



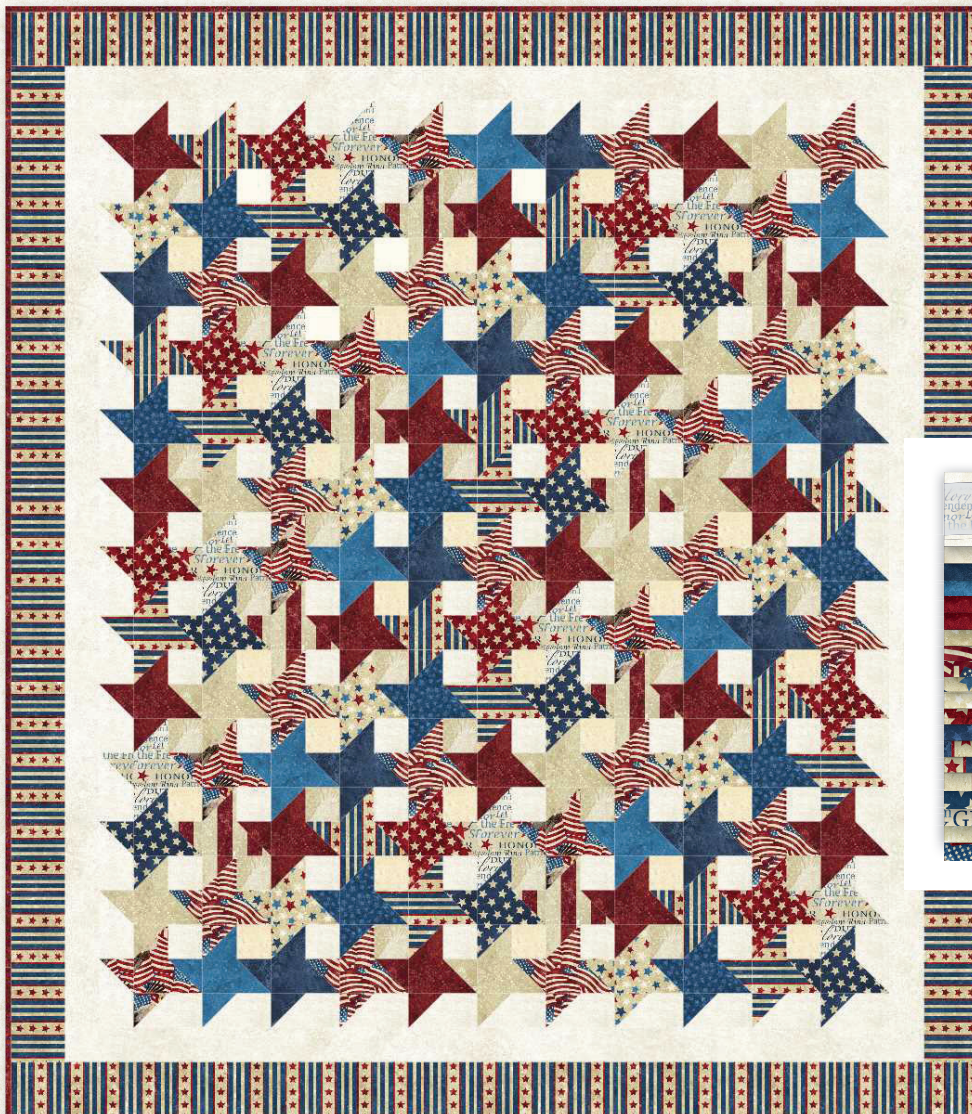
**NORTHCOTT**  
*Cottons that feel like silk*



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# STONEHENGE LAND OF THE FREE

by Linda Ludovico  
& Deborah Edwards



Featuring the  
**Land of the Free**  
strip pack

FREE PATTERN • **Stars of Valor 2** • 57" x 65" by Patti Carey for Northcott

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# Stars of Valor II

Show your support for our service personnel by making a quilt with Northcott's Stars & Stripes strip pack #STONES-490 (a Quilts of Valor collection). This generous lap-sized quilt meets the Quilts of Valor size guidelines.

**Finished Size:** 57" x 65"

**Skill level:** Advanced beginner

Fabric Requirements	Yards	Cutting Instructions
<b>Fabric A</b> STONES-490 strip set	1 pack	See below
<b>Fabric B</b> #3934-195 cream (inner border)	7/8yd	Cut 6 strips 2 1/2" x width of fabric (wof); join end-to-end and cut (2) 54 1/2" pieces & (2) 50 1/2" pieces for borders. Cut 5 strips 2 1/2" x wof; cut 46 pieces using the larger template, 2 pieces using the smaller template, and (2) 2 1/2" squares.
<b>Fabric C</b> - #20161-49 star stripe (outer border)	7/8yd	Cut 7 strips 3 3/4" x wof; join end-to-end and cut (2) 58 1/2" pieces & (2) 57" pieces.
<b>Fabric D</b> #3954-190 red (binding)	1/2yd	Cut 7 strips 2 1/4" x wof; join end-to-end and press in half lengthwise.
<b>Fabric E</b> - backing	3 1/2yds	Cut one 73" piece. Cut balance in half lengthwise, join end-to-end, and add to side of 73" piece.
Batting		A piece 61" x 69"
Template plastic		Trace large & small templates onto plastic, transferring all markings, and cut out along outer edges.

## Cutting the strip set:

Notice that there are 2 strips of each fabric – pair them up now. You should have 4 pairs of light tonal cream strips and 16 pairs of strips with some red and/or blue.

Cream strips: Cut the 4 pairs of light tonal cream strips into 2 1/2" squares, cutting a total of 120 squares.

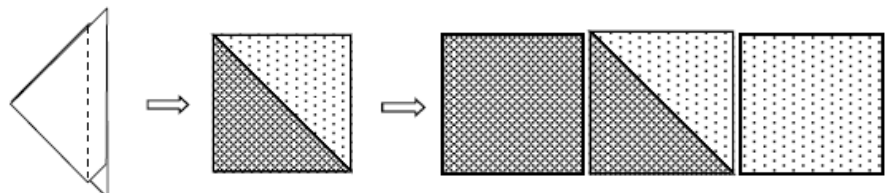
Red/blue strips: Working with one pair at a time, cut 36 pieces using the small template, making sure that the template is right side up. With strip right side up on your cutting surface, work from left end of strip to right end of strip, rotating template 180degrees and placing left edge of template along previous cut. (You may stack the strips if you wish, but open them to full-width-of-fabric before stacking.) From balance, cut (9) 2 1/2" squares.



## Piecing:

1. Lay out the red/blue 2 1/2" squares randomly in 13 rows of 11, leaving 2 1/2" between each square and between rows.

2. Working in the top row only, choose a triangle of Fabric #1 and Fabric #2. Sew together along diagonal edges, pressing seam to one side; trim unit to 2 1/2" if necessary. Place this unit in the space



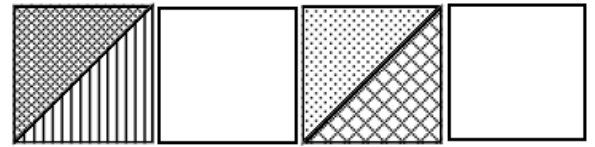
between the first and second square so that the seam runs from UPPER LEFT to LOWER RIGHT, and the Fabric #1 edge abuts the first square (see diagram).

3. Continue across the top row, making triangle units for 2/3, 3/4, 4/5, 5/6, etc up to 10/11. Insert these units between the squares. Do not sew them to the squares yet.

4. Repeat with rows 2 through 13, adding the triangle units between each square in the row.

5. Now we will make the triangle units that go between the rows.

Choose triangles that match the first squares in rows 1 and 2, and sew them together, pressing seam to one side. Place this unit in the space between the first and second row so that the seam runs from UPPER RIGHT to LOWER LEFT, and the Fabric #1 edge abuts the first square (see diagram).



6. Continue across the space between rows 1 and 2, inserting the triangle units between the squares.

7. Finally, insert the tonal cream 2½" squares in the spaces between the triangle units.

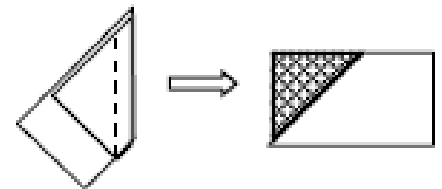
8. Keeping each piece in the correct position, sew the squares and triangle units together into rows, pressing seams toward squares. You will have 13 rows containing red/blue squares and 12 "in-between" rows containing cream squares.

9. Sew the rows together, matching seams, and press seams to one side.

#### Outer "Frame" of Star Points:

1. The outer star point units are built using the remaining red/blue triangles and the Fabric B pieces cut with the large template. Let's build the bottom frame first.

2. Choose a red/blue triangle that matches the first square in the bottom row, and sew it to a large cream piece along the diagonal edge, pressing seam toward the red/blue triangle. Place this unit below the first star.



3. Continue across the row, making units that match each red/blue square. For the last (11<sup>th</sup>) square, sew a cream triangle to the red/blue triangle, pressing seam toward red/blue, and place below the red/blue square.

4. Sew these units together into a row and sew this row to the bottom of the quilt, pressing seam toward quilt.

5. Make the top "frame" row in the same manner. Note that the first unit in the top row is a cream triangle/red-blue triangle unit, while the rest of the units are made using the large cream template. Sew the units into a row and add to the top edge of the quilt, pressing seam toward quilt.



6. In the same manner, build the side "frames", adding a cream square at the bottom of the right frame and the top of the left frame. Sew these side frames to the quilt, pressing seam toward quilt.

**Border & Finishing:**

1. Sew the 54½" Fabric B strips to each side of the quilt, then add the 50½" Fabric B strips to top and bottom edges, pressing seams toward outer edges.
2. Sew the 58½" Fabric C strips to each side of the quilt, then add the 57" Fabric C strips to top and bottom edges, pressing seams toward outer edges.
3. Layer the prepared backing, batting and quilt top. Baste and quilt as desired.
4. Trim edges even with quilt top. Sew the prepared Fabric D binding to the edges, turn and stitch in place.

