

True Nature

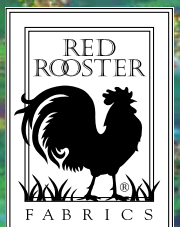
by Flora Bowley

Quilt design by Cathey Laird of Cathey Marie Designs
www.catheymariedesigns.com



Quilt size: approximately 57" x 75"

www.redroosterfabrics.com



FABRIC REQUIREMENTS:

Yardages are based on 40" wide, unwashed fabric.

- A. Pattern #26704 – MUL 1³/₄ yard
- B. Pattern #26705 – MUL 1³/₄ yard
- C. Pattern #26706 – BLU 1³/₄ yard
- D. Pattern #26706 – RED 1³/₄ yard
- E. Pattern #26707 – MUL 1 1¹/₄ yards
- F. Black fabric of choice (includes binding).....1³/₄ yards
- Backing (26704 – MUL 1) 4³/₄ yards
- Batting 65" x 83"

CUTTING INSTRUCTIONS:

Please read all instructions carefully before beginning. 1/4" seam allowance is included in measurements and all strips are cut across the width of the fabric unless noted otherwise. Label pieces and keep together until ready to sew. These instructions are based on unwashed fabrics. Cut all paper-piecing fabric pieces to cover designated section and extend at least 1/4" into all adjacent sections and to outside edges of 200% enlarged pattern.

A. Pattern #26704 – MUL 1 (all over):

1. Enlarge paper-piecing pattern 200% to measure 9¹/₂" square. Cut twelve pieces for A1.

B. Pattern #26705 – MUL 1 (triangles):

1. Cut twelve pieces for A1.

C. Pattern #26706 – BLU 1 (dots):

1. Cut twelve pieces for A1.

D. Pattern #26706 – RED 1 (dots):

1. Cut twelve pieces for A1.

E. Pattern #26707 – MUL 1 (whisper):

1. Cut 48 pieces for A2 and 48 pieces for piece A3.

F. Black fabric:

1. Cut seven 2" strips for border.
2. Cut seven 2¹/₄" strips for binding.
3. Cut 48 pieces for A4 and 48 pieces for A5.

PIECING INSTRUCTIONS:

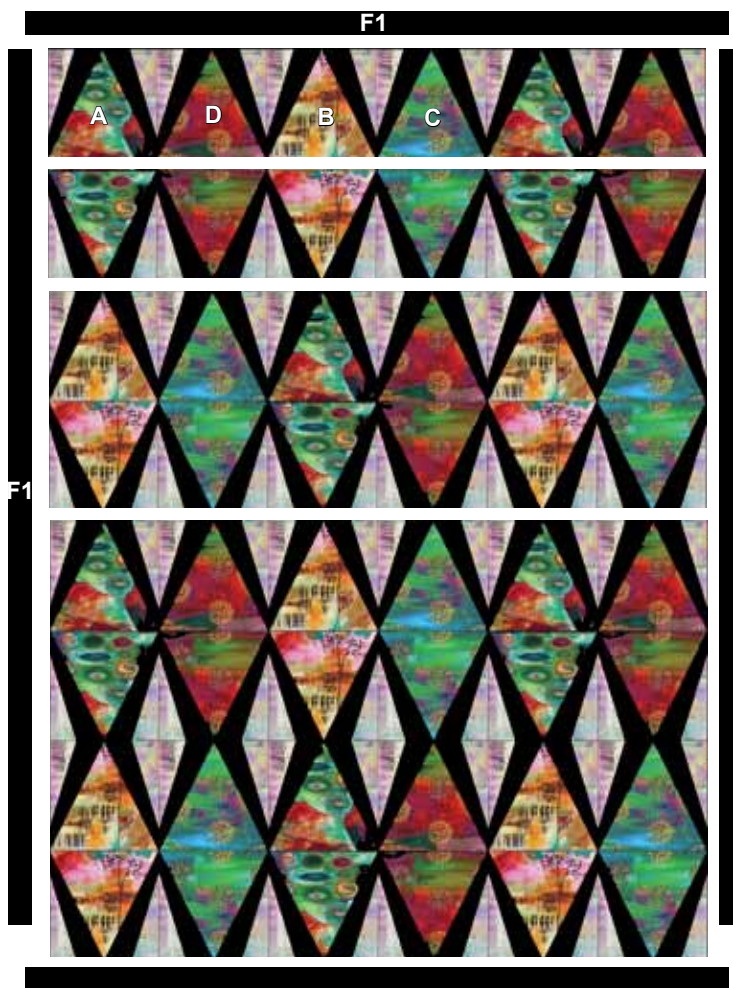
1. Make 48 copies of the enlarged paper-piecing pattern. Trim just outside of the block outline. Printed side of paper is the sewing side. Numbers are the sewing order. Fabric will be placed on the back of the paper.
2. Working on the back of the pattern, place an A1 piece right side up on the A1 section (wrong side of fabric against paper). Hold the paper up to a light to make sure the fabric overlaps the outline for section 1 at least 1/4" into sections 2 and 3. Pin in place with pin away from line between sections A1 and A2.
3. Place an A2 piece right sides together with A1 piece, overlapping the line between sections A1 and A2 at least 1/4". Flip A2 piece to make sure that it covers section A2 and overlaps 1/4" into section 4. Flip A2 piece back over onto A1 piece. Pin in place with pin away from line between sections A1 and A2.
4. Shorten your stitch length to 1.5. With the printed side of the pattern up, stitch along the line between sections A1 and A2, extending stitching to outside edges of pattern. Remove pins. Fold A2 piece over to cover section A2. Press with a dry iron.
5. Fold A2 piece away from section A2. Turn pattern over. Fold paper away from fabric along the A1/A2 stitched line. Trim seam allowance to 1/4". Unfold paper and place A2 piece back over section A2. Pin in place.
6. Continue adding pieces in this manner in numerical order until block is complete. Trim block on printed outer square lines.
7. Repeat steps 1-6 with remaining paper-piecing patterns to make twelve blocks each of A, B, C and D fabrics.

QUILT ASSEMBLY: (Refer to quilt diagram)

1. Sew blocks together as shown forming 8 rows of 6 blocks. Carefully remove paper patterns. Press seams in opposite directions from row to row.
2. Sew rows together. Press seams to one side.
3. Sew two F1 strips together. Measure sides of the quilt and using average measurement, cut border strip. Sew to the side of the quilt. Repeat. Press seams toward strips.
4. Sew three remaining F1 strips together. Measure the top and bottom of the quilt and using average measurement, cut border strips. Sew to the top and bottom of the quilt. Press seams toward border strips.

FINISHING:

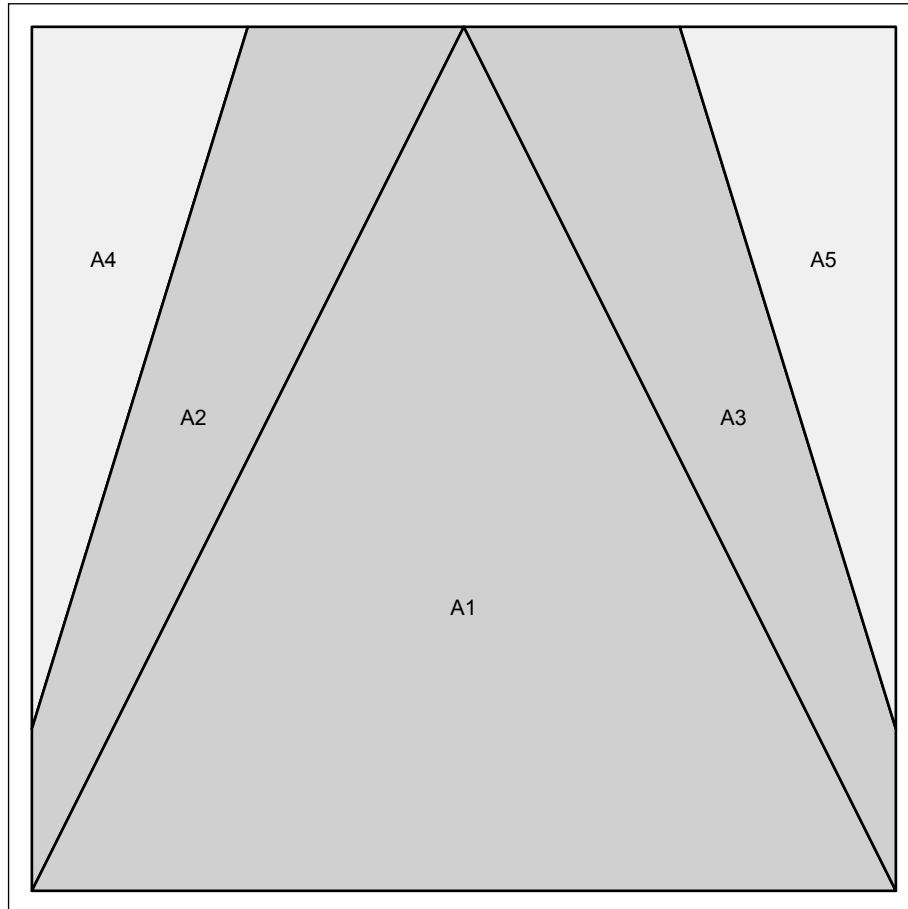
1. Prepare backing with vertical seam to measure 65" x 83".
2. Layer backing, batting and quilt top. Baste layers together.
3. Quilt as desired.
4. Trim layers even with top.
5. Join seven 2¹/₄" F2 binding strips with diagonal seams. Press seams open. Press strip in half lengthwise with wrong sides together to make double-fold binding. Sew binding to quilt using your favorite method.
6. Make a label and sew to back of the quilt.



Quilt Diagram

True Nature

Quilt design by Cathey Laird of Cathey Marie Designs
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NOTE: ENLARGE 200%
Print out 48 copies to make quilt.
200% will measure approximately 9½" square

True Nature used in quilt:



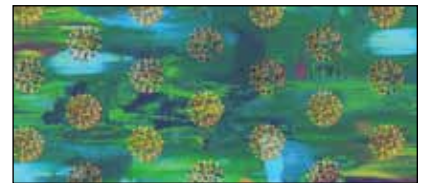
26704 – MUL 1



26705 – MUL 1



26707 – MUL 1



26706 – BLU 1



26706 – RED 1

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