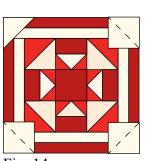


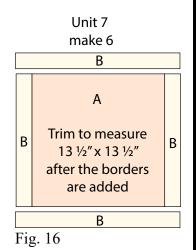




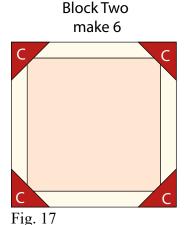
Fig. 15

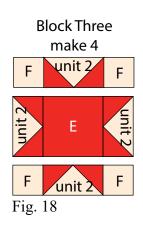
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12. Sew (1) 2 ¼" x 11" Fabric B strip to each side of (1) 11" Fabric A block. Sew (1) 2 ¼" x 14 ½" Fabric B strip to the top and to the bottom of the Fabric A block. Trim the block to measure 13 ½" square to make (1) Unit 7 block (Fig. 16). Repeat to make (6) Unit 7 blocks total.



- 13. Repeat Steps 9-10 using (24) 3 ½" Fabric C squares and (6) Unit 7 blocks to make (6) Block Twos (Fig. 17).
- 14. Sew (1) Unit 2 strip to each side of (1) 3 ½" Fabric E square. Sew (1) 2" Fabric F square to each end of (1) Unit 2 strip. Repeat to make a second strip. Sew the strips to the top and to the bottom of the Fabric E square to make (1) Block Three (Fig. 18). Repeat to make (4) Block Threes total.



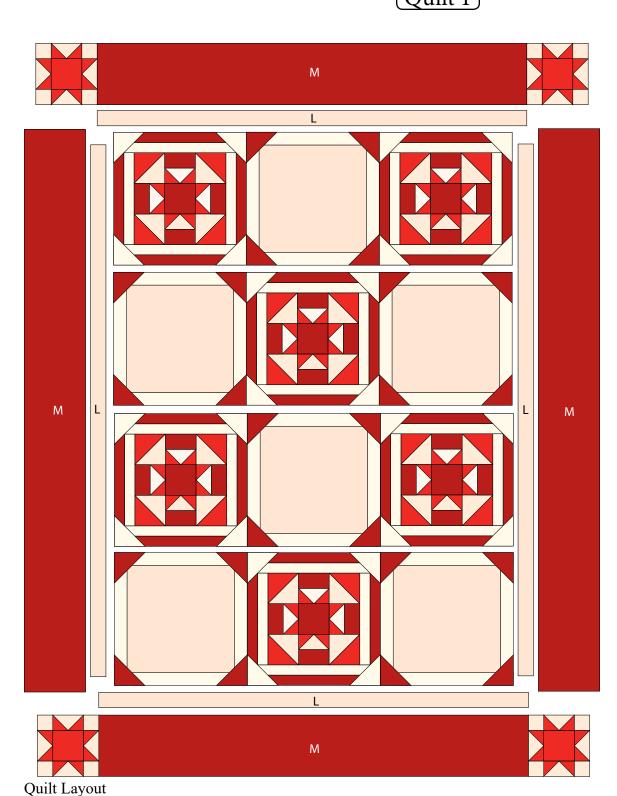


Quilt Top Assembly

(Refer to the Quilt Layout while assembling.)

- 15. Sew (1) Block One to each side of (1) Block Two to make Row One. Repeat to make Row Three.
- 16. Sew (1) Block Two to each side of (1) Block One to make Row Two. Repeat to make Row Four.
- 17. Sew the (4) rows together in numerical order to make the Center Block.
- 18. Sew (1) 2" x 52 ½" Fabric L strip to each side of the Center Block. Sew (1) 2" x 42 ½" Fabric L strip to the top and to the bottom of the Center Block.
- 19. Sew (1) 6 ½" x 55 ½" Fabric M strip to each side of the Center Block. Sew (1) Block Three to each end of (1) 6 ½" x 42 ½" Fabric M strip. Repeat to make a second strip. Sew the strips to the top and to the bottom of the Center Block to make the quilt top.
- 20. Layer and quilt as desired.
- 21. Sew the (7) 2 ½" x WOF Fabric N strips together, end to end with 45-degree seams, to make the binding. Fold this long strip in half lengthwise with wrong sides together and press.
- 22. Bind as desired.

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Every effort has been made to ensure that all projects are error free. All the information is presented in good faith, however no warranty can be given nor results guaranteed as we have no control over the execution of instructions. Therefore, we assume no responsibility for the use of this information or damages that may occur as a result. When errors are brought to our attention, we make every effort to correct and post a revision as soon as possible. Please make sure to check www.henryglassfabrics.com for pattern updates prior to starting the project. We also recommend that you test the project prior to cutting for kits. Finally, all free projects are intended to remain free to you and are not for resale.