

# Simple Pleasures

By Christine Adolph

Quilt 1



Blue Version

Pink Version

Skill Level: Advanced Beginner

A Free Project Sheet From



facebook

Finished Quilt Size: 50" x 62"

49 West 37th Street, 14th floor, New York, NY 10018

Toll Free: 800-294-9495

fax: 212-679-4578

www.blankquilting.com

# SIMPLE PLEASURES Quilt 1

Finished Quilt Size: 50" x 62"

## Fabrics in the Inspirations Collection



Tonal Floral - Red  
8167-88



Tonal Floral - Blue  
8167-77



Tonal Floral - Green  
8167-66



Vine - Ecru  
8166-44



Vine - Pink  
8166-22



Vine - Lt. Blue  
8166-11



Words - Red  
8165-88



Words - Blue  
8165-77



Floral Allover - Lt. Green  
8164-60



Floral Allover - Ecru  
8164-44



Butterflies - Lt. Green  
8163-60



Butterflies - Ecru  
8163-44



Butterflies - Lt. Blue  
8163-11



Inspirational Blocks - Blue  
8162-77

## Materials

### Blue Version

¾ yard	Inspirational Blocks - Blue (A)	8162-77
¾ yard	Tonal Floral - Blue (B)	8167-77
¼ yard	Floral Allover - Lt. Green (C)	8164-60
¾ yard	Butterflies - Lt. Blue (D)	8163-11
1 yard	Vine - Ecu (E)	8166-44
½ yard	Butterflies - Ecu (F)	8163-44
¾ yard	Words - Blue (G)	8165-77
½ yard	Tonal Floral - Green (H)	8167-66*
3 ¼ yards	Butterflies - Ecu (Backing)	8163-44

### Red Version

¾ yard	Inspirational Blocks - Blue (A)	8162-77
¾ yard	Tonal Floral - Red (B)	8167-88
¼ yard	Floral Allover - Ecu (C)	8164-44
¾ yard	Butterflies - Lt. Green (D)	8163-60
1 yard	Vine - Pink (E)	8166-22
½ yard	Butterflies - Ecu (F)	8163-44
¾ yard	Words - Red (G)	8165-88
½ yard	Tonal Floral - Green (H)	8167-66*
3 ¼ yards	Butterflies - Lt. Green (Backing)	8163-60

\*Includes binding

## Cutting Instructions

*Please note: all strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.*

### From the Inspirations Blocks - Blue (A):

- Fussy cut (12) 7 ½" blocks.

### From the Tonal Floral - Blue (Tonal Floral - Red) (B), cut:

- (5) 2" x WOF strips. Sub-cut strips into (24) 2" x 7 ½" strips.
- (6) 2" x WOF strips. Sub-cut strips into (24) 2" x 10 ½" strips.

### From the Floral Allover - Lt. Green (Floral Allover - Ecu) (C), cut:

- (2) 3 ½" x WOF strips. Sub-cut strips into (20) 3 ½" squares.

### From the Butterflies - Lt. Blue (Butterflies - Lt. Green) (D), cut:

- (6) 3 ½" x WOF strips. Sub-cut strips into (62) 3 ½" squares.

### From the Vine - Ecu (Vine - Pink) (E), cut:

- (12) 2" x WOF strips. Sub-cut strips into (248) 2" squares.
- (5) 2" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 2" x 51 ½" strips and (2) 2" x 42 ½" strips.

### From the Butterflies - Ecu (F), cut:

- (3) 3 ½" x WOF strips. Sub-cut strips into (31) 3 ½" squares.
- (1) 4 ½" x WOF strip. Sub-cut strip into (4) 4 ½" squares.

### From the Words - Blue (Words - Red) (G), cut:

- (5) 4 ½" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 4 ½" x 54 ½" strips and (2) 4 ½" x 42 ½" strips.

### From the Tonal Floral - Green (H), cut:

- (6) 2 ½" x WOF strips for the binding.

### From the Butterflies - Ecu (Butterflies - Lt. Green) (Backing), cut:

- (2) 58" x WOF strips for the backing. Sew the strips together and trim to make the 58" x 70" back.

### Sewing Instructions

1. Sew (1) 2" x 7 1/2" Fabric B strip to each side of (1) 7 1/2" Fabric A block. Sew (1) 2" x 10 1/2" Fabric B strip to the top and to the bottom of the Fabric A block. Trim the block to measure 9 1/2" square to make (1) A block. Repeat to make (12) A blocks total.

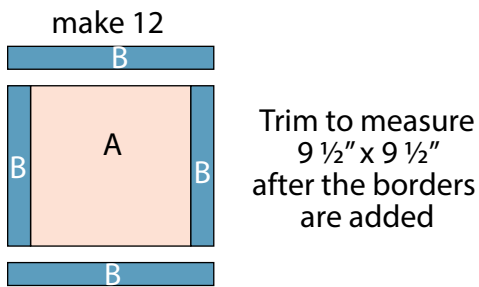


Fig. 1

2. Place (1) 2" Fabric E square on the top left corner of (1) 3 1/2" Fabric D square, right sides together (Fig. 2). Sew across the diagonal of the smaller square from the upper right corner to the lower left corner (Fig. 2). Flip open the triangle formed and press (Fig. 3). Trim away the excess fabric from behind the triangle 1/4" away from the sewn seam.

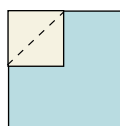


Fig. 2

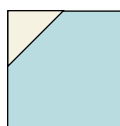


Fig. 3

3. Follow Figure 4 for the seam direction to add a 2" Fabric E square to each of the remaining corners of the 3 1/2" Fabric D square to make (1) D block (Fig. 5).

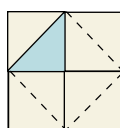


Fig. 4

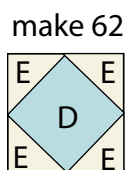


Fig. 5

4. Repeat Steps 2-3 to make (62) D blocks total.

5. Sew (1) D block to each side of (1) 3 1/2" Fabric F square to make (1) F strip (Fig. 6). Repeat to make (16) F strips total.

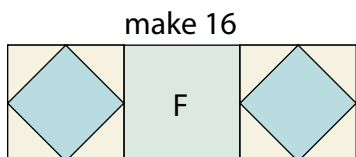


Fig. 6

6. Follow Figure 7 and sew (4) 3 1/2" Fabric C squares, (6) D blocks and (3) 3 1/2" Fabric F squares together to make (1) sashing strip. Repeat to make (5) sashing strips total.

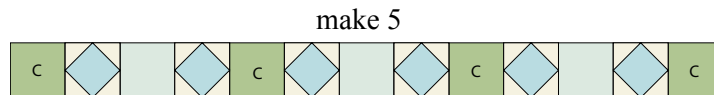


Fig. 7

### Quilt Top Assembly

*(Refer to the **Quilt Layout** while assembling.)*

7. Sew (4) F strips and three A blocks together to make (1) row. Repeat to make (4) rows total.

8. Sew (5) sashing strips and the (4) rows together, alternating them, to make the quilt top.

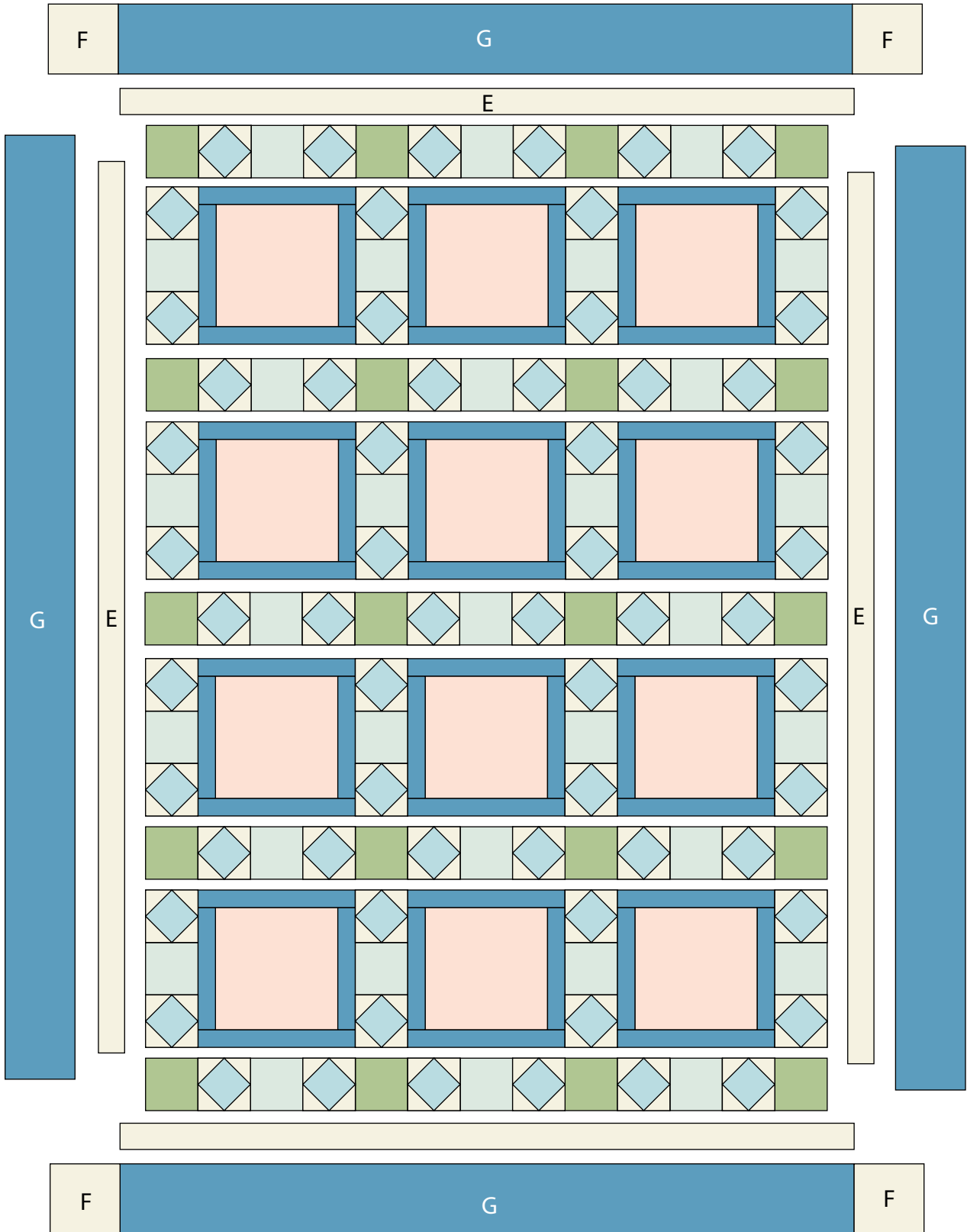
9. Sew (1) 2" x 51 1/2" Fabric E strip to each side of the quilt top. Sew (1) 2" x 42 1/2" Fabric E strip to the top and to the bottom of the quilt top.

10. Sew (1) 4 1/2" x 54 1/2" Fabric G strip to each side of the quilt top. Sew (1) 4 1/2" Fabric F square to each end of (1) 4 1/2" x 42 1/2" Fabric G strip. Repeat to make a second strip. Sew the strips to the top and to the bottom of the quilt top.

11. Layer and quilt as desired.

12. Sew the (6) 2 1/2" x WOF Fabric H strips together, end to end with 45-degree seams, to make the binding. Fold this long strip in half lengthwise with wrong sides together and press.

13. Bind as desired.



Quilt Layout