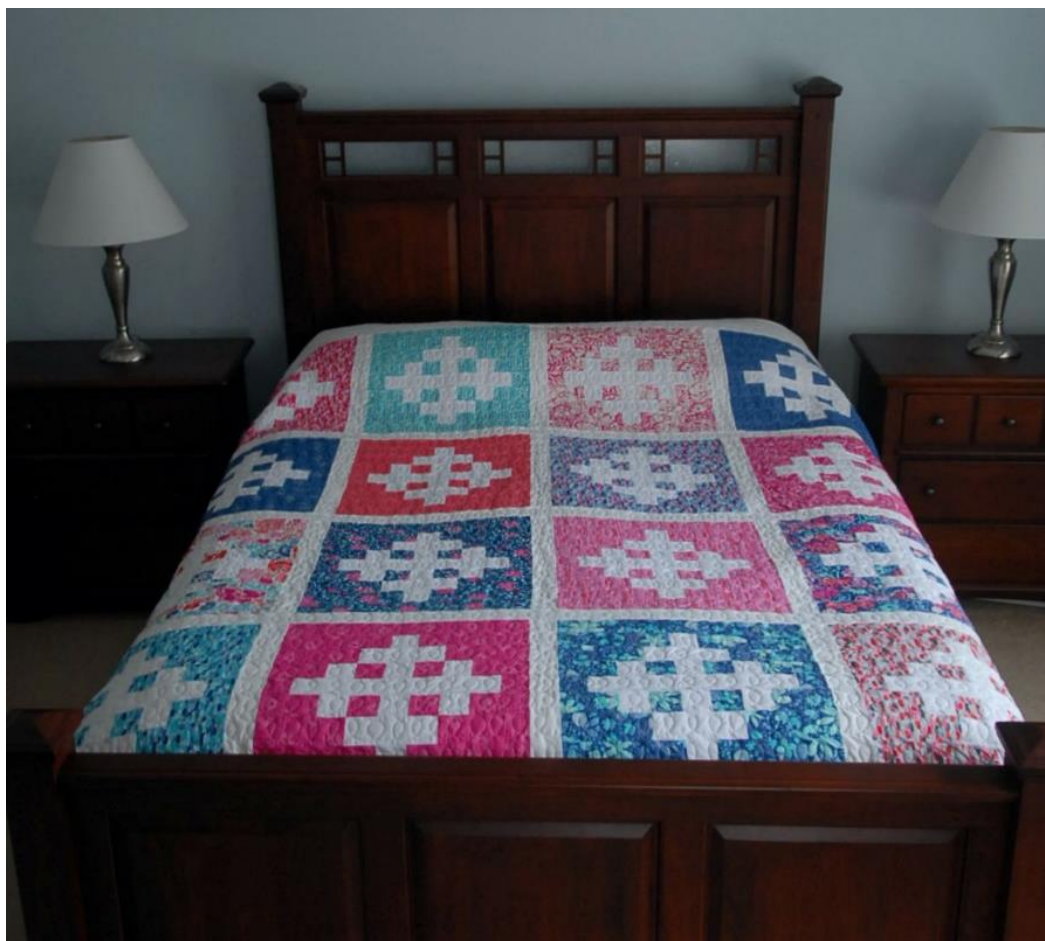


Nordic Playlist

90" x 90"



a free quilt pattern from

 **BEAR CREEK**

 quilting company

Designed by Cheryl Brickey of Meadow Mist
DESIGNS

The Nordic Playlist cover quilt features prints from the Paradiso collection by Kate Spain for Moda along with Moda Bella White solid fabric.

The quilt finishes at 90" x 90", a nice double/queen size. Each 18" x 18" (finished) block in the quilt uses one fat quarter of a print fabric along with some background fabric, so the size of the quilt is easy to scale up and down.

For this pattern, the width of fabrics (WOF) is assumed to be at least 42", a fat quarter is assumed to be at least 18" x 21", and a scant ¼" (a thread width smaller than ¼") seam is to be used throughout the construction of the quilt.

FABRIC REQUIREMENTS

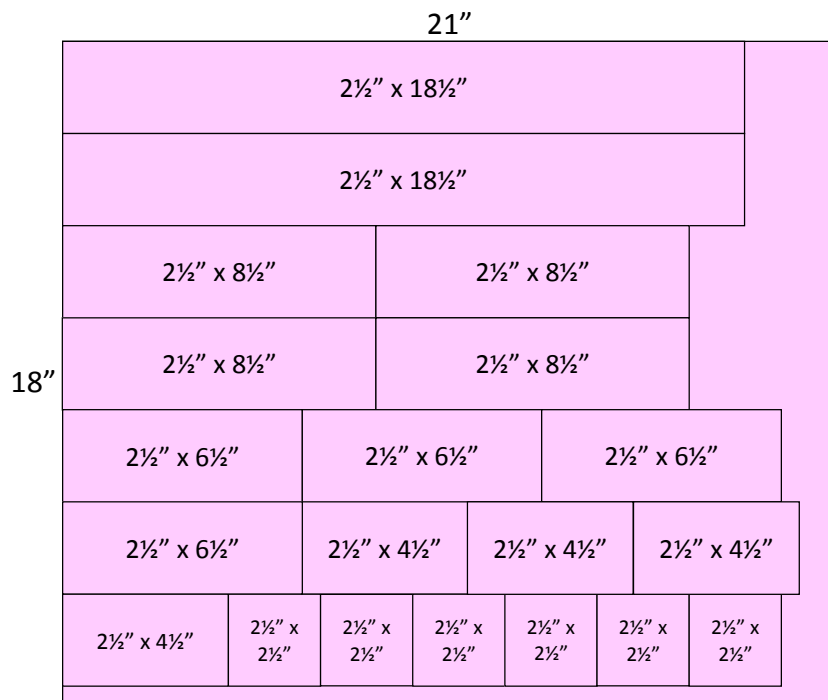
	Queen size (90" x 90")
Print fat quarters	16 fat quarters
Background fabric (within blocks)	1 ½ yards
Sashing & border fabric	2 ⅝ yards
Binding fabric (straight grain)	¾ yard
Backing fabric (for a 4" overhang)	8 ¼ yards
Batting	98" x 98"

STEP 1 - CUTTING FABRICS

Print Fat Quarters

Cut each print fat quarter into the following pieces using the cutting table and diagram. You will be using almost all of the fabric in the 18" dimension of the fat quarter so cut carefully.

Piece Count	Piece Size
2	2 ½" x 18 ½"
4	2 ½" x 8 ½"
4	2 ½" x 6 ½"
4	2 ½" x 4 ½"
6	2 ½" x 2 ½"



Background Fabric (within blocks) (Note: if you cut each strip you may have a few extra pieces cut.)

1. Cut 20 strips ($2\frac{1}{2}$ " x WOF) background fabric
 - a. Sub-cut 6 strips into squares ($2\frac{1}{2}$ " x $2\frac{1}{2}$ "), 16 per strip, for 96 squares ($2\frac{1}{2}$ " x $2\frac{1}{2}$ ").
 - b. Sub-cut 6 strips into rectangles ($2\frac{1}{2}$ " x $6\frac{1}{2}$ "), 6 per strip, for a total of 32 rectangles ($2\frac{1}{2}$ " x $6\frac{1}{2}$ ").
 - c. Sub-cut 8 strips into 2 rectangles ($2\frac{1}{2}$ " x $14\frac{1}{2}$ ") and 4 squares ($2\frac{1}{2}$ " x $2\frac{1}{2}$ ") for a total of 16 rectangles ($2\frac{1}{2}$ " x $14\frac{1}{2}$ ") and 32 squares ($2\frac{1}{2}$ " x $2\frac{1}{2}$ "). The combined total of $2\frac{1}{2}$ " x $2\frac{1}{2}$ " squares from steps (a) and (c) is 128 squares ($2\frac{1}{2}$ " x $2\frac{1}{2}$ ").

Sashing and Border Fabric

1. Cut 6 strips ($2\frac{1}{2}$ " x WOF) (for sashing between blocks)
 - a. Sub-cut each strip into 2 rectangles ($2\frac{1}{2}$ " x $18\frac{1}{2}$ ") for a total of 12 rectangles ($2\frac{1}{2}$ " x $18\frac{1}{2}$ ").
2. Cut 6 strips ($2\frac{1}{2}$ " x WOF) (for rows of sashing)
3. Cut 9 strips ($6\frac{1}{2}$ " x WOF) (for borders)

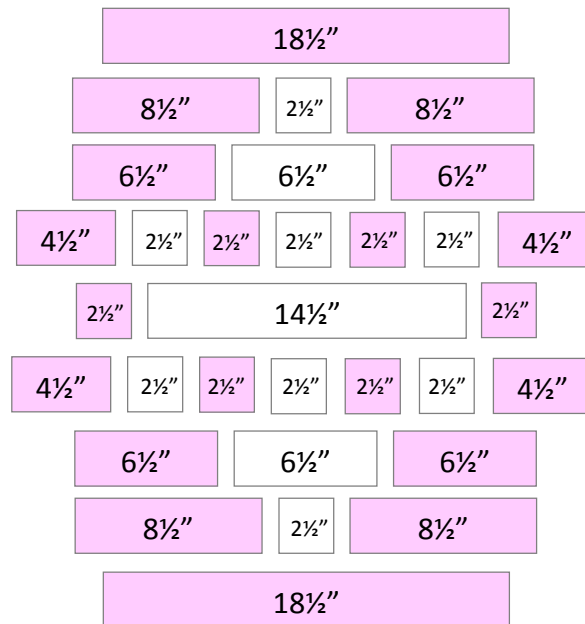
Binding Fabric

Cut 10 strips (2 1/2" x WOF) binding fabric

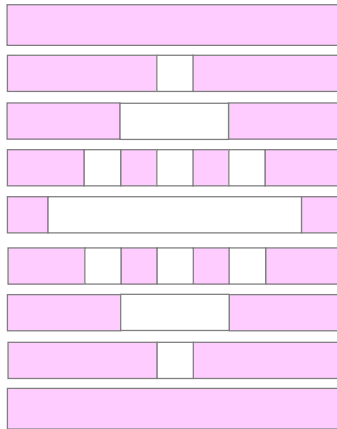
STEP 2 - FORMING THE BLOCKS

1. Arrange the following fabric pieces as shown. In the illustration below, all of the pieces are 2 1/2" high by the number indicated wide.

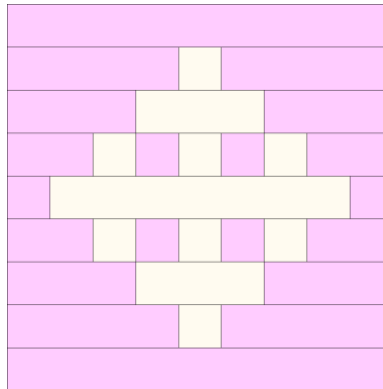
Single Nordic Playlist Block		
	Piece Count	Piece Size
Print fabric pieces	2	2 1/2" x 18 1/2"
	4	2 1/2" x 8 1/2"
	4	2 1/2" x 6 1/2"
	4	2 1/2" x 4 1/2"
	6	2 1/2" x 2 1/2"
Background fabric pieces	1	2 1/2" x 14 1/2"
	2	2 1/2" x 6 1/2"
	8	2 1/2" x 2 1/2"



2. Sew the pieces into rows, pressing seams towards the print fabric pieces.



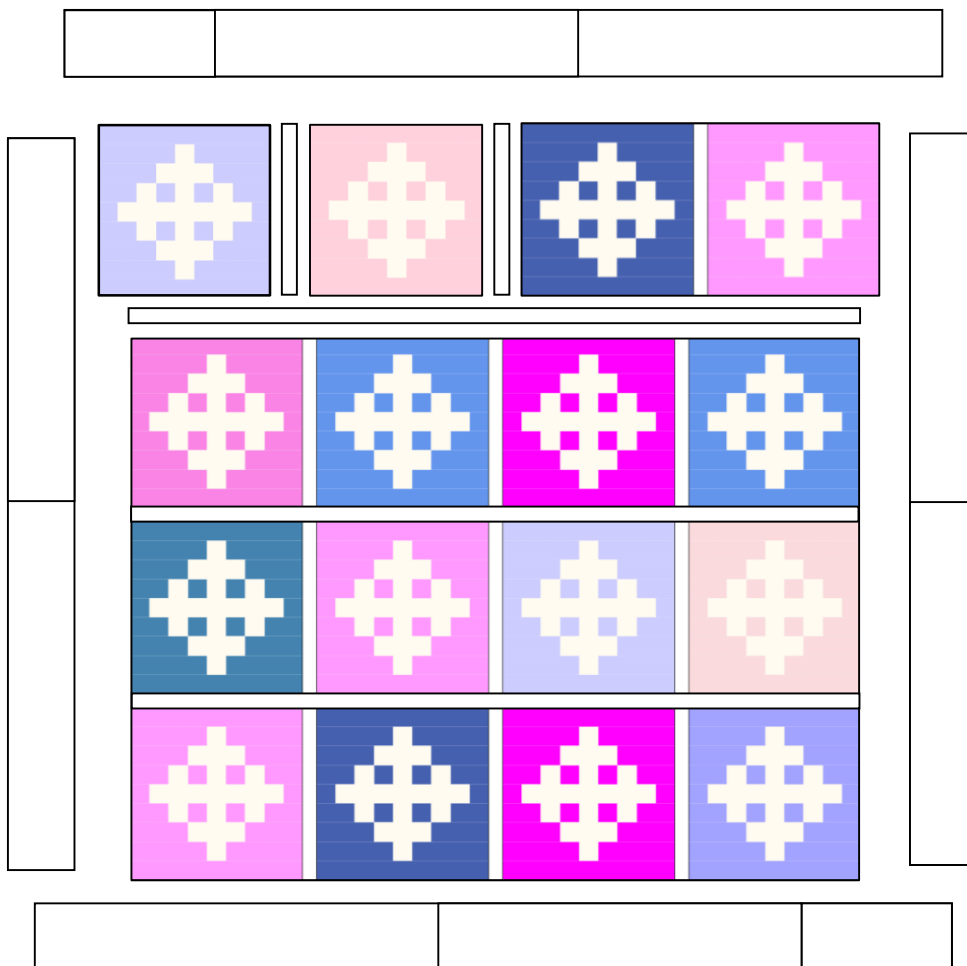
3. Sew the rows together, pressing seams open. The block should measure $18\frac{1}{2}'' \times 18\frac{1}{2}''$ ($18'' \times 18''$ finished), repeat for 16 blocks.



STEP 3 - QUILT TOP ASSEMBLY

1. Lay out the blocks in 4 rows of 4 blocks each. Place a $2\frac{1}{2}'' \times 18\frac{1}{2}''$ sashing piece between the blocks within each row (3 sashing pieces per row).
2. Sew the blocks and sashing strips together into rows, pressing seams towards the sashing strips.
3. Form a row of sashing by sewing 2 full strips ($2\frac{1}{2}'' \times \text{WOF}$) end to end and trimming to the average length of the rows, approximately ($2\frac{1}{2}'' \times 78\frac{1}{2}''$). Repeat to form 3 long sashing pieces.
4. Lay out the sashed block rows, placing a long sashing piece between the sashed block rows. Sew the sashed block rows and long sashing pieces together, pressing towards the long sashed pieces to form the quilt top.

5. Form the side borders by sewing 2 full strips (6 ½" x WOF) of the border fabric end to end and trimming to the average height of the quilt, approximately 78 ½". Repeat to form 2 side borders.
6. Sew side borders onto the quilt top, pressing seams open or towards the border fabric.
7. Cut 1 strip (6 ½" x WOF) of the border fabric in half to form 2 half strips (6 ½" x 21"). Form the top/bottom borders by sewing 2 full strips (6 ½" x WOF) and 1 half strip (6 ½" x 21") of the border fabric end to end and trimming to the average width of the quilt top, approximately 88 ½". Repeat to form 2 top/bottom borders.
8. Sew the top/bottom borders onto the quilt top, pressing seams open or towards the border fabric.



STEP 4 - FINISHING THE QUILT

1. Cut the backing fabric into 3 pieces (98" x WOF) and sew the pieces together along their long edges. Trim the backing fabric to approximately 96" x 96".
2. Layer the quilt top, batting, and backing.
3. Baste and quilt as desired. In my version of Nordic Playlist, I quilted rows of loops.
4. Form the binding from 10 strips, each 2 ½" x WOF. For my quilt, instead of using yardage, I used 3 extra Paradiso fat quarters, each cut into 7 strips (2 ½" x 21"). Bind and enjoy your quilt!

I would love to see what you make with the pattern. You can share your quilt on the Meadow Mist Designs Flickr group

<http://www.flickr.com/groups/meadowmistdesigns>, or on Instagram using #MeadowMistDesigns.

