

Hearts and Flowers

Quilt design by Diane Nagle

38" x 55"



"Featuring fabrics "Afternoon in the Attic" for RJR Fabrics

“Hearts and Flowers” pattern instructions

Designed by Diane Nagle

Cutting: It is helpful to label your cut pieces by block and size. Read all instructions before you begin.

Applique cutting instructions: *Iron 2 pieces of freezer paper together and press with a hot iron to fuse them waxy sides together. Trace the dark lines only of the small and medium hearts onto the fused freezer paper. Cut out on the dark lines. Lay the template onto the right side of the fabric, drawn a line with a water soluble pen around the template. Cut the fabric out 3/8” away from the drawn line on all sides with scissors. Note: For the Half Heart templates, trace the template on the dark curved lines, but add the ¼” seam allowance on the straight side only to the Templates A and B. Turn over the templates and write “mirror image” on the back side. Lay the templates “mirror image” side up on the fabric face up. Cut out the fabric 3/8” away from the curved lines only, NOT the straight line. The straight lines will later be sewn with a ¼” seam.*

Cutting:

Fabric A:

- (1) 9” x 42” strip; cut into (4) 9” squares.
- (1) Small Heart Template
- (1) Half Template C.

Fabric B:

- (2) Half Heart Templates B.
- (1) Half Heart Template C.

Fabric C:

- (1) 9” x 42” strip; cut into (3) 9” squares.
- (2) Half Heart C Templates.

Fabric D:

- (2) 9” squares
- (1) Half Heart C Template.

Fabric E:

- (2) 9” x 42” strips; cut into (8) 9” squares.
- (5) 2 ½” x 42” strips. Sew end to end and cut (2) 2 ½” x 51 ½” strips and (2) 2 ½” x 38 ½” strips for borders.

Fabric F:

- (1) 9” x 42” strip; cut into (3) 9” squares.
- (1) Half Heart B Template.
- (1) Half Heart C Template.

Fabric G:

- (3) Half Heart C Templates.
- (1) Half Heart B Template.
- (1) Medium Heart Template.

Fabric H:

- (2) 9” squares.

Fabric I:

- (3) Half Heart B Templates.
- (4) Small Heart Templates.
- (5) 2 ½" x 42" binding strips.

Fabric J:

- (1) Half Heart B Template.
- (1) Medium Heart Template.
- (1) Small Heart Template.

Fabric K:

- (1) Half Heart C Template.

Fabric L:

- (2) Half Heart B Templates.

Fabric M:

- (2) Half Heart C Templates.

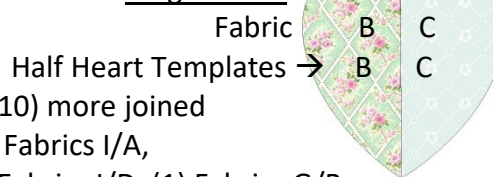
Fabric N:

- (2) 9" squares.
- (2) Half Heart B Templates, (1) Small Heart Template.

Block assembly

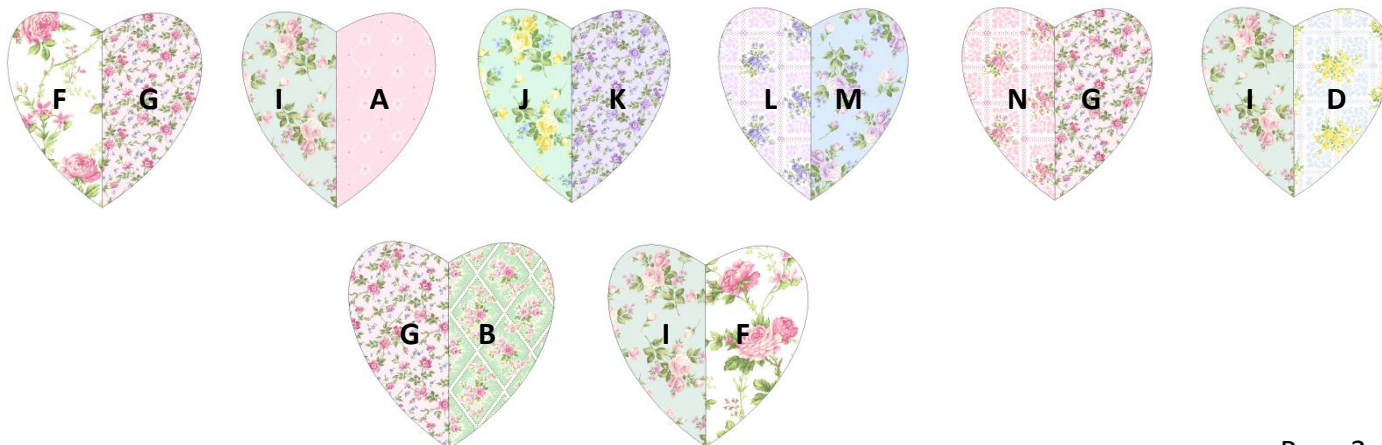
Half Heart Blocks: *(Ignore the letter "A" on the Half Hearts Template page which is the 9" background square).*

1. Sew a ¼" seam using Fabrics B and C Half Hearts (which are templates B and C as well) right sides together on the straight edge, leaving a 3/8" opening at the beginning and the ending of the seam with a backstitch. Press the seam open. See Diagram 1. **Make 2.** Diagram 1 ↘



2. Repeat Step 1 using the following fabrics to make (10) more joined Half Hearts as described: Make (1) Fabrics F/G, (1) Fabrics I/A, (1) Fabrics J/K, (2) Fabrics L/M, (2) Fabrics N/G, (1) Fabrics I/D, (1) Fabrics G/B, and (1) Fabrics I/F. This makes a total of 12 various Half Hearts. The letters on Diagram 2 below represent the fabric used. The left side is the B Template and the right side of the heart is the C Template.

Diagram 2 ↓



3. Center a Fabric A Small Heart right side up on top of a Half Heart B/C which is also right side up. Pin in place. Sew a $\frac{3}{8}$ " seam inside the edge of the Small Heart all the way around. Turn the heart combination over, cut a slit in the back behind the Small Heart and trim away to $\frac{1}{4}$ " to reduce bulk. Make a small clip on the top inside point of the Small Heart from the front seam allowance. Make a few $\frac{1}{4}$ " clips all the way around the Small Heart seam allowance so it will fray easily when washed. See Diagram 3.

Diagram 3 →

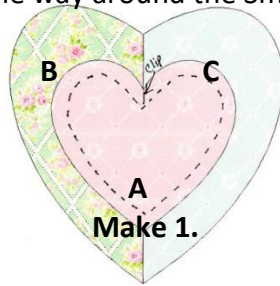


Diagram 4 cont ↗



4. Repeat Step 3 to make (6) more Small Heart/Half Heart combinations as follows: Use Diagram 4 to show the Fabrics chosen for each small heart stitched onto a Half Heart from Step 2. Make 1 of each shown.

Diagram 4 ↓ Make 1 of each.



5. The quilt is made of 6 rows each of 4 blocks. The Medium Hearts, Half Hearts and Small Heart/Half Heart combinations will each be sewn onto a 9" background square. Fold the 9" square in half horizontally and vertically, press lightly with an iron to make guidelines for centering and placing the heart appliques. Pin each applique in place. Again, stitch $\frac{3}{8}$ " inside the outermost heart all the way around the edge. Turn the block over, cut a slit in the background square behind the last heart stitched down and trim away to $\frac{1}{4}$ " to reduce bulk. Remember to clip the seam allowances on the right side of the block (to make them "raggy" when washed).
6. Follow the instructions in Step 5 to applique each heart specified to the background fabric that is specified in the directions for each row below. After each block is finished, sew all four blocks 1-4 together side by side from left to right in the order given:

Row 1: Block 1: Fabric A Small Heart/Fabric B/C Half Heart combination on a Fabric A 9" square.

Block 2: Fabric G Medium Heart on a Fabric D 9" square.

Block 3: Fabric I Small Heart/Fabric F/G Half Heart combination on a Fabric E 9" square.

Block 4: Fabric F 9" square.

Row 1 →



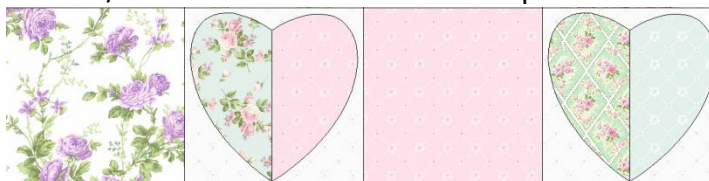
Row 2: Block 1: Fabric H 9" square.

Block 2: Fabric I/A Half Heart on a Fabric E 9" square.

Block 3: Fabric A 9" square.

Block 4: Fabric B/C Half Heart on a Fabric E 9" square.

Row 2 →



Row 3: Block 1: Fabric J/K Half Heart on a Fabric E 9" square.

Block 2: Fabric F 9" square.

Block 3: Fabric N Small Heart/Fabric L/M Half Heart combination on a Fabric E 9" square.

Block 4: Fabric N 9" square.

Row 3 →



Row 4: Block 1: Fabric C 9" square.

Block 2: Fabric I Small Heart/Fabric N/G Half Heart combination on a Fabric E 9" square.

Block 3: Fabric C 9" square.

Block 4: Fabric I/D Half Heart on a Fabric E 9" square.

Row 4 →



Row 5: Block 1: Fabric I Small Heart/Fabric L/M Half Heart combination on a Fabric A 9" square.

Block 2: Fabric N 9" square.

Block 3: Fabric J Medium Heart on a Fabric D 9" square.

Block 4: Fabric I Small Heart/ Fabric G/B Half Heart combination on a Fabric C 9" square.

Row 5 →



Row 6: Block 1: Fabric F 9" square.

Block 2: Fabric I/F Half Heart on a Fabric A 9" square.

Block 3: Fabric H 9" square.

Block 4: Fabric J Small Heart/Fabric N/G Half Heart combination on a Fabric E 9" square.

Row 6 →



7. Sew Rows 1-6 together from top to bottom with horizontal seams to complete the quilt center.

Outer Border:

8. Sew a Fabric E 2 1/2" x 51 1/2" strip to both sides of the quilt center.

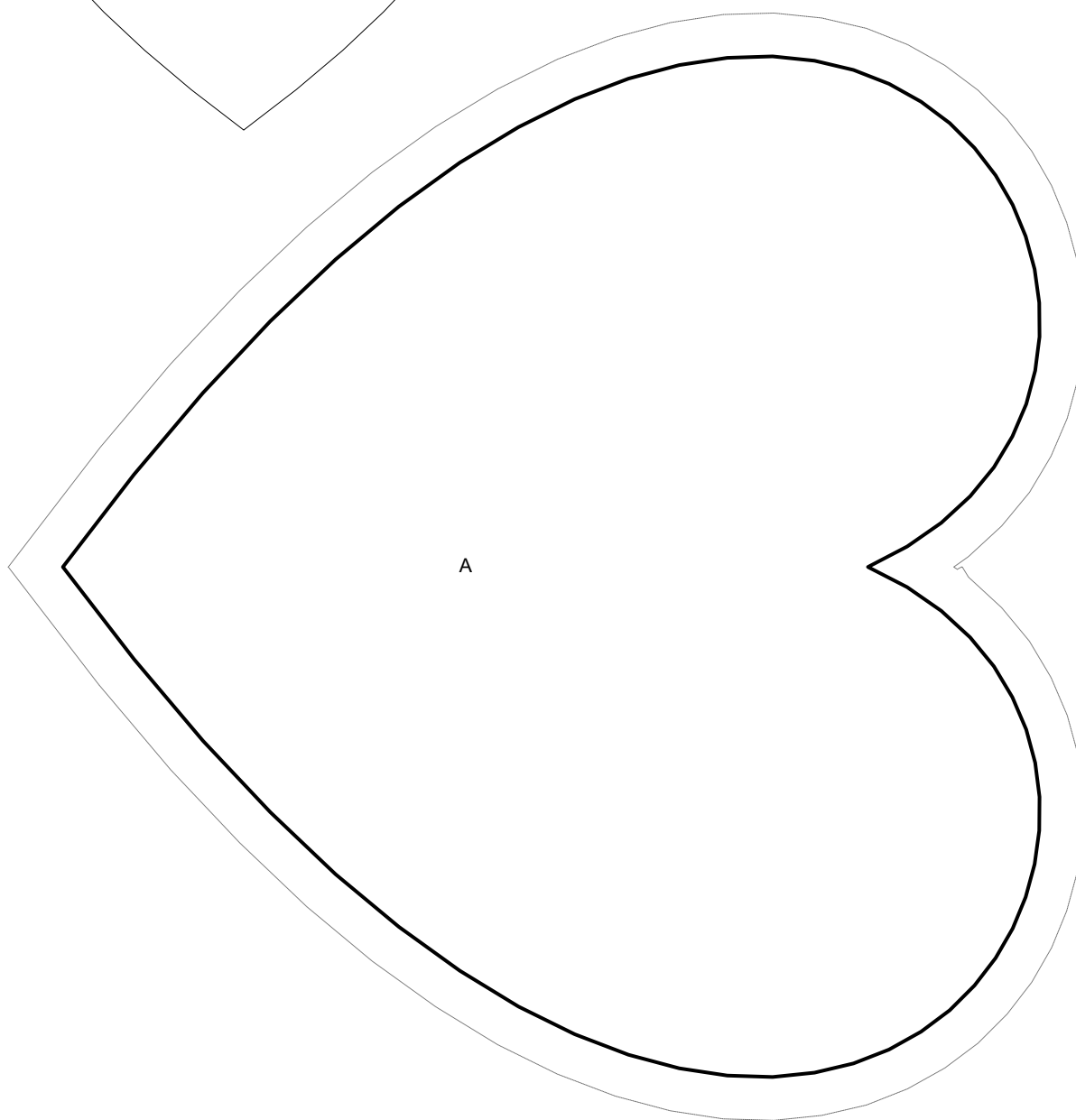
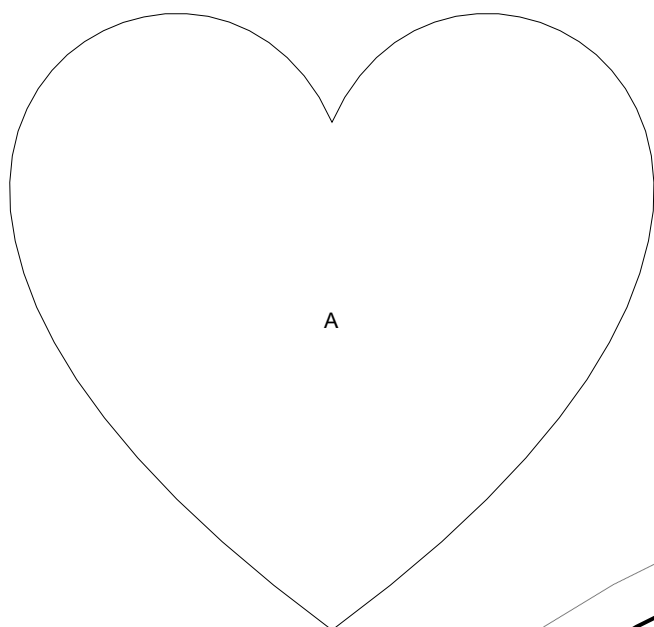
9. Sew a Fabric E 2 1/2" x 38 1/2" strip to the top and bottom of the quilt.

10. Layer quilt with batting and batting, quilt as desired and bind using the Fabric I 2 1/2" binding strips.

11. After completing the binding make sure that all the heart edges are clipped and wash the quilt in cool water on a delicate cycle in the washing machine. Put in the dryer to dry to make all the heart edges "raggy" looking. Enjoy the quilt!

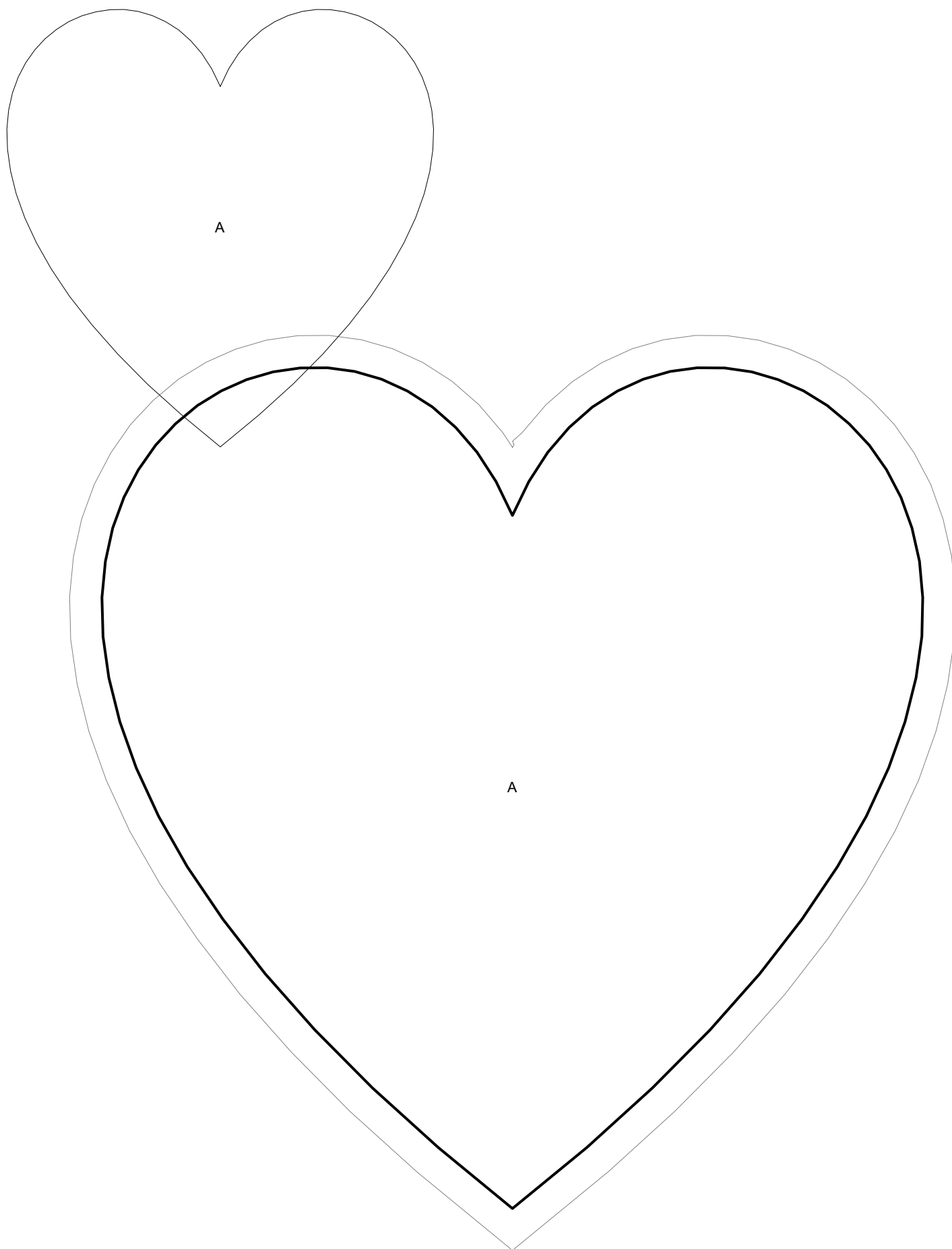
Small Heart

Key Block (57/100 actual size)



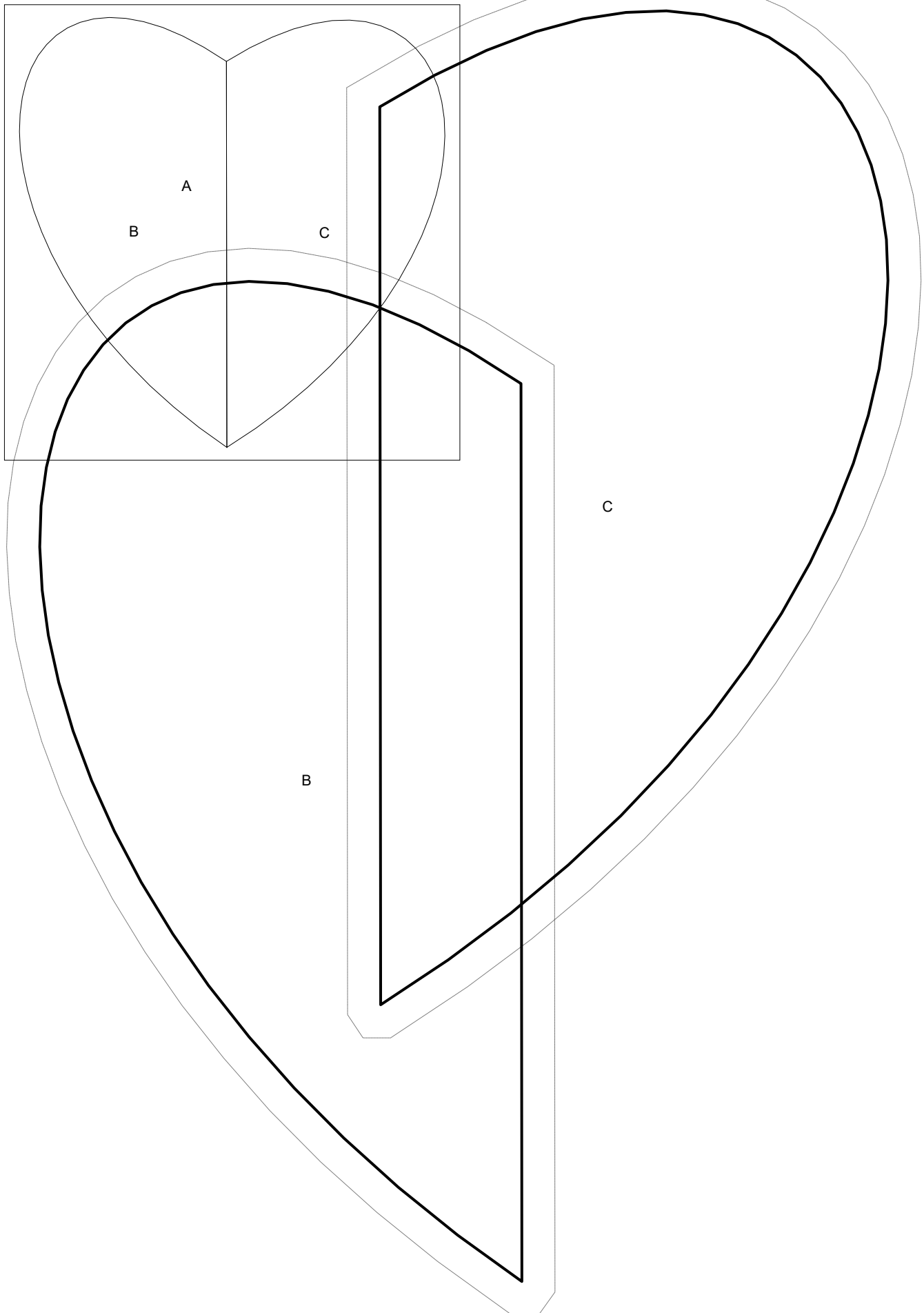
Medium Heart

Key Block (26/50 actual size)



Half heart templates

Key Block (43/100 actual size)



Hearts and Flowers

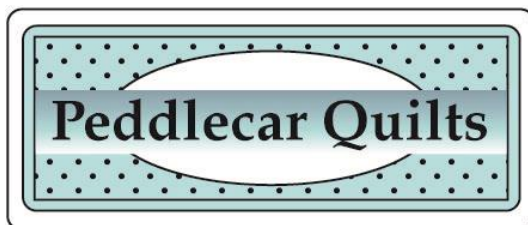
Fabric Collection “Afternoon in the Attic” for RJR Fabrics

Quilt design by Diane Nagle • Quilt size 38” x 55” • Block size: 8 ½” finished

Yardage

	Style	Amount	Used for
Fabric A	3150-003 pink eyelet	½ yard	Blocks
Fabric B	3147-002 green plaid	¼ yard	Blocks
Fabric C	3150-004 aqua eyelet	½ yard	Blocks
Fabric D	3146-003 blue/yellow floral	1/3 yard	Blocks
Fabric E	3150-005 white eyelet	1 yard	Blocks
Fabric F	3144-002 white/pink roses	½ yard	Blocks
Fabric G	3148-002 pink small floral	½ yard	Blocks
Fabric H	3144-001 white/lavender roses	1/3 yard	Blocks
Fabric I	3145-002 aqua med floral	¾ yard	Blocks, binding
Fabric J	3145-003 green/yellow floral	¼ yard	Blocks
Fabric K	3148-001 lavender small floral	1/8 yard	Blocks
Fabric L	3146-001 lavender plaid	1/8 yard	Blocks
Fabric M	3145-001 blue/lavender floral	1/8 yard	Blocks
Fabric N	3146-002 pink plaid	½ yard	Blocks
Backing	Fabric of choice	1 ¾ yards	

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