

HOPSCOTCH

Medallion Quilt

Designed by Kim Diehl

Finished quilt size: 28½" x 28½" • Finished center block size: 12" x 12"



PROJECT NOTES

The pictured quilt was made using prints from Kim's Vintage Farmhouse collection for Henry Glass Fabrics. For complete "How to Quilt" instructions, please visit shopmartingale.com/howtoquilt. Use your favorite appliqué technique for this project, or refer to any of Kim's "Simple" series of books for her easy invisible machine-appliqué method.

MATERIALS

- 1 fat eighth of medium green print for stems and appliqués (6234-66)
- 18 chubby sixteenths (9" x 11") of assorted prints for appliqués and first, second, and fourth borders (6225-55, 88; 6226-11, 66; 6227-11, 66; 6228-22, 66, 88; 6230-22; 6231-77, 88; 6232-33, 77; 6233-33, 55, 88; 6234-99)
- 1 fat eighth (9" x 22") of cheddar print for appliqués and first, second, and fourth borders (6231-30)
- ½ yard of teal blue print for appliqués, third border, and binding (6225-11)

- ¾ yard of neutral print #1 for center block and fourth border (6232-40)
- ½ yard of neutral print #2 for first and second borders (6234-40)
- 1 fat quarter (18" x 22") of chocolate brown print for third and fourth borders (6226-33)
- 1 yard of fabric of your choice for backing
- 35" x 35" square of batting
- Bias bar to make ⅜"-wide stems
- Standard quilting supplies and supplies for your favorite appliqué method
- Liquid glue for fabric, water-soluble and acid-free (Quilter's Choice by Beacon Adhesives is Kim's favorite brand)

CUTTING

Please cut all pieces across the width of the fabric in the order given unless otherwise noted. For greater ease, cutting instructions for the appliqués are provided separately.

From the medium green print fat eighth, cut:

4 bias strips, 1¼" x 7"

Reserve the scraps for the appliqués.

From each assorted print chubby sixteenth, cut:

2 strips, 2½" x 11"; crosscut into 6 squares, 2½" x 2½"
(combined total of 96 squares)

From the remainder of the assorted print chubby sixteenths and the cheddar print fat eighth, cut a combined total of:

4 squares, 3½" x 3½"

8 squares, 2⅞" x 2⅞"; cut each square in half diagonally once to yield 2 triangles (combined total of 16). Please note that you'll only use one triangle from each of the eight print squares, resulting in 8 leftover squares; Kim suggests using prints that won't be incorporated into your appliquéd center block.

Reserve the scraps for the appliqués.

From the teal blue print, cut:

1 strip, 1½" x 42"; crosscut into 4 squares, 1½" x 1½"

3 binding strips, 2½" x 42". If you join your binding strips using diagonal seams, rather than straight seams, you may need to cut a fourth binding strip.

Reserve the scraps for the appliqués.

From neutral print #1, cut:

1 square, 12½" x 12½"

3 strips, 3½" x 42"; crosscut into 20 rectangles, 3½" x 4½"

From neutral print #2, cut:

3 strips, 2½" x 42"; crosscut into 28 rectangles, 2½" x 4½"

4 squares, 2⅞" x 2⅞"; cut each square in half diagonally
once to yield 8 triangles

From the chocolate brown print fat quarter, cut:

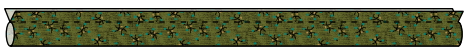
4 strips, 1½" x 20½"

8 rectangles, 1½" x 3½"

APPLIQUÉING THE CENTER BLOCK

Please use your favorite method to prepare and stitch the appliqués. Appliqué patterns are provided on the last page of these instructions.

- 1 With *wrong* sides together, fold each medium green print bias strip in half lengthwise and use a scant ¼" seam allowance to stitch along the long raw edges. Use the bias bar to press each resulting stem flat, centering the seam allowances so that they will be hidden from the front. Apply tiny dots of liquid fabric glue underneath the pressed seam of each stem at approximately ½" intervals. Use a hot, dry iron to heat set the seam allowances and anchor them in place.



- 2 Referring to the pictured quilt for color choices (or select your own favorite prints), and using the reserved scraps of assorted chubby sixteenths and cheddar print fat eighth, the medium green print, and the teal blue print, prepare the following appliqués:
 - 4 flower petals
 - 8 small leaves
 - 1 flower center
 - 4 pomegranate bases
 - 5 stars
 - 4 pomegranates
 - 4 large leaves
 - 4 pomegranate centers
- 3 Fold the 12½" neutral print #1 square in half right sides together and use a hot, dry iron to press a center vertical crease. Refold and press a horizontal center crease.
- 4 Center the prepared flower center appliqué over the intersecting creases at the center of the prepared background; pin in place. Using the pictured quilt as a guide, position and pin a prepared pomegranate onto each corner of the prepared background. This will give you something to "aim" for as you lay out your stems.
- 5 Referring to the pictured quilt, position four prepared flower petals around the flower center, tucking the raw edges under the flower center approximately ¼"; pin or baste in place.

EXTRA SNIPPET

To achieve finished flower petal appliqués with smoothly curved edges, try clipping the seam allowance of each inner curve just once, placing the clip at the center position and stopping a couple of threads away from the finished edge of the shape. Clipping the seam allowances in this manner, and working in small increments as you turn them under for stitching, will enable the fabric to easily conform to the petal shapes for beautifully flowing curves.

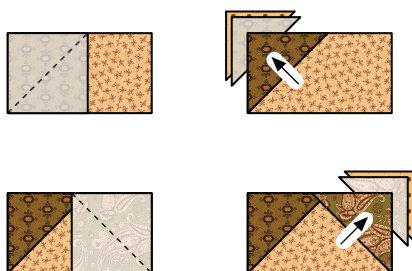
- 6 Dot the seam allowances of a prepared stem with liquid fabric glue at approximately ¼" to ½" intervals, and position it onto the prepared background, tucking one raw end under the flower center between the petals approximately ¼" and curving it out to the pomegranate. Tuck the outer raw end of the stem underneath the pomegranate approximately ¼"; trim away any excess length. Repeat with the remaining stems. From the back of the background square, use a hot, dry iron to heat set the stems in place.
- 7 Using the pictured quilt as a guide, position and baste one large leaf and two small leaves along each stem. Remove the flower center and the pomegranates. Stitch the basted appliqués in place.
- 8 Referring to the pictured quilt, work from the bottom layer to the top to position, baste, and stitch the remaining appliqués to the center square. The appliquéd block should measure 12½" square, including the seam allowances.

PIECING AND ADDING THE FIRST AND SECOND BORDERS

Sew all pieces with right sides together using a ¼" seam allowance unless otherwise noted.

- 1 Using a pencil and an acrylic ruler, lightly draw a diagonal line from corner to corner on the wrong side of each of the 96 assorted print 2½" squares.
- 2 Layer a prepared 2½" square onto one end of a 2½" x 4½" neutral print #2 rectangle. Stitch the pair together on the drawn line. Fold the resulting inner triangle open, aligning the triangle corner with the corner of the rectangle; press in place. Trim away the excess layers beneath the top triangle, leaving a ¼" seam allowance. In the same manner, layer, stitch, press, and trim a second 2½" square from a different assorted print to the remaining end of the rectangle, positioning it in

a mirror image. Repeat for a total of 28 pieced flying-geese units measuring $2\frac{1}{2}" \times 4\frac{1}{2}"$, including the seam allowances. Reserve the remaining prepared assorted print squares for use in the fourth border.



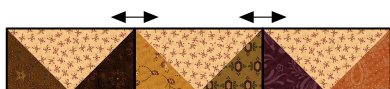
Make 28.

- 3 Select a neutral print #2 and an assorted print $2\frac{7}{8}"$ triangle. Join the pair along the long diagonal edges. Press the seam allowances toward the assorted print. Trim away the dog-ear points. Repeat for a total of eight pieced half-square-triangle units measuring $2\frac{1}{2}"$ square, including the seam allowances.



Make 8.

- 4 Join three flying-geese units end to end. Press the seam allowances open. Repeat for a total of four pieced strips.



Make 4.

- 5 Join a pieced strip to the right and left sides of the appliquéd center block. Carefully press the seam allowances toward the appliquéd block, taking care not to apply heat to the appliques.
- 6 Referring to the pictured quilt, join a half-square-triangle unit to each end of the remaining pieced strips. Join these strips to the remaining sides of the appliquéd block and press as previously instructed.



- 7 Referring to step 4, use four flying-geese units to make a pieced strip. Repeat for a total of four pieced strips of four units each. Join a pieced strip to the right and left sides of the quilt top. Press the seam allowances open. Referring to step 6, join a half-square-triangle unit to each end of the remaining pieced strips. Join these strips to the remaining sides of the quilt top. Press the seam allowances open. The quilt top should now measure $20\frac{1}{2}"$ square, including the seam allowances.

RISE AND SHINE BREAKFAST CASSEROLE

4 large eggs
 $\frac{1}{4}$ cup milk
 $\frac{1}{4}$ teaspoon salt
 $1\frac{1}{4}$ cups shredded cheddar cheese, divided
 $\frac{1}{2}$ cup diced cooked ham
1 tablespoon finely diced bell pepper
1 green onion, thinly sliced, including some of the green portion
2 large unbaked "tube-style" biscuits (Kim uses Grands Homestyle)

Preheat oven to 350°F. In a large bowl, mix eggs, milk, and salt until blended. Stir in 1 cup of cheese. Add the ham, bell pepper, and green onion. Cut the biscuits into eighths and gently fold them into the egg mixture. Pour into a lightly oiled pie plate, and top with the remaining cheese. Bake 30 minutes, or until golden brown and the eggs are set. This recipe makes four servings, but it can easily be doubled—simply use a larger baking dish and increase the cooking time until the eggs are set.

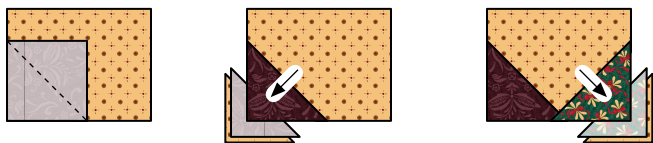


This yummy casserole is quick and easy to throw together, and one of my favorite ways to start the day. Any unused biscuits can be saved and served with dinner! ~Kim

PIECING AND ADDING THE THIRD AND FOURTH BORDERS

- 1 Join a chocolate brown print $1\frac{1}{2}" \times 20\frac{1}{2}"$ third-border strip to the right and left sides of the quilt top. Press the seam allowances toward the third border. Join a teal blue $1\frac{1}{2}"$ square to each end of the remaining brown $1\frac{1}{2}" \times 20\frac{1}{2}"$ strips. Press the seam allowances toward the brown print. Join these pieced strips to the remaining sides of the quilt top. Press the seam allowances toward the third border.

- 2 Referring to step 2 of “Piecing and Adding the Inner and Middle Borders,” use the reserved prepared assorted print $2\frac{1}{2}$ " squares and the $3\frac{1}{2}$ " x $4\frac{1}{2}$ " neutral print #1 rectangles to make 20 flying-geese variation units as shown.



Make 20.

- 3 Join five flying-geese variation units end to end. Press the seam allowances open. Repeat for a total of four pieced flying-geese variation strips.
- 4 Join a brown print $1\frac{1}{2}$ " x $3\frac{1}{2}$ " rectangle to each end of the pieced strips from step 3. Press the seam allowances toward the brown print. Referring to the pictured quilt, join one of these pieced fourth-border strips to the right and left sides of the quilt top. Press the seam allowances toward the third border.
- 5 Join an assorted print $3\frac{1}{2}$ " square to each end of the remaining fourth-border strips. Press the seam allowances toward the squares. Join these strips to the remaining sides of the quilt top. Press the seam allowances toward the third border. The pieced and appliquéd quilt top should now measure $28\frac{1}{2}$ " square.

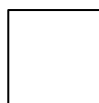
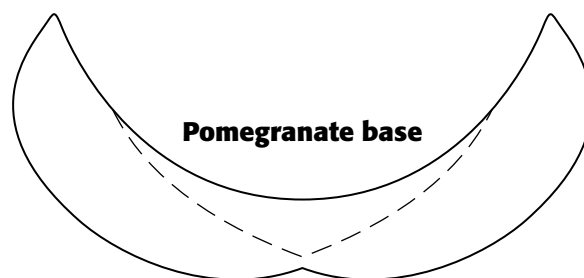
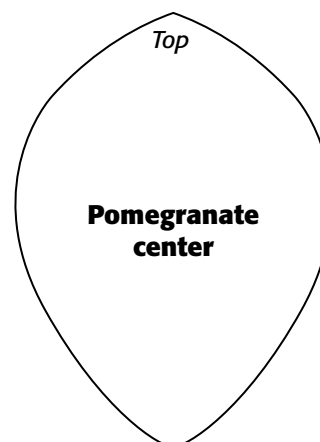
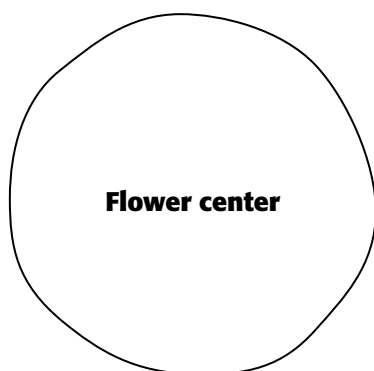
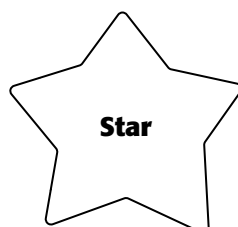
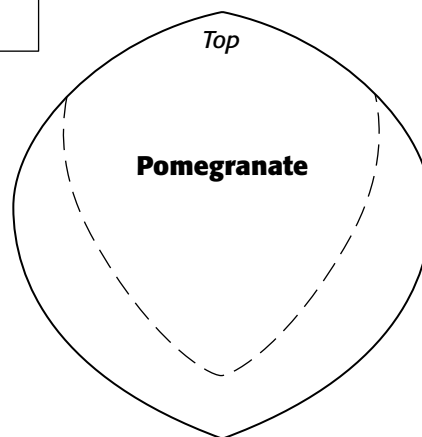
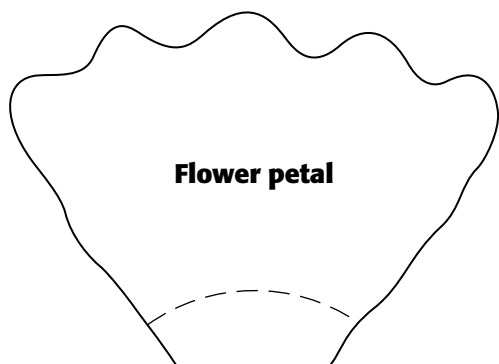
COMPLETING THE QUILT

Layer the quilt top, batting, and backing. Quilt the layers. Join the three teal blue $2\frac{1}{2}$ "-wide strips into one length and use it to bind the quilt.



Kim stitched her Hopscotch medallion quilt using the Vintage Farmhouse collection and added fabrics from her other lines to supplement her choices as her stash changed. Kim's collections are designed to be interchangeable and have a scrap-basket feel, so taking this approach means you'll always have plenty of options!

Patterns do not include
seam allowances.



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