

Seeds of Serenity

Quilt designed by Grace Wilson for EE Schenck Company
Serenity Taupe Prints fabric collection
56" x 72"



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Serenity Taupe Prints fabric collection
56" x 72"

Fabric

Fabric A	Light Taupe.....	1-3/4 yards	
Fabric B.....	Medium Contrast Color	1-1/4 yards	
Fabric C.....	EESSER11660-G	Medium Taupe	1-1/4 yards
Fabric D.....	EESSER90037-H	Dark Taupe	2 yards
Fabric E.....	GALJABNAS10-008.....	Dark Contrast Color	1-3/4 yards*
* Includes Binding			
.....	Your Choice	Backing	3-3/4 yards
.....	Your Choice	Fusible Web.....	2 yards

Cutting

Fabric A Light Taupe

- Cut (10) 8-1/2" squares
- Cut (10) 4-1/2" x 8-1/2" strips
- Cut (10) 4-1/2" squares
- Cut (6) 2-1/2" x 8-1/2" strips
- Cut (6) 2-1/2" x 4-1/2" strips
- Cut (12) 2-1/2" squares

Fabric B Medium Contrast Color

- Cut (16) 4-1/2" x 8-1/2" strips
- Cut (4) 4-1/2" squares
- Cut (12) 2-1/2" squares
- Cut (10) 2-1/2" x 8-1/2" strips
- Cut (10) 2-1/2" x 4-1/2" strips
- See instructions to cut (10) centers

Fabric C EESSER11660-G Medium Taupe

- Cut (4) 9-1/2" squares
- Cut (20) 4-1/2" squares
- See instructions to cut (40) petals

Fabric D EESSER90037-H Dark Taupe

- Cut (4) 9-1/2" squares
- Cut (10) 4-1/2" x 8-1/2" strips
- Cut (20) 4-1/2" squares
- Cut (2) 4-1/2" x 32-1/2" strips
- Cut (3) 4-1/2" x 42" strips. Piece the strips together to make (2) 4-1/2" x 48-1/2" strips.
- See instructions to cut (32) long seeds

Fabric E GALJABNAS10-008 Dark Contrast Color

- Cut (8) 4-1/2" squares
- Cut (2) 4-1/2" x 40-1/2" strips
- Cut (2) 4-1/2" x 24-1/2" strips
- Cut (7) 2-1/2" x 42" strips for the binding
- See instructions to cut (40) short seeds

Backing

- Cut (2) 64" x 42" strips. Sew the strips together and trim to make one 64" x 80" backing piece.

Construction

NOTE: This pattern was designed using an exact 1/4" seam allowance. Test your seam allowance by cutting two pieces of scrap fabric exactly 2-1/2" x 5". Stitch them together along the 5" edge. At the midpoint measure across the unit, it should be exactly 4-1/2" from raw edge to raw edge. If not, adjust your seam allowance and repeat until correct.

Quarter Square Triangle Blocks:

1. Place one 9-1/2" *Fabric C* square on top of one 9-1/2" *Fabric D* square, right sides together. Draw a diagonal line across the top square (Fig. 1). Sew 1/4" away from each side of the drawn diagonal line (Fig. 1). Cut the two squares apart on the drawn diagonal line (Fig. 2) to make two half-square triangles (Fig. 3). Trim the blocks to measure 8-7/8" square. Press seams all seams toward the darker fabric. Make 8 C/D half-square triangles.

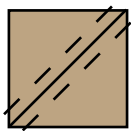


Fig. 1



Fig. 2

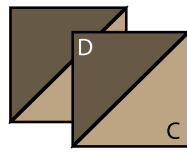


Fig. 3

2. Place two half-square triangles from Step 1 on top of each other, **right sides together**, making sure the center seam is going in the same direction on both half-square triangles and the *Fabric C* triangle in the top block is opposite from the *Fabric D* triangle in the bottom block (Fig. 4).

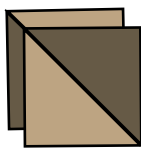


Fig. 4

3. Draw a diagonal line across the top half-square triangle so that it goes through the sewn seam. Sew 1/4" away from both sides of the drawn line (Fig. 5). Cut on the drawn line to make two quarter-square triangles (Fig. 6). Trim the quarter-square triangle blocks to measure 8-1/2" square.



Fig. 5

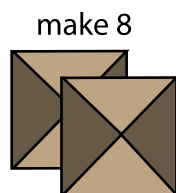


Fig. 6

4. Repeat Steps 2-3 to make eight C/D 8-1/2" quarter-square triangle blocks. (You will only need seven blocks.)

Flying Geese Units:

5. Place one *Fabric C* 4-1/2" square on the **left** side of one 4-1/2" x 8-1/2" *Fabric D* strip, **right sides together** (Fig. 7). Sew across the diagonal of the square from the upper right corner to the lower left corner (Fig. 7). Flip open the triangle formed and press (Fig. 8). Trim away the excess fabric from behind the triangle leaving a 1/4" seam allowance.

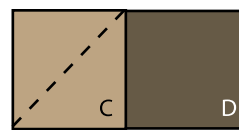


Fig. 7

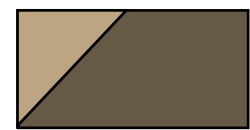


Fig. 8

6. Place another 4-1/2" *Fabric C* square on the **right** side of the 4-1/2" x 8-1/2" *Fabric D* strip, **right sides together** (Fig. 9). Sew across the diagonal of the square from the upper left corner to the lower right corner (Fig. 9). Flip open the triangle formed and press (Fig. 10). Trim away the excess fabric from behind the triangle leaving a 1/4" seam allowance to make one 4-1/2" x 8-1/2" C/D Flying Goose unit.

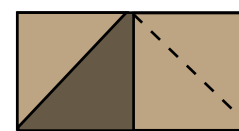


Fig. 9

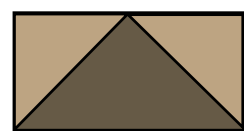


Fig. 10 make 10

7. Repeat Steps 5-6 to make ten C/D Flying Geese units.
8. Sew one 4-1/2" x 8-1/2" *Fabric A* strip to the top of each Flying Goose unit to make one 8-1/2" x 8-1/2" border block (Fig. 11).

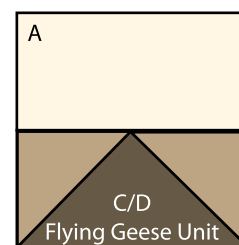


Fig. 11 make 10

9. Repeat Steps 5-6 using eight 4-1/2" x 8-1/2" *Fabric B* strips, eight 4-1/2" *Fabric A* squares and eight 4-1/2" *Fabric E* squares. Follow Figures 12 and 13 for fabric placement. Make 4 of each *Fabric B/A/E Flying Geese* units.

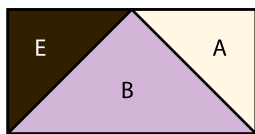


Fig. 12 make 4

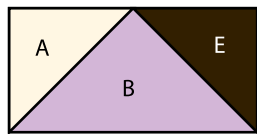


Fig. 13 make 4

10. Repeat Steps 5-6 using eight 4-1/2" x 8-1/2" *Fabric B* strips and sixteen 4-1/2" *Fabric D* squares to make eight B/D *Flying Geese* units (Fig. 14).

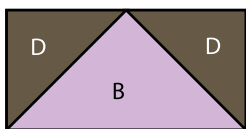


Fig. 14 make 8

Applique Blocks:

Steps 11 & 12: Press seams open for easier applique.

11. **Background A:** Sew one 2-1/2" x 4-1/2" *Fabric B* strip to the top and bottom of one 4-1/2" *Fabric A* square. Sew one 2-1/2" x 8-1/2" *Fabric B* strip to the sides of the 4-1/2" *Fabric A* square to make one 8-1/2" x 8-1/2" *Background A* (Fig. 15). Make 2.
12. **Background B:** Sew one 2-1/2" *Fabric A* square to each end of one 2-1/2" x 4-1/2" *Fabric B* strip. Sew one 2-1/2" *Fabric B* square to each end of one 2-1/2" x 4-1/2" *Fabric A* strip. Follow Figure 16 to sew together the two sewn strips, one 2-1/2" x 8-1/2" *Fabric B* strip and one 2-1/2" x 8-1/2" *Fabric A* strip to the to make one 8-1/2" x 8-1/2" *Background B* block. Make 6.

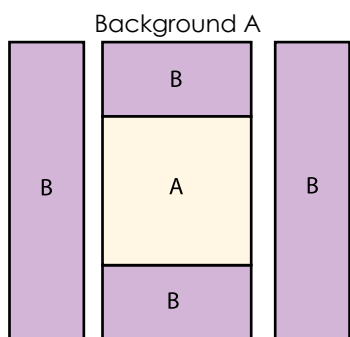


Fig. 15 make 2

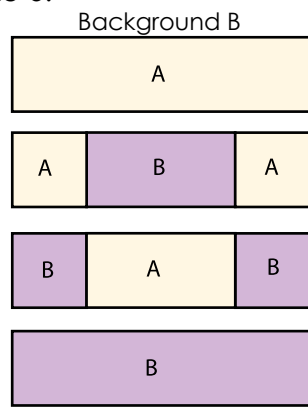


Fig. 16 make 6

13. Trace the listed number of shapes onto the paper side of the fusible web. Roughly cut each shape about 1/8" outside the drawn lines. Fuse the templates to the wrong side of the fabrics listed on the templates and out on the drawn lines.

14. Using the diagrams below as a guide (Fig. 17-18), fuse the 32 Long Brown Seeds from step 13 onto the *Background Blocks* making the designated number of each block..

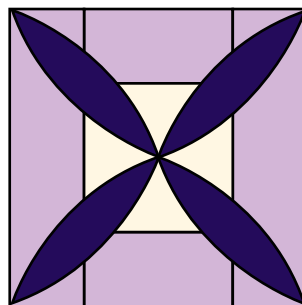


Fig. 17 make 2

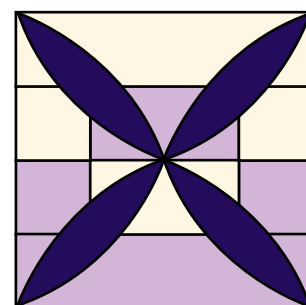


Fig. 18 make 6

15. Using the diagram below as a guide, fuse the 40 *Short Seeds*, 40 *Petals* and 10 *Centers* to ten 8-1/2" *Fabric A* squares,

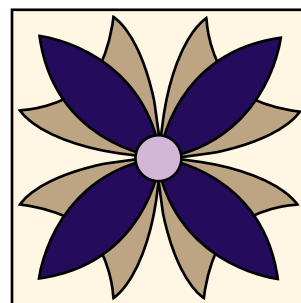


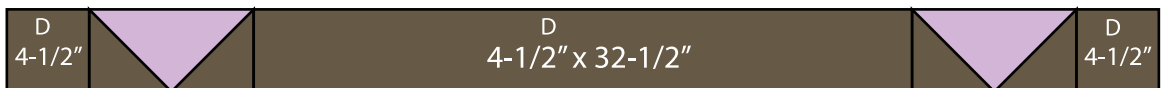
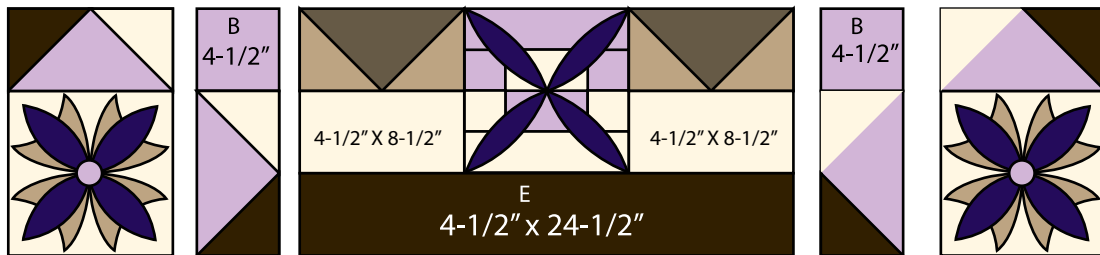
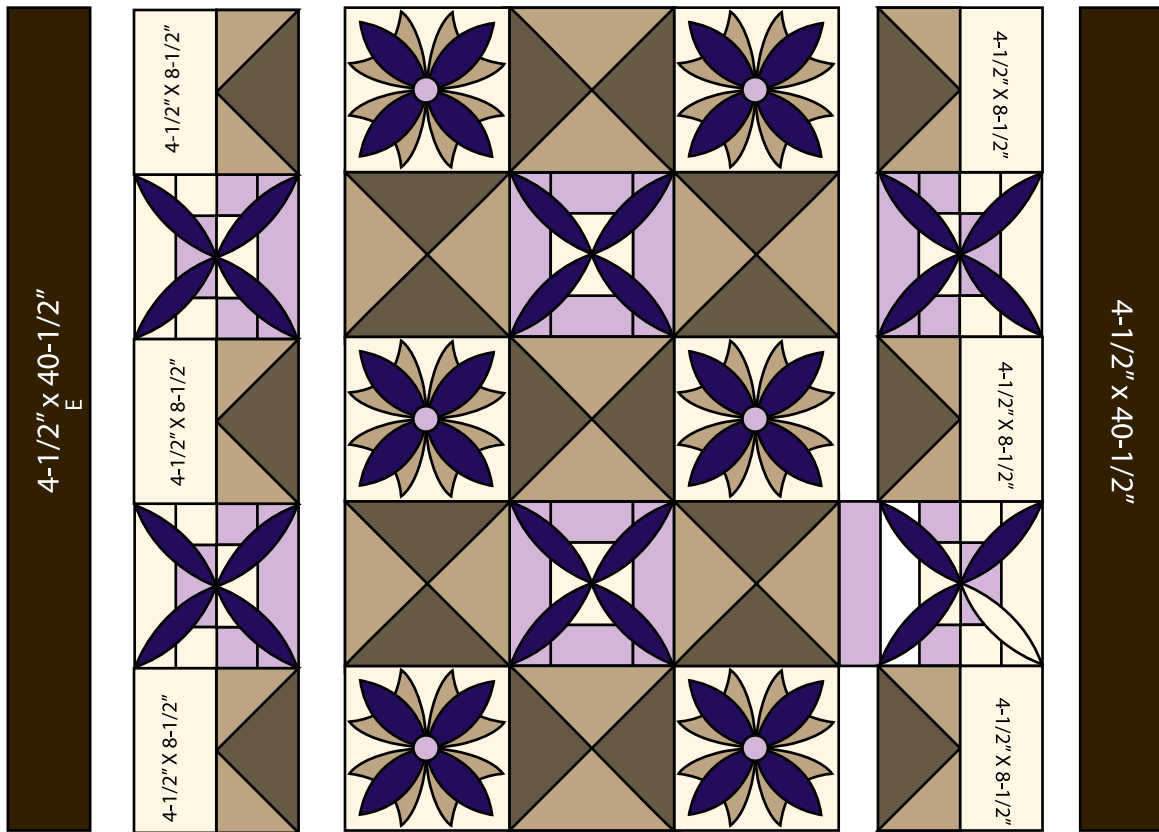
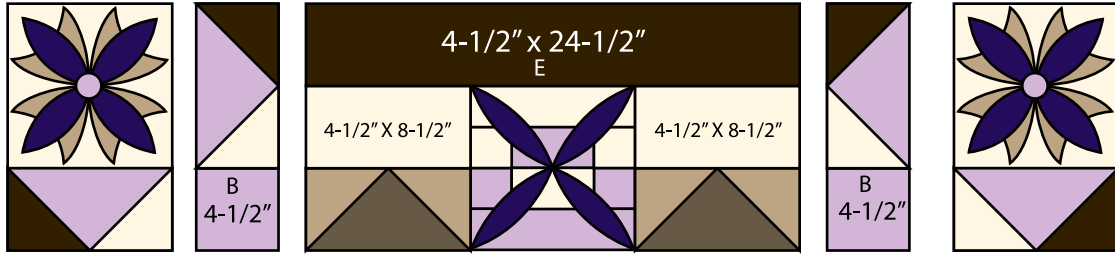
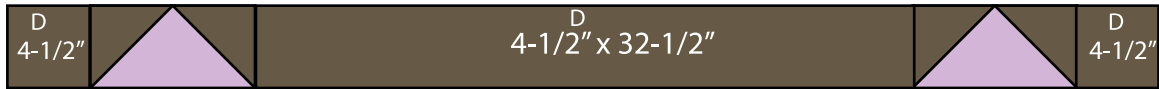
Fig. 19 make 10

16. Finish the raw edges of each applique shape with a decorative stitch such as a satin or buttonhole stitch.

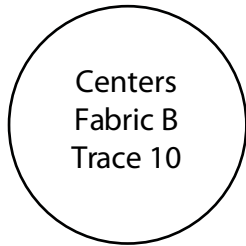
Quilt Top Assembly:

17. Follow the quilt top layout (on next page) to sew together the pieced blocks, applique blocks, border blocks, and border strips to finish your quilt top.
18. Press your quilt top, layer, baste and quilt as desired.
19. Sew the seven 2-1/2" x 42" *Fabric E* strips together end-to-end with 45° seams to make the binding. Fold this long strip in half lengthwise with wrong sides together and press.
20. Baste the backing & batting (at least 1" wider than quilt top on all 4 sides) together. Quilt as desired.
21. Trim the backing and batting 3/8"-1/2" away from the raw edge of the quilt top. Then apply the binding using your favorite method. Make sure the B triangle seam allowance is sewn at the point of the piecing.

Seeds of Serenity Quilt Layout



Seeds of Serenity templates



Long Seeds
Fabric D
Trace 32

Petals
Fabric C
Trace 40

Short Seeds
Fabric E
Trace 40

1" square box
Use to be sure
templates are
the correct
scale.